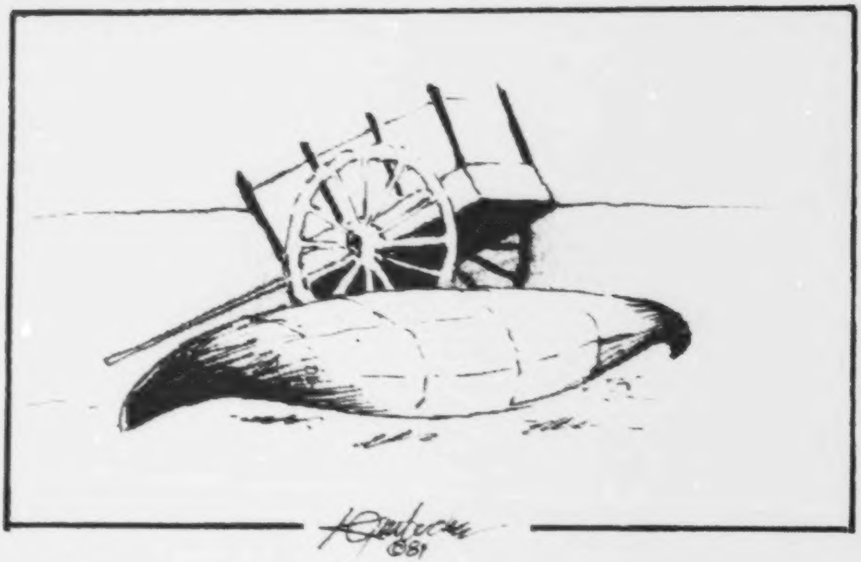
"Where to find it"

OTA-MISKA



A
Resource Manual
for
Northern Manitoba
Communities

Manitoba
Northern Affairs

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Sketches and illustrations by Kieran Guiboche

LIST OF PROGRAMS ADDED TO OTA-MISKA DURING APRIL, 1989 PRINTING

SEP 26 1990
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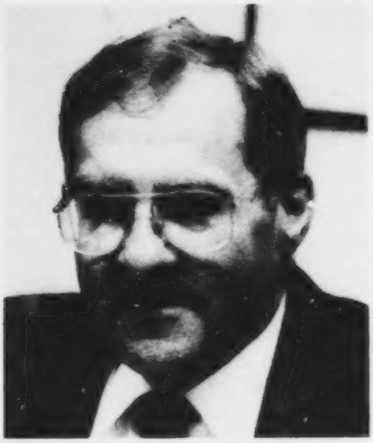

INTRODUCTION FROM MINISTER OF NORTHERN AND NATIVE AFFAIRS
JAMES DOWNEY

It is a pleasure for me to introduce the third edition of the OTA-MISKA resource manual which appropriately means 'where to find it.'

OTA-MISKA is a useful resource for information on services, programs and funding sources from both public and private sector organizations. The information and data in this publication have come from a wide range of sources.

I am pleased to note that OTA-MISKA, primarily designed for use by residents of Northern Affairs communities, now has a far wider audience as increasing numbers of individuals and organizations are using the resource manual as a reference tool.

A variety of programs are in place to benefit all regions of the province. All Manitobans will benefit from working together to support and enrich an environment that promotes human and economic development.

It is my hope that the sharing of information will strengthen ties as well as improve understanding and communications among Manitobans.

OTA-MISKA

This guide is designed as a reference of services, programs and funding sources provided by both public and private sector organizations.

OTA-MISKA means 'Where to Find It' in Cree. The publication could equally be called OMA-MEKEUN, the Saulteaux for 'Find It Here,' or Y'VO - LE TROUVE, the Michif for 'Where to Find It.'

The publication is produced by the Department of Northern Affairs and copies of OTA-MISKA as well as additional information on the manual may be obtained from the Communications Branch, Department of Northern Affairs, 200 — 500 Portage Avenue, Winnipeg, Manitoba R3T 3X1. Telepone: 204-945-1135.

Considerable effort has been made to verify listings and keep them current. As contacts, addresses and phone numbers may alter after the time this edition goes to press, please keep Northern Affairs informed of changes as they occur.

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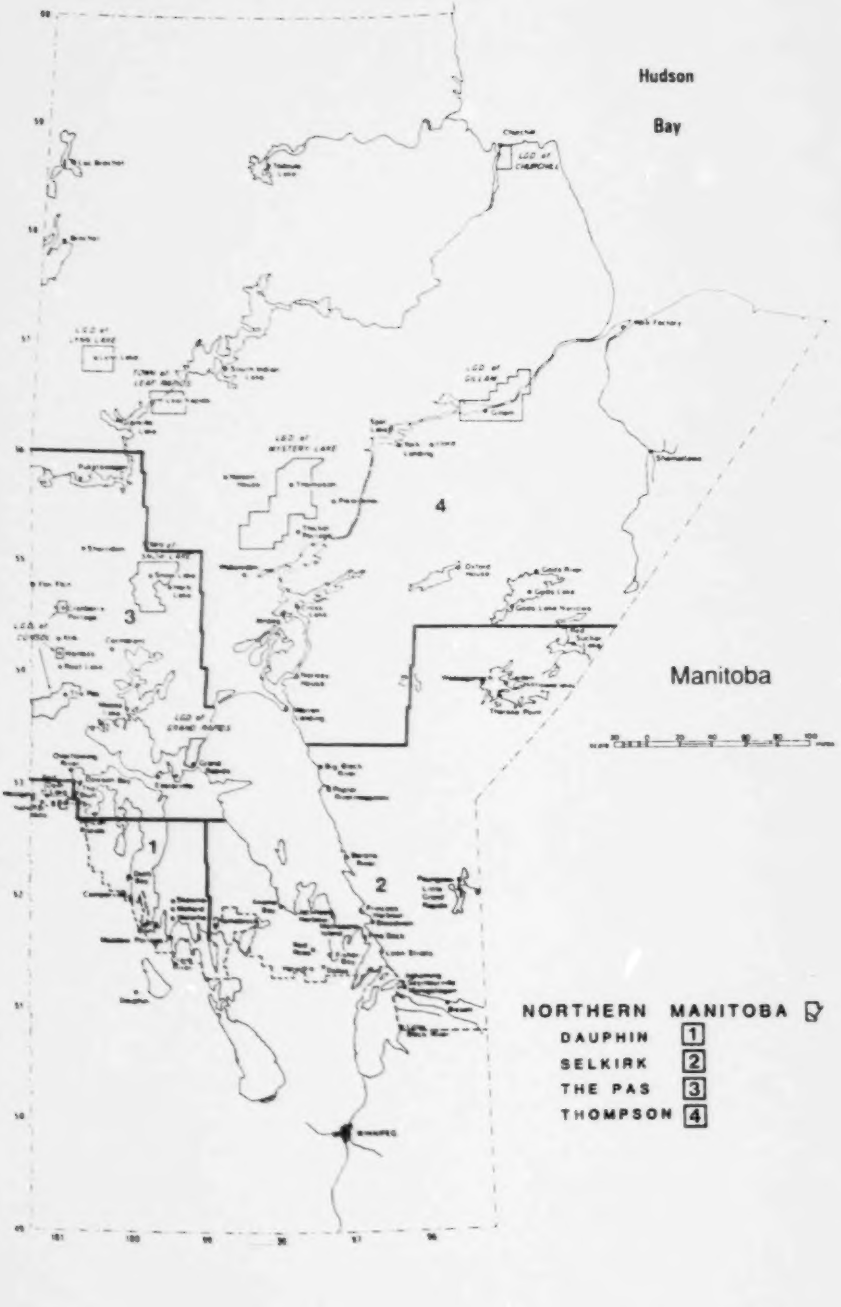
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Lac Brochet
Brochet
Tadoule Lake
LGD of LYNN LAKE
Lynn Lake
TOWN of LEAF RAPIDS
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HOW TO USE THIS MANUAL

1. Ask the Community Clerk to help you, and have some paper handy.

2. Read through the index on the green pages. The headings and subheadings tell you the kinds of services that are available, and whom they are for. The names of the programs are grouped under the subheadings. Each program or service has its own page number, such as B14.

3. You cannot always tell from a program's name whether it is for you. So write down a list of the page numbers of programs under the subheadings closest to what you want. For example, if you are a Native woman looking for educational opportunities or job training, you might look under these headings, and write down the following page numbers:

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   Education — Career Opportunities — D29
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4. Next, read carefully through the program descriptions on the pages you have listed. Most of the program descriptions start with an explanation of the program's purpose and who is eligible. On your list, cross out the page numbers of the programs you discover definitely do not apply to you or do not meet your needs.

5. Ask the community clerk to photocopy for you the descriptions of the programs which look as if they DO meet your needs. If this is not possible, write down the program names for yourself, together with the contact names, addresses, and phone numbers of the program office closest to you.

6. Note that Provincial government programs are marked with a buffalo (🦬), while federal government programs are marked with a flag (🇨🇦). Some programs funded or administered cooperatively by both levels of government show both symbols together.

7. Your next step is to make contact with program staff by phone, by letter, or in person. They will give you more information, answer questions, or help you apply.

8. Look in the Appendix of this manual for information about making applications, forming community groups, incorporation, etc.

9. An alphabetical listing is on page xxii for you to use as a cross reference.

10. We cannot guarantee that this manual lists ALL available services and programs. Listings of Foundations, especially, are very selective. However, the loose-leaf binder format means changes and additions can be made. So you may want to check the manual again after some time.

11. If you have trouble contacting the programs that interest you, or trouble getting access to their services, get help from the Community Clerk.

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FARM CREDIT CORPORATION

PURPOSE The program is designed to provide long-term mortgage credit to assist farmers and those wishing to become farmers to purchase, develop and maintain sound farm businesses.

ELIGIBILITY Individual farmers, corporations or cooperative farm associations. Applicants must be of legal age with Canadian citizenship. Repayment ability and need for loan must be demonstrated.

TYPE OF ASSISTANCE Loans available for: purchasing farm land; making permanent improvements; purchasing breeding stock and farm equipment; debt consolidation; any purpose that will facilitate efficient operation of the farm.

CONTACT
Regional Farm Credit Corporation Office
400-5 Donald Street
Winnipeg, Manitoba R3L 2T4
Telephone: Winnipeg: 983-4039

YOUNG FARMER REBATE PROGRAM

PURPOSE	This program assists young farmers in the expansion or reorganization of their farm.
ELIGIBILITY	• Farmers under forty years of age. • Applies to long term direct loans (over ten years).
TYPE OF ASSISTANCE	Financial assistance is provided up to a maximum of 4% on the first $50,000. This applies for each of the first five years of the loan.
CONTACT	Edwin R. Poore Manitoba Agricultural Credit Corporation 7th Floor - 125 Garry Street Winnipeg, Manitoba, R3C 3P2 Telephone: 947-3244

MANITOBA AGRICULTURAL CREDIT CORPORATION

PURPOSE Manitoba Agricultural Credit Corporation (M.A.C.C.) provides farmers with direct loans amortized up to 31 years and/or guaranteed operating loans from participating private lending institutions. In addition, M.A.C.C. now guarantees privately financed loans that meet the Farm Start Program requirements up to 20 years.

ELIGIBILITY DIRECT LOANS

- Applicant must be 18 years or older, a Canadian Citizen or Landed Immigrant residing in Manitoba.
- Principal occupation must be farming or become so upon receiving loan (under the Part-Time Farmer Loan Program, applicant must become full-time farmer within ten years from the date the loan is made).
- Farm operation must be considered potentially viable and meet security requirements.
- Applicant must have the ability, experience and knowledge necessary to operate a farm.

GUARANTEED OPERATING LOANS

In addition to the above eligibility criteria, one or two farm operators per farm must have operating credit that does not exceed $150,000, three or more operators per farm can not exceed $200,000, in the farm operation of 20% or more at the time of loan approval.

FARM START LOANS

The eligibility criteria as outlined under the Direct Loans also apply to the purchaser-borrower farmer. In addition, the vendor must have personally operated the farm being sold and the interest rate must be at least 30% below the M.A.C.C.'s regular rate.

TYPES OF ASSISTANCE Direct Loans and loan guarantees are available to qualified applicants. Programs for other purposes are also available.

CONTACT

Edwin R. Poore
Manitoba Agricultural Credit Corporation
7th Floor - 125 Garry Street
Winnipeg, Manitoba, R3C 3P2
Telephone: 947-3244

MANITOBA INDIAN AGRICULTURAL PROGRAM (MIAP)

PURPOSE This program is designed to encourage agricultural development as an economic activity on Indian reserves. MIAP is aimed primarily at Indian farmers who are presently in the farming business, including those who are marginally self supporting because of a lack of development assistance and training.

ELIGIBILITY Status Indians are eligible for program.

TYPE OF ASSISTANCE

- On-farm extension and Advisory Assistance
- Training
- Farm loans
- Farm development contribution
- Other contributions

CONTACT

Bob Green
Manitoba Indian Agricultural Program
320-260 St Mary Avenue
Winnipeg, Manitoba, R3C 0M6
Telephone: Winnipeg: 947-1647

NORTHERN HORTICULTURE PROGRAM

PURPOSE This program is designed to offer horticultural services to interested individuals and community groups in northern Manitoba.

ELIGIBILITY Individuals or groups interested in horticultural gardening projects in Northern and remote Manitoba.

TYPE OF ASSISTANCE

- land breaking equipment
- large tiller service
- hand tillers
- nutrition/health advisor gardening training
- youth gardening service
- technical backup
- horticultural information
- workshops
- garden demonstrations
- commercial projects and demonstrations

CONTACT

Northern Horticulturist
Soils and Crops Branch
Manitoba Agriculture
Box 26, Provincial Building
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411
TOLL FREE: 1-800-442-0616

NORTHERN 4-H AND YOUTH PROGRAM

PURPOSE

This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to provide young northerners with the opportunity to develop leadership and practical skills.

ELIGIBILITY

Northern youth, aged 9 to 19

TYPE OF ASSISTANCE

- leadership training resources
- educational experiences
- project material
- staff support

CONTACT

4-H & Youth Section
Manitoba Agriculture
810 Norquay Building
401 York Street
Winnipeg, Manitoba R3C 0V8
Telephone: 945-4526

4-H and Youth Specialist
Manitoba Agriculture
3rd Street and Ross Avenue
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411

4-H and Youth Specialist
Manitoba Agriculture
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

04/89

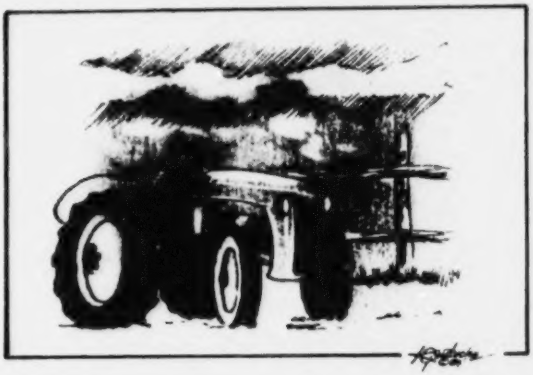
PRAIRIE FARM REHABILITATION ADMINISTRATION (PFRA)

PURPOSE	This program is directed at soil and water conservation, development initiatives and emerging opportunities in the Prairies.
ELIGIBILITY	Those associated with agriculture in Manitoba.
TYPE OF ASSISTANCE	Farmers and small rural communities in Manitoba receive financial and technical assistance for the development of water supply and irrigation projects. Large water projects are planned and developed in association with the provinces. The Community Pasture Program centres on conserving land resources, providing supplementary grazing and breeding services to farmers, improving quality of beef cattle and stabilizing the beef cattle prices. A tree nursery provides seedings to farmers for field, roadside and farm shelterbelts.
CONTACT	Prairie Farm Rehabilitation Administration 401 - 1 Wesley Avenue Winnipeg, Manitoba, R3C 4C6 Telephone: 983-3116

04/89

AGRICULTURAL CROWN LAND LEASING PROGRAM

PURPOSE	This program is designed to administer agricultural leases on Crown lands.
ELIGIBILITY	Applicants must be Canadian citizens or have landed immigrant status, and be residents of Manitoba actually involved in the management of the farm or ranch.
TYPE OF ASSISTANCE	Long-term leases available at reasonable rental rates.
CONTACT	Director Agricultural Crown Lands Branch Room 600 1495 St. James Street Winnipeg, Manitoba, R3H 0W9 Telephone: 945-8104

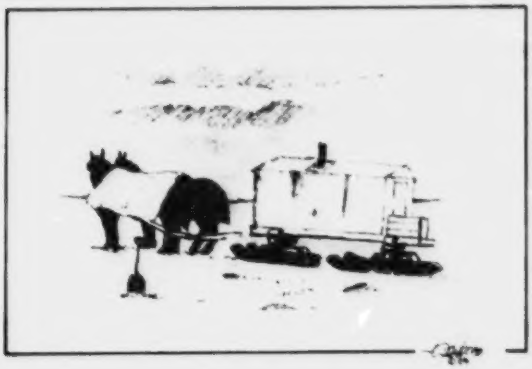


COMMUNITY PASTURE PROGRAM

PURPOSE	The program is designed to provide off farm grazing and to encourage alternate uses of farm land and expansion of herds.
ELIGIBILITY	Livestock Producers.
TYPE OF ASSISTANCE	Pasture services at cost.
CONTACT	Jim Nugent, Supervisor Community Pasture Program Box 275 Brandon, Manitoba R7A 5Z2 Telephone: 726-7584 Ron Moss, Supervisor Community Pasture Program 200 Federal Building Dauphin, Manitoba R7N 1C5 Telephone: 638-6108

NATIVE CITIZENS PROGRAM

PURPOSE	To help Canada's Aboriginal peoples to strengthen their communities, maintain their heritage and adapt to life in urban areas when desired.
ELIGIBILITY	Aboriginal non-profit voluntary groups and/or organizations.
TYPE OF ASSISTANCE	Provides financial and technical assistance to Native Social Cultural Development, Friendship Centres, Aboriginal Women's groups, Native Communications Societies and Aboriginal representative organizations.
CONTACT	Native Program Officer Department of the Secretary of State of Canada 201 - 303 Main Street Winnipeg, Manitoba, R3C 3G7 Telephone: 983-3601



COMMUNITY CULTURAL COUNCILS GRANT

PURPOSE

To provide operating and programming assistance to Community Cultural Councils who run programs of broad community interest or operate a permanent arts, cultural or museum facility.

ELIGIBILITY

Non-profit Community Cultural Councils are located outside the City of Winnipeg who have municipal support and have provided programming in a variety of arts, cultural and heritage activities for a minimum of one year. The Community Cultural Councils must have a Constitution and By-laws, operate with a duly elected Board of Directors and have membership and programming open and accessible to the public.

TYPE OF ASSISTANCE

Municipal contributions will be matched on a 50/50 basis, to a maximum of $1.00 (one dollar) per capita.

For Community Arts/Cultural Councils in the Norman Region that serve a population of less than 5,000, municipal contributions will be matched on a 50/50 basis to a maximum of $1.50 (one dollar and fifty cents) per capita.

Community Cultural Councils that generated one third or more of their total revenue from non-government sources during the preceding fiscal year are eligible to apply for the Community Support Incentive, which will match eligible revenue on a 50/50 basis to a maximum of $5,000. The total of the Community Cultural Councils Grant and the Community Support Incentive in any fiscal year shall not exceed $25,000.

CONTACT

Ann Hultgren-Ryan
Manitoba Culture, Heritage and Recreation
340 Ninth Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6071

CONSULTATIVE SERVICES

PURPOSE Regional Consultants travel into communities to provide information and assistance in areas such as planning, budgeting, financial management, leadership development and operation. Consultation is provided to community groups involved in culture, heritage, recreation, sport, and fitness activity.

ELIGIBILITY Consultation is available, ongoing at the request of the community.

CONTACT REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

NORMAN REGION

Donna Henry, Regional Director
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

Richard Hart, Regional Consultant
Wayne Huculak, Regional Consultant
3rd and Ross Avenue, Box 2550
The Pas, Manitoba, R9A 1M5
Telephone: 623-6411

Regional Consultant
204 - 143 Main Street
Flin Flon, Manitoba, R8A 1K2
Telephone: 687-3928

INTERLAKE REGION

Dave Cain, Regional Manager
Jocelyn Renooy, Regional Consultant
Box 1519
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Telephone: 642-5155

PARKLAND REGION

Elmer Billows, Regional Manager
Garry Dixon, Regional Consultant
27 - 2nd Avenue S.W.
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Telephone: 638-9111

CONTACT

EASTMAN REGION

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CENTRAL REGION

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Morden, Manitoba, R0G 1J0
Telephone: 822-5418

WINNIPEG

R. de Pencier, Director
401 - 177 Lombard Avenue
Winnipeg, Manitoba, R3B 0W5
Telephone: 945-4473

ORAL HISTORY GRANTS

PURPOSE To provide assistance to oral history projects that document and preserve the historical experience of the people of Manitoba. The program also ensures long-term preservation and public access to these records.

ELIGIBILITY Non-profit community-based organizations and associations or administered by same.

CRITERIA Project must be completed within one year of the date of assistance, unless otherwise approved.

Recording equipment must meet minimum standards as set by the department. Equipment may be rented or purchased as a charge to the project and turned in at completion.

Original tape-recorded interviews must be made available to the Provincial Archives of Manitoba. Recordings and other required documentation must be provided to the department at project completion.

TYPE OF ASSISTANCE

- Total assistance will not exceed $7,500.
- Projects north of 53° can receive up to $7,750.
- Projects in remote communities can receive up to $8,000.
- Initial payment of 60% will be made within twelve weeks-final payment of 40% will be made after submission of documentation to regional office.

CONTACT REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

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COMMUNITY COMMEMORATIVE PLAQUE GRANTS PROGRAMME

PURPOSE

This program assists community councils and organizations in the commemoration of sites, individuals and events of local significance by providing financial assistance towards the establishment of permanent commemorative markers.

ELIGIBILITY

Non-profit community organizations, associations or groups. Applicants are limited to the funding of one project per year.

Topics eligible for commemoration must be Manitoban and certified historically significant by local government authorities.

TYPE OF ASSISTANCE

Financial assistance is available up to 50% of the cost of the manufacture and installation of a new plaque to a maximum of $500.

Applicants are provided with a "How To" guide to designing and installing a commemorative marker.

CONTACT

Historic Resources Branch
3rd Floor - 177 Lombard Avenue
Winnipeg, Manitoba, R3B 0W5
Telephone: 945-2118

REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

NORMAN REGION

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Regional Consultant
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Telephone: 687-3928

CONTACT INTERLAKE REGION

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MANITOBA ASSOCIATION FOR NATIVE LANGUAGES, INC. (MANL)

PURPOSE

MANL promotes the retention of Manitoba's Native languages by utilizing community resources. Particular attention is given to language preservation, cultural enrichment, formal language training and programming, research and methodology, and human resource and material development.

TYPE OF ASSISTANCE

- acting as a support and resource to all communities in the area of Native language retention and development;
- publishes and revises Native language materials by the communities utilizing the knowledge and expertise of Native Elders and acts as a clearinghouse;
- conducts community and regional Native language workshops;

CONTACT

Mary Richard, Director
Manitoba Association for Native Languages, Inc.
500 - 259 Portage Avenue
Winnipeg, Manitoba, R3J 0J6
Telephone: 943-3707

MANITOBA INDIAN CULTURAL EDUCATION CENTRE, INC.

PURPOSE

This organization promoted an awareness and understanding of the Native culture to all groups within the Canadian society through the use of its Library, Community School Liaison and Production Services programs.

ELIGIBILITY

Open to the general public.

TYPE OF ASSISTANCE

LIBRARY

- regular library services
- mailing services
- rotating libraries
- delivers necessary training to set up libraries and to train personnel

COMMUNITY SCHOOL LIAISON PROGRAM

- delivers Native cultural verbal presentations and displays
- works in conjunction with various groups in setting up Native awareness workshops and youth/elder conferences

PRODUCTION SERVICES PROGRAM

- produces Native awareness audio-visual programming, available through library

CONTACT

Dennis Daniels, Executive Director
Manitoba Indian Cultural Education Centre, Inc.
119 Sutherland Avenue
Winnipeg, Manitoba, R2W 3C9
Telephone: 942-0228

EQUIPMENT GRANTS FOR REMOTE COMMUNITIES

PURPOSE To assist remote northern communities in providing recreational equipment to enable the development of recreational programs within the communities.

ELIGIBILITY Indian Reserves and Remote Communities within the boundaries and/or under the jurisdiction of the Department of Northern Affairs.

TYPE OF ASSISTANCE Remote communities are eligible for an annual grant of up to a maximum of $800. per community to be put toward the cost of purchasing recreation equipment for community programs.

CONTACT REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

NORMAN REGION

Donna Henry, Regional Director
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
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Regional Consultant
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Telephone: 687-3928

INTERLAKE REGION

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PARKLAND REGION

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WINNIPEG

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401 - 177 Lombard Avenue
Winnipeg, Manitoba, R3B 0W5
Telephone: 945-4473

RECREATION DISTRICT GRANTS

PURPOSE In order to assist communities, municipal corporations and school divisions in developing and implementing recreation programs by hiring a full-time Recreation Director.

ELIGIBILITY Three or more municipal corporations and surrounding school divisions.

TYPE OF ASSISTANCE The annual grant to districts is based on the number of participating municipal corporations, population, population density, and total assessment. The formula is:

- A $2,000 basic grant
- A $1,000 grant for each participating municipal corporation
- A $1,000 grant for a district with a population of more than 10,000 people
- A $1,000 grant for a district with an average population density of less than 10 people per square mile
- A grant based on the total assessment of the district — $3,000 for an assessment of 0-10 million, $2,000 for an assessment of 10-20 million. $1,000 for an assessment of 20 + million.
- A $1,000 grant for an agreement with a school division(s).

CONTACT REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

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Winnipeg, Manitoba, R3B 0W5
Telephone: 945-4473

MANITOBA COMMUNITY PLACES PROGRAM

PURPOSE This Program is designed to encourage community organizations to undertake capital projects which will provide long term benefits and contribute to quality of life as well as generating immediate employment.

ELIGIBILITY Eligible project sponsors will include non-profit community organizations and recreation associations. Schools, universities, hospitals, nursing homes, federal and provincial government departments and their agencies are not eligible.

Not-profit community applicants are encouraged to develop project proposals involving acquisition, construction, renovation, expansion or general repair of facilities which promote improved quality of life by providing community benefits such as:

- day care facilities
- facilities for provision of services to senior citizens and the physically or mentally disabled
- community resource centres
- library, cultural and museum facilities
- recreation facilities
- sports facilities
- community parks
- ethnocultural community facilities

Projects involving housing and municipal works such as roads, bridges, municipal buildings, sewer and water are not normally eligible.

TYPE OF ASSISTANCE Normally, the Program may contribute up to 50% of total direct project costs, to a maximum of $75,000 per project.

Sponsors are required to contribute the remaining portion of direct project costs from their own sources including local community and local government contributions, or other non-Provincial government contributions.

In the case of communities under the jurisdiction of the Northern Affairs Act, the Program will include provision for the local government contribution.

Eligible costs include wages, allowance for appropriate employee benefits and capital expenditures for materials and equipment where necessary. Wages paid to regular employees of the sponsoring organization, the purchase of tools or furniture, banking charges and legal fees are not eligible.

CONTACT

REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION.

NORMAN REGION

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WESTMAN REGION

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Bob Ash, Regional Consultant
Provincial Building
340 Ninth Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6066

NORTHERN AFFAIRS COMMUNITIES TO CONTACT:

Donna Stewart, Program Coordinator
Manitoba Community Places Program
Manitoba Northern Affairs
200 - 500 Portage Avenue
Winnipeg, Manitoba, R3C 3X1
Telephone: 945-2508
Toll Free: 1-800-282-8069

Department of Northern Affairs Regional Offices:

Dauphin Region
27 - 2nd. Avenue, S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

Selkirk Region
339A Main Street
Selkirk, Manitoba, R1A 1T3
Telephone: 482-7535

The Pas Region
Box 2560
The Pas, Manitoba, R9A 1M3
Telephone: 623-7481

Thompson Region
Box 27, 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411, Ext. 235

NORMAN REGIONAL SPORT ASSOCIATION

PURPOSE To promote and develop sport within the Norman Region.

ELIGIBILITY Any non-profit amateur sport organizations or communities, north of the 53rd.

TYPE OF ASSISTANCE REGIONAL SPORT DEVELOPMENT PROGRAM
Five areas of assistance with a maximum of $500.

- leadership skill development;
- district regional competition;
- regional sport representation;
- special projects;
- block funding.

NORMAN REGIONAL GAMES

- grants for district and regional competitions;
- travel subsidies for teams to attend district/regional competitions.

CONTACT Lee Hanson, Coordinator
Norman Region Sport Association
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

Games Coordinator
Norman Regional Games
Box 21, 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

TRAVELLING LIBRARIES

PURPOSE	Public Library Services Branch loans blocks of books in English and French to communities where there are at least six interested individuals and where there is a volunteer custodian to be responsible for housing and circulation of the books. Freight charges both ways are paid by the Branch. Travelling libraries must be provided with public access; they may not be kept in a school and used only during school hours.
CONTACT	Jim Blanchard Manitoba Culture, Heritage & Recreation Public Library Services Travelling Libraries 139 Hamelin Street Winnipeg, Manitoba R3T 4H4 Telephone: 945-6457

BOOKS BY MAIL

PURPOSE The Public Library Services Branch loans books in English and French to individuals in the Department of Northern Affairs Communities with the Province paying postage both ways.

ELIGIBILITY Any individual residing in a Department of Northern Affairs community may apply.

CONTACT
Jim Blanchard
Manitoba Culture, Heritage & Recreation
Public Library Services
Open Shelf
139 Hamelin Street
Winnipeg, Manitoba R3T 4H4
Telephone: 945-6457

PUBLIC EVENTS SPONSORSHIP PROGRAM

PURPOSE

- To assist rural, northern, and remote community-based organizations to host a broad range of public cultural and heritage events and activities.
- To stimulate interest in and develop audiences for artists, performing companies, exhibitions, lectures and readings across the Province.

ELIGIBILITY

- Organizations resident in the City of Winnipeg are not eligible for assistance under the Public Events Sponsorship Program.
- Organizations interested in cooperative bookings should discuss plans with their regional office before submitting an application.
- The Canada Council and the Manitoba Arts Council offer assistance for Exhibitions and Public Readings which may result in programs offered to communities at a reduced cost.

TYPE OF ASSISTANCE

- The level of assistance will be determined by applying the program criteria on the basis of the availability of program funds and recognition of regional levels of development.
- Carry-over of funds may be considered for programming of future public events.

CONTACT

REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

NORMAN REGION

Donna Henry, Regional Director
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

Richard Hart, Regional Consultant
Wayne Huculak, Regional Consultant
3rd and Ross Avenue, Box 2550
The Pas, Manitoba, R9A 1M5
Telephone: 623-6411

CONTACT

Regional Consultant
204 - 143 Main Street
Flin Flon, Manitoba, R8A 1K2
Telephone: 687-3928

INTERLAKE REGION

Dave Cain, Regional Manager
Jocelyn Renooy, Regional Consultant
Box 1519
Gimli, Manitoba, R0C 1B0
Telephone: 642-5155

PARKLAND REGION

Elmer Billows, Regional Manager
Garry Dixon, Regional Consultant
27 - 2nd Avenue S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

EASTMAN REGION

Terry Hoover, Regional Manager
Dick Wiebel, Regional Consultant
Box 50
31 - 1st Street
Beausejour, Manitoba, R0E 0C0
Telephone: 268-1411, ext. 207

WESTMAN REGION

Christine Moore, Regional Manager
Bob Ash, Regional Consultant
Provincial Building
340 Ninth Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6066

CENTRAL REGION

Bob Genoway, A/Regional Manager
Box 1750
Morden, Manitoba, R0G 1J0
Telephone: 822-5418

WINNIPEG

R. de Pencier, Director
401 - 177 Lombard Avenue
Winnipeg, Manitoba, R3B 0W5
Telephone: 945-4473

SKILLS TRANSFER PROGRAM

PURPOSE

- To assist rural, northern, and remote community-based organizations for costs related to workshops, internships, residencies and instructor training. Funding will be considered for exceptional training projects within the province. Normally, ongoing classes should be funded through community effort.
- To promote the exchange of skills and expertise between individuals
- To encourage the development of instructor and leadership skills at the local level.
- To encourage communities to identify and plan for their training needs.

TYPE OF ASSISTANCE

The level of assistance will be determined by applying the program criteria on the basis of the availability of program funds and recognition of regional levels of development.

- Local Resource Person: The level of assistance for events where a local resource person is available in the community will not exceed 50% of fees/honoraria to a maximum of $500.
- Outside Resource Person: The level of assistance for events where a resource person is not available in the community will not exceed 50% of fees/honoraria to a maximum of $500. plus transportation costs based on provincial government rates.

CONTACT

REGIONAL OFFICES OF MANITOBA CULTURE, HERITAGE AND RECREATION:

NORMAN REGION

Donna Henry, Regional Director
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

Richard Hart, Regional Consultant
Wayne Huculak, Regional Consultant
3rd and Ross Avenue, Box 2550
The Pas, Manitoba, R9A 1M5
Telephone: 623-6411

Regional Consultant
204 - 143 Main Street
Flin Flon, Manitoba, R8A 1K2
Telephone: 687-3928

INTERLAKE REGION

Dave Cain, Regional Manager
Jocelyn Renooy, Regional Consultant
Box 1519
Gimli, Manitoba, R0C 1B0
Telephone: 642-5155

PARKLAND REGION

Elmer Billows, Regional Manager
Garry Dixon, Regional Consultant
27 - 2nd Avenue S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

EASTMAN REGION

Terry Hoover, Regional Manager
Dick Wiebel, Regional Consultant
Box 50
31 - 1st Street
Beausejour, Manitoba, R0E 0C0
Telephone: 268-1411, ext. 207

WESTMAN REGION

Christine Moore, Regional Manager
Bob Ash, Regional Consultant
Provincial Building
340 Ninth Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6066

BUSINESS RESOURCE CENTRE

PURPOSE

The Business Resource Centre offers information on government programs, a service of self-help guides, reference-use materials and advice on planning and setting up a business.

ELIGIBILITY

The public is welcome to telephone or drop into the Centre. Literature can be mailed to individuals in business or those considering a new venture.

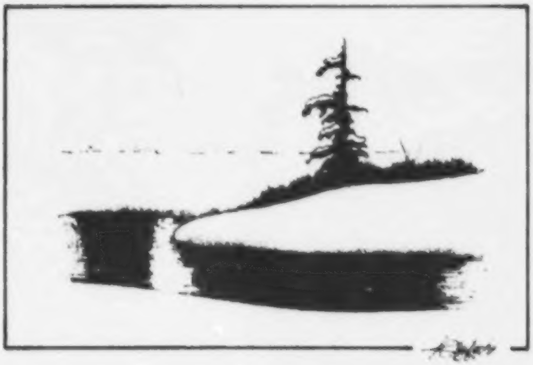
TYPE OF ASSISTANCE

- Video Library
- Self-help guides, business reports, and business management handbooks are available upon request.

CONTACT

Business Resource Centre
1329 Niakwa Road
Winnipeg, Manitoba, R2J 3T4
Telephone: 945-7738
TOLL FREE: 1-800-282-8069

Business Resource Centre
P.O. Box 1300
231 - 10th Street
Brandon, Manitoba, R7A 6N1
Telephone: 726-6250



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BUSINESS SERVICES CENTRE/INTERNATIONAL TRADE CENTRE

PURPOSE

A branch of Industry, Science and Technology Canada (ISTC), the BUSINESS SERVICES CENTRE provides Manitoba business with advice, counsel, assistance and other business-related programs and services which support their economic, industrial and international trade development activities.

ELIGIBILITY

Existing and aspiring entrepreneurs seeking business information and advice.

TYPE OF ASSISTANCE

The Centre provides an information and counselling service to business on:

- Details on all ISTC industry and trade policies, services and strategic programs and agreements.
- International Trade Development assistance including the "how to's" of export; tariffs; trade fairs and missions; trade directives; foreign market information; Canadian Consulate contacts; export assistance programs such as the Program for Export Market Development.
- Small business development and assistance such as the Business Inprovement Loan.
- Information on patents, industrial design, copyright and trademarks. The Centre is an intermediary for the Patent Information Exploitation Program.
- Domestic market development through product sourcing.
- Foreign and domestic investment development.
- Technology/innovation development and transfer.
- General business intelligence, i.e. industry sector profiles.
- Information on other export agencies.
- Export and Import Permits Act including permit requirements, procedures and documentation, Special Trade Relations Bureau, geographic desks in External Affairs-Ottawa and sector desks at ISTC-Ottawa.
- Assistance with other government or agency programs that may be available to assist you if the help you need cannot be found at the Centre.

CONTACT

Industry, Science and Technology Canada
608 - 330 Portage Avenue
P.O. Box 981
Winnipeg, Manitoba, R3C 2V2
Telephone: (204) 983-6182

MANAGEMENT DEVELOPMENT AND TRAINING PROGRAM

PURPOSE

This program is designed to help the potential business person get started in his/her own business, and to help improve business management skills for the owner of an existing business.

ELIGIBILITY

This program will assist those who want to manage their business more profitable or develop a new business idea, and those who wish to improve management skills. Generally a nominal fee to cover costs will be charged for participation.

CONTACT

Mary Fox, Manager
Management Development and Training Branch
Manitoba Industry, Trade and Tourism
Winnipeg Business Resource Centre
2nd Floor - 1329 Niakwa Road
Winnipeg, Manitoba, R2J 3T4
Telephone: 945-7720
TOLL FREE: 1-800-282-8069

COUNSELLING ASSISTANCE TO SMALL ENTERPRISES (CASE)

PURPOSE

CASE, a service of the Federal Business Development Bank, is designed to assist the operators of new and existing businesses in dealing with management problems, utilizing the advice and involvement of experienced successful business people.

ELIGIBILITY

Any type of business is eligible for CASE counselling services as long as it has no more than 75 employees. Being a borrower from FBDB is not a requirement.

TYPE OF ASSISTANCE

From a roster of approximately 50 counsellors of varied and extensive backgrounds, the program provides counselling to virtually all types of business enterprises and in all areas of management i.e. financial analysis, planning, production, costs, pricing, record keeping to name just a few.

Cost of the service is moderate and based solely on time involved.

CONTACT

Bill Dobson
Counselling Assistance to Small Enterprises
Federal Business Development Bank
155 Carlton Street
Suite 1100
Winnipeg, Manitoba, R3B 3H8
Telephone: 983-7900

COOPERATIVE DEVELOPMENT CONSULTING SERVICES

PURPOSE To assist in the development and growth of cooperative enterprise in Manitoba to fulfill a broad range of community-based social and economic needs.

ELIGIBILITY Any group of at least three adults can form a cooperative to meet common social, cultural, or economic objectives.

TYPE OF ASSISTANCE The Development Branch of Manitoba Cooperative Development encourages and assists new cooperative enterprises in all economic and social sectors including agriculture, utilities, communications, fishing, housing, gas bars, child care, health care, forestry, retail, recreation and employment cooperatives. It also provides operational management consulting and training services and assists in developing viable and efficient operations through liaison with management and members of the Boards of Directors. Cooperatives are assisted by Department staff to utilize conventional funding sources as well as the Cooperative Promotion Board and the Cooperative Loans and Loans Guarantee Board.

CONTACT

Vic Hryshko
Director of Development
Cooperative, Consumer & Corporate Affairs
800-215 Garry Street
Winnipeg, Manitoba, R3C 3P3
Telephone: 945-4455
TOLL FREE: 1-800-282-8069

MANITOBA MARKETING NETWORK

PURPOSE	This is a private/public partnership program designed to provide marketing advice to small and medium-sized businesses in Manitoba.
ELIGIBILITY	Small and medium-sized businesses in Manitoba in need of marketing assistance.
TYPE OF ASSISTANCE	Clients receive practical personalized marketing advice and assistance from MMN members, who are successful business operators, and who are located in different parts of the province.
CONTACT	Stu Webb Manitoba Marketing Network Manitoba Business Development and Tourism 501 - 155 Carlton Street Winnipeg, Manitoba R3C 3H8 Telephone: 945-2415

FEDERAL BUSINESS DEVELOPMENT BANK

PURPOSE The Federal Business Development Bank (FBDB) is a Crown Corporation that exists to promote and assist small and medium sized businesses in Canada.

ELIGIBILITY Small and medium size businesses.

TYPES OF ASSISTANCE

FINANCIAL SERVICES

Term Loans:
To finance a variety of projects at flexible terms and conditions.

Financial Matchmaking:
Business people with money available to invest are matched with business people seeking funds.

Strategic Planning:
To help you evaluate your competitive situation, and determine the resources your business needs to achieve its full growth potential.

Financial Packaging:
FBDB will prepare a report that can be used by financial institutions to assist your application for funding.

Do-It-Yourself Kits:
Available on five management topics, to help you draw up the plans required for your business.

INVESTMENT BANKING

Investments:
The FBDB can purchase shares in your business, or work with private sector financial institutions to obtain the equity financing you require.

MANAGEMENT SERVICES

Management Training:
Business management seminars, courses, and publications.

Management Counselling:
The CASE Counselling Program offers specialized advice tailored to your needs in all areas of business management.

INFORMATION

Services:
Free information on government programs for small business, regulations, business product opportunities, business publications, as well as a wide range of market data and statistics.

BUSINESS INFORMATION CENTRE
Telephone: 983-6163 or 983-7900
TOLL FREE: 1-800-542-3408

CONTACT

Richard Lavergne, Small Business Development Officer
Federal Business Development Bank
Suite 1100 - 155 Carlton Street
Winnipeg, Manitoba, R3C 3H8
Telephone: 983-7900
TOLL FREE: 1-800-542-3408

COOPERATIVE PROMOTION BOARD

PURPOSE	To assist with the development, education and promotion of cooperatives in Manitoba.
ELIGIBILITY	All Manitobans.
TYPE OF ASSISTANCE	The Board is empowered to utilize funds to promote research into cooperative organizations, support educational programs on cooperatives and make grants to cooperatives to promote the general welfare of rural Manitobans. Applications for start up assistance for new cooperatives will also be considered.
CONTACT	Vic Hryshko, Secretary Cooperative Promotion Board 800 - 215 Garry Street Winnipeg, Manitoba, R3C 3P3 Telephone: 945-4455 TOLL FREE: 1-800-282-8069

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MICROELECTRONICS AND SYSTEMS DEVELOPMENT PROGRAM (MSDP)

PURPOSE MSDP is part of INNOV ACTION, a comprehensive Canadian government strategy to promote the research and development of innovative technologies in Canada. The overall goal of MSDP is to enhance the international competitiveness of the Canadian manufacturing, processing and service industries.

ELIGIBILITY Any taxable corporation operating in Canada can apply for funding.

CRITERIA Projects must involve the development of innovative systems based on advanced microelectronics and software for application in the manufacturing, processing or service industries.

TYPE OF ASSISTANCE Financial assistance can include up to 50% of the eligible costs of a project, to a maximum of $5 million.

Eligible costs may include:

- salaries of scientists, engineers, analysts, programmers, technical personnel, management and administrative staff in proportion to their direct involvement in the project;
- project components and materials and special-purpose equipment;
- testing and evaluation of prototypes;
- operation of ancillary machinery, equipment and testing and computer facilities used for the project;
- travel directly associated with the project;
- patent and copyright searches and filing in North America;
- contracts.

CONTACT Gary Hosea, Manager
Industry and Trade Development
Industry, Science and Technology Canada
8th Floor - 330 Portage Avenue
P.O. Box 981
Winnipeg, Manitoba, R3C 2V2
Telephone: 983-2952

COOPERATIVE LOANS AND LOANS GUARANTEE BOARD

PURPOSE To provide timely and necessary assistance to ensure that cooperative organizations have access to the basic financial, managerial, professional and technical services necessary for the development and expansion of their enterprises.

ELIGIBILITY Existing eligible cooperatives that can demonstrate their project is viable and that the required financing is not available from other sources on reasonable terms.

TYPE OF ASSISTANCE The Board is empowered to make loans or loan guarantees to eligible cooperative organizations in Manitoba to assist the cooperative in carrying out its programs.

CONTACT
Vic Hryshko, Secretary
Cooperative Loans and Loans Guarantee Board
800 - 215 Garry Street
Winnipeg, Manitoba, R3C 3P3
Telephone: 945-4455
TOLL FREE: 1-800-282-8069

BUSINESS IMPROVEMENT LOANS

PURPOSE	These loans, provided under the Small Business Loans Act, are designed to make it easier for new or existing small businesses to obtain intermediate-term loans.
ELIGIBILITY	Eligible small business enterprises include manufacturing, wholesale or retail trade, service businesses, construction, transportation, communications, and real estate.
TYPE OF ASSISTANCE	The maximum amount a small business, with sales of less than $2 Million, may have outstanding at any time may not exceed $100,000. Loans may be used to finance up to 80% of the cost and installation of fixed or moveable equipment, and 90% of the cost to purchase or construction of new premises or purchase of land, renovation or improvement of existing premises.
CONTACT	Industry, Science and Technology Canada P.O. Box 981 608 - 330 Portage Avenue Winnipeg, Manitoba, R3C 2V2 Telephone: 983-6182

SPECIAL INVESTMENT TAX CREDIT PROGRAM

PURPOSE

This program is designed to promote industrial development in those parts of Canada most adversely affected by economic disparities.

ELIGIBILITY

All manufacturing and processing activities as defined under Regional Development Incentives Act. The project can be a new facility, an expansion or a modernization. No maximum or minimum project size. Applicable depreciable assets include buildings, machinery, equipment and certain mobile assets.

TYPE OF ASSISTANCE

- Investment tax credit of 40 percent applicable to the eligible costs of assets.
- Tax credit must be used within five years after the year of acquisition of the asset.
- The credit is claimed on the tax return.

CONTACT

Industry, Science and Technology Canada
P.O. Box 981
608 - 330 Portage Avenue
Winnipeg, Manitoba, R3C 2V2
Telephone: 983-6182

MANUFACTURING ADAPTATION PROGRAM

PURPOSE	This program is designed to assist export-oriented Manitoba manufacturers and processors to upgrade their operations by introducing modern technology and state-of-the art equipment.
ELIGIBILITY	Manitoba manufacturers and processors must be involved in export or inter-provincial trade, or contemplating such involvement, and show how the new equipment will expand operations in these markets.
TYPE OF ASSISTANCE	The cost of feasibility studies is shared between Province and company to a maximum of $5,000. Development loans for equipment of up to $50,000. are avaialble, interest free for two years and at a reduced interest rate for a further three years.
CONTACT	Tom Gilmore, Manager Manufacturing Adaptation Program Manitoba Business Development and Tourism 501 - 155 Carlton Street Winnipeg, Manitoba R3C 3H8 Telephone: 945-3415

INDIAN ECONOMIC DEVELOPMENT FUND

PURPOSE This program provides a source of capital, financing and advisory services to Indian people for economic development both on and off reserves. Program delivered by Indian Affairs.

ELIGIBILITY Loans are available to Indian and non-Indian individuals groups or corporations operating businesses which contribute to the economic development of Indian people. Loans to non-Indians may only be approved by Headquarters in Ottawa.

CRITERIA

- Businesses must contribute to economic development of Indian people.
- Business projects must demonstrate a potential for commercial success
- Business projects must create employment for Indian people
- An equity contribution of 20% to total project costs is required

TYPE OF ASSISTANCE There are four principal features of this program: loans, contributions, guarantees, and management advisory services. The borrower pays interest at a rate based on the average commercial prime rate. Contribution funding is to help Indian people in the development or expansion of businesses, economic planning, support services, equity and start up costs. The Guarantee program is to facilitate Indian access to commercial financing by providing lenders with security not normally available. The program offers many support services: staff training, technical services, counselling, accounting, and assistance in preparing business proposals.

CONTACT
Larry Penner/Ron Scanlan
Department of Indian Affairs and Northern Development
1100 - 275 Portage Avenue
Winnipeg, Manitoba, R3B 3A3
Telephone: 983-6527/4237

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NATIVE ECONOMIC DEVELOPMENT PROGRAM

PURPOSE This program provides financial assistance for the establishment of Native businesses and economic development programs towards increased self-reliance of Canada's Native people. This is a federal program delivered by Industry, Science and Technology Canada (ISTC) and the Native Economic Development Board.

ELIGIBILITY Native people of Canada, Métis, status and non-status Indian and Inuit are eligible to apply for this program.

CRITERIA N.E.D.P. provides four different types of Native economic development which are: Native financial and economic corporations; community based economic development; business enterprises and special projects and coordination. Criteria for selection are:

- applicants must increase the self sufficiency of native people
- applicants must demonstrate the potential to be commercially successful
- projects must have majority Native ownership
- projects must enchance the economic opportunities and potential in Native communities
- applicants must be a legal entity
- applicants must demonstrate need for market
- projects have community support
- provide a business plan
- projects must employ Native people

TYPE OF ASSISTANCE Financial assistance is given to approved projects.

CONTACT

Native Economic Development Program
4th Floor - 330 Portage Avenue
P.O. Box 3130
Winnipeg, Manitoba, R3C 4E6
Telephone: 983-7316

Bob Ward, Director of Communications
Native Economic Developmental Program
Trafalgar Building
235 Queen Street
Ottawa, Ontario, K1A 0H5

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COMMUNITIES ECONOMIC DEVELOPMENT FUND (C.E.D.F.)

PURPOSE This program is designed to provide financial assistance to start or expand small to medium sized business companies in Manitoba. C.E.D.F. is a provincial crown corporation.

ELIGIBILITY Individuals and community groups in remote and isolated communities are eligible to apply. All types of small businesses ranging from manufacturing to service industries are eligible for assistance.

CRITERIA The applicant must fulfill the following conditions:

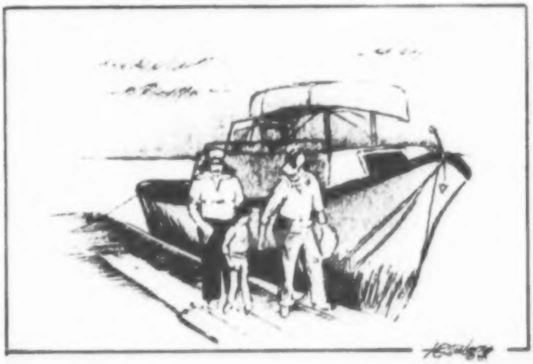
- there must be assurance of repayment
- there must be evidence of the ability to operate business successfully
- the applicant cannot obtain sufficient monies from other sources on reasonable terms
- the applicant provides equity, if available, to the business financed.

TYPE OF ASSISTANCE Financial assistance provided is in the form of loans and loan guarantees.

CONTACT

Communities Economic Development Fund
18th Floor — 155 Carlton Street
Winnipeg, Manitoba, R3C 3H8
Telephone: 949-1844

Carl Marcinyshyn
Northern Representative
Communities Economic Development Fund
27 - 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411



COMMUNITY SERVICES FOR NORTHERN PROVINCIAL COMMUNITIES

PURPOSE	This program provides basic community services, such as: community roads, safe water supply, water management, fire prevention and protection and public works facilities.
ELIGIBILITY	Communities under the jurisdiction of Manitoba Northern Affairs.
CONTACT	Local Government Development Manitoba Northern Affairs 59 Elizabeth Road Winnipeg, Manitoba, R8N 1X4 Telephone: 778-4411

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SPECIAL ARDA PRIMARY PRODUCING ACTIVITY PROGRAM

PURPOSE This program provides financial assistance primarily to fishermen and trappers' organizations to improve economic and social well-being.

ELIGIBILITY Program is available to associations and groups in rural and remote Manitoba, particularly to those of Native origin.

TYPE OF ASSISTANCE

- Grant assistance is available to trappers' groups for the renovation or replacement of trappers' cabins and for improving access and communication between trapline and community.
- Grant assistance is available to community vegetable gardening associations or groups for improvement on common use land like community pastures and community gardens. Assistance may include roto-tillers, first time seed and fertilizer costs.
- Grant assistance is available to fishermen groups for the renovations or replacement of fishing holding stations and fish packing/sorting stations and for improving access to resources, hydro, sewer and water.

CONTACT

Percy Williams
Special ARDA Program
Manitoba Northern Affairs
200-500 Portage Avenue
Winnipeg, Manitoba R3C 3X1
Telephone: 945-2535
TOLL FREE: 1-800-282-8069

FISHERMEN'S LOANS PROGRAM

PURPOSE This program is designed to provide credit to licensed commercial fishermen in Manitoba; to provide assistance to fishermen in establishing, developing and operating economic fishing businesses; and to assist young fishermen in becoming successfully established in the fishing industry.

ELIGIBILITY applicant must be:

- a resident of Manitoba
- a licensed commercial fisherman
- actively engaged in freshwater fishing
- 18 years of age or over

TYPE OF ASSISTANCE Financial assistance is provided in the form of a loan. No loans will be made for an amount less than $400. A maximum of $18,000 is allowed for individual fishermen who fish either during open water or winter season; a maximum of $54,000 or $18,000 per individual for a group of fishermen or fishermen in partnership; a maximum of $30,000 for a fisherman who fishes during both the open water and winter seasons; a maximum of $90,000 or $30,000 per member, whichever is lesser for: fishermen in partnership, groups of related fishermen operating together who fish during open water and winter seasons.

CONTACT T.W. Aho, Acting Director
Fishermen's Loans Section
Manitoba Agricultural Credit Corporation
7th Floor — 125 Garry Street
Winnipeg, Manitoba R3C 3P2
Telephone: 947-3244

Wilfred Brown
Fishermen's Loans
P.O. Box 357 — Otineka Mall
The Pas, Manitoba R9A 1K5
Telephone: 623-5850

FISHING VESSEL INSURANCE PLAN

PURPOSE

This program is designed to provide marine insurance coverage and benefits at reasonable rates for all eligible fishing vessels in Canada.

ELIGIBILITY

- The home port of the vessel must be in Canada.
- The fisherman must have an insurable interest in the vessel.
- The vessel must be involved in a fishing operation.
- The appraised value of the vessel must be at least $500.

TYPE OF ASSISTANCE

The FVIP is administered by the federal Department of Fisheries and Oceans and operates on a full cost recoverable basis. It provides marine insurance coverage against recognized perils of the sea and includes third party collision protection.

CONTACT

Department of Fisheries and Oceans
Freshwater Institute
501 University Crescent
Winnipeg, Manitoba, R3T 2N6
Telephone: 983-5066 - Regional Manager
Telephone: 983-4067 - Program Officer

Department of Fisheries and Oceans
Box 160
103 Selkirk Avenue
Thompson, Manitoba, R8N 0M5
Telephone: 778-5470

TRAVEL MANITOBA TOURISM DEVELOPMENT CONSULTING SERVICES

PURPOSE To assist existing tourism operators and potential developers in the planning and development of expanded or new tourism attractions and facilities.

ELIGIBILITY In-province or out-of-province tourism operators or potential developers. Priority is given to projects in identified tourism destination areas.

TYPE OF ASSISTANCE Specialized tourism consulting services are available in the following areas:

- Project Planning
- Market Analysis
- Feasibility Assessment
- Financing
- Operations
- Marketing

Financial assistance for priority projects may be available through the Capital Programs of the Canada/Manitoba Tourism Development Agreement.

CONTACT J.M. Sigurdson
Director of Development
Travel Manitoba
700 - 155 Carlton Street
Winnipeg, Manitoba, R3C 3H8
Telephone: 945-2381

CANADA/MANITOBA TOURISM DEVELOPMENT AGREEMENT

PURPOSE	The primary objective of this Agreement (1985-90) is to stimulate the development of internationally competitive tourism destinations in Manitoba through the development of major tourism attractions, events and resort facilities. There are seven sub-programs implemented under this Agreement.
ELIGIBILITY	The major thrust of the Agreement is directed toward the private sector and non-profit organizations, however, in some circumstances community driven projects could be considered for support provided that eligibility criteria under the Agreement could be satisfied (ie project size, international market potential, identified destination area, specialty markets).
TYPE OF ASSISTANCE	Assistance varies from program to program.
CONTACT	Agreement Administrative Office Canada/Manitoba Tourism Development Agreement P.O. Box 90 7th Floor — 155 Carlton Street Winnipeg, Manitoba, R3C 3H8 Telephone: 945-5890

NATIVE EDUCATION BRANCH

PURPOSE The Native Education Branch attempts to identify and meet the educational needs of Native children and to assist non-native students in learning more about Native people.

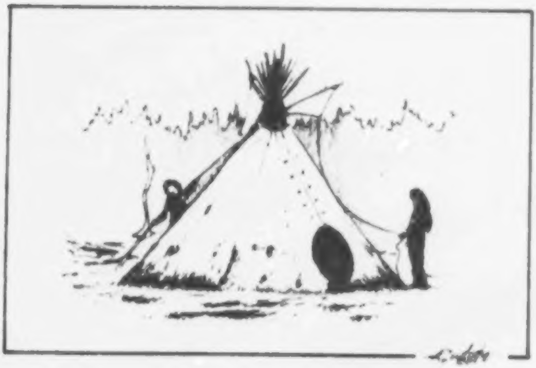
ELIGIBILITY The Branch provides assistance to schools from Kindergarten to Grade 12.

TYPE OF ASSISTANCE Branch activities focus on adapting curricula, identifying appropriate resource materials, and delivering teacher in-services related to the following program areas:

- Native languages
- Native awareness
- English language development
- Career and guidance
- Native Studies/Social Studies
- Early Childhood Education

CONTACT

Diane Cooley, Acting Director
Native Education Branch
408 - 1181 Portage Avenue
Winnipeg, Manitoba, R3G 0T3
Telephone: 945-8143
TOLL FREE: 1-800-262-8848



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INDEPENDENT STUDY PROGRAMS IN MANITOBA

PURPOSE Manitoba Education, through the Correspondence Branch, provides courses for students attending school and for adults who have left school.

ELIGIBILITY

- **School Programs, Grade I to XII**
  Students attending school require permission from their school principal to enrol in a correspondence course. Persons no longer in school may enrol in courses to complete graduation requirements.

- **Continuing Education Program.** The Continuing Education Program has four basic types of courses:

  1) **High School Courses.** Adults may take any of our high school courses for credit or non-credit.

  2) **Adult Basic Education Courses.** Adults who have little or no high school training or who have been out of school for some time, often need preparatory work before they attempt high school correspondence courses. Upon completion of the Adult Basic Education Courses, students can complete Grade XII programs.

  3) **High School Equivalency (G.E.D.).** The Correspondence Branch offers two non-credit courses to assist students to study for the High School Equivalency (G.E.D.) tests in Mathematics and Social Studies.

FEES Adults are required to pay course fees and purchase textbooks and supplies.

CONTACT
Correspondence Branch
Manitoba Education
528 St. James Street
Winnipeg, Manitoba R3G 3J4
Telephone: 945-7612
TOLL FREE: 1-800-782-0317

POST-SECONDARY STUDENT AID PROGRAM

PURPOSE

The Manitoba Student Aid Program offers financial assistance to supplement the resources of the student and family.

ELIGIBILITY

Students must be Canadian, resident of Manitoba, attending an approved post-secondary institution full-time, and must demonstrate need. Native students may apply.

TYPE OF ASSISTANCE

1) **Canada Student Loans** are interest-free while you are a full-time student and six months afterwards. Interest and payments begin after a six month period. Metis and Non-Status and Registered Canadian Indian students are eligible to apply.

2) **Manitoba Government Bursaries** may be available to students whose needs exceed maximum Canada Student Loan amounts. If a student is eligible to apply for bursary assistance, an application will be mailed to the students with the notification of Award letter for Canada Student Loan. Bursaries and loan rebates are available to Metis and Non-Status Indian students. Loan rebate is that portion of the student's loan which is repaid by the Manitoba government on behalf of the student once he/she begins to repay his loan. Registered Canadian Indians are not eligible for Manitoba Government bursaries or loan rebates.

3) **Manitoba Government Loans/Grants** may be available to students whose needs exceed maximum bursary and loan amounts. These loans are available to Metis and Non-Status students.

4) **Native Awards** are available to Native students who require financial assistance to attend a Manitoba post-secondary institution. Awards of $200.00 are available annually; however, additional assistance may be awarded if exceptional circumstances exist. To apply for this award, Metis and Non-Status students must state their Native ancestry on the Canada Student Loan application. Registered Canadian Indian students must complete a Prince of Wales/Princess Anne Scholarship Bursary Application.

5) **Canada Student Loan, Part-time Program** interest bearing loan assistance is available to part-time students. Native students may also apply.

CONTACT

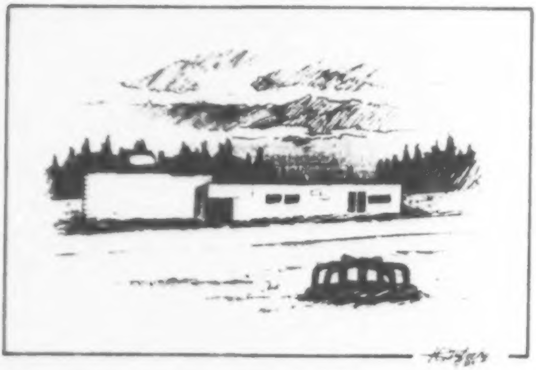
Student Aid Branch
Box 6, 693 Taylor Avenue
Winnipeg, Manitoba R3M 3T9
Telephone: 945-6321
TOLL FREE: 1-800-782-0316

STUDENT SOCIAL ALLOWANCE

PURPOSE	This program is designed to provide a social allowance supplement to adult students in need who are enrolled in an academic or technical-vocational school
ELIGIBILITY	Persons of low income such as those on Mother's Allowance, disabled persons, or adult high school students 18 years and over with low family income are eligible to apply.
TYPE OF ASSISTANCE	Assistance acts as a supplement to whatever income or resources a student presently receives.
CONTACT	Student Social Allowance Office Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6100 TOLL FREE: 1-800-782-0316 Outside of Winnipeg, contact your nearest community services office listed in the directory.

HIGH SCHOOL BURSARIES

PURPOSE	High School Bursaries provide financial assistance to full-time students in Grades 9 to 12. These awards are intended to encourage students to complete their studies and to help them meet incidental costs associated with high school attendance.
ELIGIBILITY	Students must be Canadian, residents of Manitoba, attending a provincially funded high school in Manitoba, and must demonstrate a financial need.
TYPE OF ASSISTANCE	Financial assistance is provided.
CONTACT	Student Aid Branch Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6321 TOLL FREE: 1-800-782-0316



04/89

HIGH SCHOOL BURSARIES FOR NATIVE STUDENTS

PURPOSE	High School Bursaries provide financial assistance to full-time public school students in Grades 9-12.
ELIGIBILITY	Students must be Canadian citizens, resident in Manitoba, attending a privately or provincially funded high school in Manitoba full-time, and must demonstrate financial need. Native students must state their Native ancestry on the application.
TYPE OF ASSISTANCE	Metis and Non-Status Indians who apply for high school bursary mav receive an additional $100.00 Native bursary. Registered Canadian Indians may also qualify for a Native Bursary if they are living permanently off the reserve and are not receiving any assistance from their Band, Tribal Council, or Indian Affairs. These students must state Band and Treaty numbers on the application.
CONTACT	Student Aid Branch Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6321 TOLL FREE: 1-800-782-0316

DOROTHY McKAY MEMORIAL FUND

PURPOSE

The Dorothy McKay Memorial Fund provides financial assistance to Native students who are involved in any level of education. Funds are used to recognize the efforts and/or achievements of students presently involved in academic or vocational studies.

ELIGIBILITY

- urban and rural high school students who show desire and initiative to further their education;
- some university students who are experiencing temporary financial difficulty;

TYPE OF ASSISTANCE

- $50 awards in May-June of each year;
- financial assistance up to $200 for university students recommended by counsellors;

CONTACT

Agnes Blokland, Co-ordinator
Dorothy McKay Memorial Fund
230 Portland Avenue
Winnipeg, Manitoba, R2M 1K3
Telephone: 257-8537

MANITOBA INDIAN EDUCATION ASSOCIATION (M.I.E.A.)

PURPOSE	MIEA, funded by Indian and Northern Affairs Canada, provides student services involving financial, academic, social and family counselling assistance to status Indian students enrolled in Post Secondary, Vocational, In-school and Special Education programming.

CONTACT

George Desnomie
Executive Director
Manitoba Indian Education Association
816 - 294 Portage Avenue
Winnipeg, Manitoba, R3C 0B9
Telephone: 947-0421

NORTHERN NURSING PROGRAM

PURPOSE	This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to provide students with a registered nursing diploma in Thompson.
ELIGIBILITY	Enrolment is limited and priority is given to residents of northern Manitoba, particularly those of Native ancestry. Preference is also given to those with limited financial resources and residents of remote locations.
TYPE OF ASSISTANCE	Students in program are assisted with special counselling and tutoring services. There is also a two week orientation program and special courses designed to supplement the basic knowledge of students. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition, and book expenses.
CONTACT	Diana Reid, Director Northern Nursing Program 504 Princeton Drive Thompson, Manitoba R8N 0A5 Telephone: 778-7058

04/89

NORTHERN BACHELOR OF SOCIAL WORK PROGRAM

PURPOSE	This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement is designed to deliver a Bachelor of Social Work degree in Thompson.
ELIGIBILITY	Enrolment is limited and priority is given to northern residents and in particular those of Native ancestry. Applicants must show a potential for university studies and undertake an intensive selection process.
TYPE OF ASSISTANCE	Students in the program are assisted with special counselling and tutoring. Financial support is available to meet the basic living expenses of students and their families, as well as moving, tuition and book costs.
CONTACT	Director Northern Bachelor of Social Work Program 3 Station Road Thompson, Manitoba, R8N 0N3 Telephone: 778-7385

04/89

UNIVERSITY OF MANITOBA ACCESS PROGRAM

PURPOSE This program, a cost-shared activity of the Canada Manitoba Northern Development Agreement, is designed to provide university training to students who would otherwise have limited access to this opportunity. The program is located at the University of Manitoba in Winnipeg.

ELIGIBILITY Priority will be given to northern residents, particularly those of Native ancestry. Preference is also given to those with limited financial resources.

TYPE OF ASSISTANCE Students in the program are assisted with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.

Areas of Study: Students can be supported to study in faculties/schools such as law, education, engineering, management, social work, human ecology and agriculture as well as others.

CONTACT

Director
University of Manitoba ACCESS Program
503 University Centre
University of Manitoba
Winnipeg, Manitoba, R3T 2N2
Telephone: 474-8000

SPECIAL PRE-MEDICAL STUDIES PROGRAM

PURPOSE This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is located at the University of Manitoba in Winnipeg and is designed to prepare students intending to pursue a career in medicine, dentistry or pharmacy.

ELIGIBILITY Enrollment is limited to Native people who are 21 years of age or older, or who qualify for regular university entrance. Applicants must also demonstrate a commitment to a study program lasting several years.

TYPE OF ASSISTANCE Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.

CONTACT

Laara Fitznor, Director
Special Pre-Medical Studies Program
503 University Centre
University of Manitoba
Winnipeg, Manitoba R3T 2N2
Telephone: 474-8000

NATIVE MEDICAL PROGRAM

PURPOSE	The Native Medical Program (Professional Health Program), a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to provide support to students who are successful in the Special Pre-Medical Program and who are pursuing a career in medicine or a related field.
ELIGIBILITY	Native students who have successfully completed the Special Pre-Medical Program.
TYPE OF ASSISTANCE	Support services include academic, personal social and financial assistance.
CONTACT	Director University of Manitoba ACCESS Program 503 University Centre University of Manitoba Winnipeg, Manitoba R3T 2N2 Telephone: 474-8000

PROJECT FOR THE EDUCATION OF NATIVE TEACHERS (PENT)

PURPOSE PENT, an activity of the Canada-Manitoba Northern Development Agreement, is a teacher training program for Native teacher aides at Brandon University.

ELIGIBILITY Program is available to Metis and Indian teacher aides. Sponsorship is required.

CONTACT Monroe Doerksen, Acting Director
PENT
Faculty of Education
Brandon University
Brandon, Manitoba R7A 6A9
Telephone: 728-9520 Extension 663

04/89

BRANDON UNIVERSITY NORTHERN TEACHER EDUCATION PROGRAM (BUNTEP)

PURPOSE

BUNTEP, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to provide field-based teacher training through centres in northern communities.

ELIGIBILITY

FOR COMMUNITIES: Rural and remote northern communities may apply for a BUNTEP centre if facilities are available and student numbers are sufficient.

FOR STUDENTS: Priority is given to northern residents, particularly those of Native ancestry. Preference is also given to those with limited financial resources.

TYPE OF ASSISTANCE

Students in the program are assisted with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.

CONTACT

Director
BUNTEP, Faculty of Education
Brandon University
Brandon, Manitoba R7A 6A9
Telephone: 727-7315

BUSINESS ADMINISTRATIVE CERTIFICATE/DIPLOMA

PURPOSE	The Business Administrative Certificate/Diploma curriculum is designed to train students in a variety of subjects such as accounting, marketing, administration, economics, law, and statistics and to provide graduates with the knowledge and skills needed to enter management training programs in industry or small business entrepreneurship or public administration.
ELIGIBILITY	Options in Business Administration include a one year Certificate or a two year Diploma Course for full-time students. Students will have 20 high school credits (Manitoba Grade 12 or equivalent) including English 300 or 301 and Mathematics 300 or 301. Individuals over 20 years of age may also apply as mature students.
TYPE OF ASSISTANCE	Students in the program are helped wtih special counselling services. Tutoring services may be made available upon request. Financial support can be arranged to meet basic living expenses, tuition and book expenses.
CONTACT	Jack Walker Registration Office Keewatin Community College 436 7th. Street E. The Pas, Manitoba R9A 1P7 Telephone: 623-3416

INTER-UNIVERSITIES NORTH (I.U.N.)

PURPOSE

I.U.N. is a cooperative program of the three Manitoba Universities — Brandon University, University of Winnipeg, and University of Manitoba. Its mandate is to provide university credit courses north of the 53rd parallel.

ELIGIBILITY

Regular university entrance or mature student entrance requirements must be met.

TYPE OF ASSISTANCE

Student Support Services such as study skills and academic counselling are available.

Tuition fees are payable at time of registration. Sponsored students require a letter of sponsorship.

CONTACT

Inter-Universities North Provincial Bldg.
Box 23, 59 Elizabeth Road
Thompson, Manitoba
R8N 1X4
Telephone: 778-4411 Extension 740
TOLL FREE: 1-800-442-0462

LEGAL STUDIES FOR ABORIGINAL PEOPLE

PURPOSE The purpose of this program is to provide financial assistance to Metis and non-status Indian students to help them enter the legal profession.

ELIGIBILITY An applicant must be an aboriginal person of Canadian citizenship living in Canada, who is registered or conditionally registered in one of the courses of study described below.

TYPE OF ASSISTANCE PRE-LAW: Up to 10 students are funded each year to attend a two-month summer course offered by the University of Saskatchewan's Native Law Centre, for students who may not have the minimum academic requirements for law school. Francophone students who are unable to follow this course may be recommended for a one-year pre-law program.

LAW SCHOOL: Approximately 10 three-year scholarships are awarded each year to students who have been accepted into a Canadian Law School.

AFTER LAW SCHOOL: Financial Assistance may be awarded to a student wishing to pursue a Master's degree in Canada or abroad. Assistance is provided for the Bar Admission only in cases of severe financial difficulty.

Financial assistance is normally provided through a living allowance, payment of tuition fees, a textbook allowance, and other allowances.

CONTACT
Eddie Gardner, Chief of Native Programs
Legal Studies for Aboriginal People
Department of Justice Canada
Justice Building
239 Wellington Street
Ottawa, Ontario, K1A 0H8
Telephone: (613) 957-9636

NATIVE STUDIES DEPARTMENT (University of Manitoba)

PURPOSE

The Department of Native Studies offers a programme of courses drawn from a number of disciplines. These courses deal with issues which concern Canada's indigenous peoples, the Indian, Metis and Inuit.

ELIGIBILITY

As requirements for courses vary, please contact Department Head.

TYPE OF ASSISTANCE

Courses in Native Studies examine the history, the art, the literature, the philosophical and religious traditions of Canada's original inhabitants. Other Courses examine the legal, political, and health care systems in their relation to Canada's aboriginal peoples.

Students may also complement courses from within the Department with certain approved cross-listed courses from other Departments in order to fulfill requirements for the Major or Minor in Native Studies.

The minor programme in Native Languages offers courses in Cree and Ojibway to both beginners and fluent speakers. A knowledge of Native languages enriches the understanding of the Native cultural heritage and is useful for work in education, linguistics, and communication.

CONTACT

Professor Paul Chartrand, Head
Department of Native Studies
Room 523 Fletcher Argue Building
University of Manitoba
Winnipeg, Manitoba, R3T 2N2
Telephone: 474-9266

MANAGEMENT OF COMMUNITY, ECONOMIC AND ORGANIZATION DEVELOPMENT

PURPOSE To build community administrative systems for the development of small northern and native communities.

CRITERIA Applicants shall have two years of experience in a management role. There are no academic requirements. Ability to communicate in English required.

PROGRAM The two-year certificate program consists of eight courses and is intended for delivery in rural and regional centres. The eight courses are under four themes as follows.

A 1. Interpersonal Skills
2. Human Resource Development
3. Organization Development

B 4. Community Development

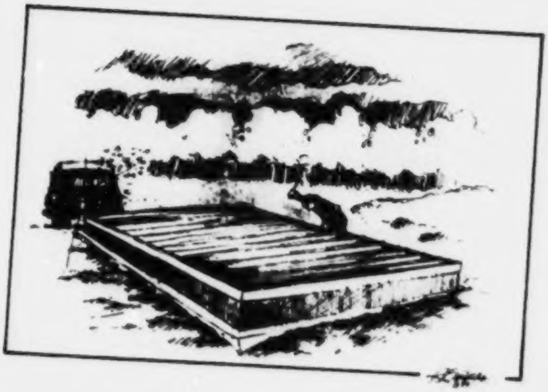
C 5. Planning Budget and Accounting
6. Planning and Control of Capital Projects

D 7. Community Economic Development
8. Government Systems and Programs

CONTACT Don Castledon, Program Co-ordinator
University of Manitoba
188 Continuing Education Complex
Continuing Education Division
Winnipeg, Manitoba, R3T 2N2
Telephone: 474-8034

ACCESS — RED RIVER COMMUNITY COLLEGE PROGRAM

PURPOSE	This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is located on campus of Red River Community College in Winnipeg, and provides training in a wide variety of fields such as secretarial sciences, the technologies, business administration, and business teacher education.
ELIGIBILITY	Enrolment is limited, and priority is given to northern residents, particularly those of Native ancestry.
TYPE OF ASSISTANCE	Students in the program are assisted with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Director Community College ACCESS Program Building F, Room 210 Red River Community College 2055 Notre Dame Winnipeg, Manitoba R3H 0J9 Telephone: 633-5930



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INTEGRATED BUSINESS SKILLS PROGRAM

PURPOSE	This is a ten-month program designed to train students in secretarial science. The program is located in Thompson.
ELIGIBILITY	Students will have completed Grade 10 or achieved an equivalent standing through General Education Development (GED). Individuals over 20 years of age may also apply as Mature Students.
TYPE OF ASSISTANCE	Students in the program are helped with special counselling services. Tutoring services may be made available upon request. Financial support can be arranged to meet basic living expenses, tuition and book expenses.
CONTACT	Jack Walker Registration Office Keewatin Community College 436 7th St. E. The Pas, Manitoba R9A 1P7 Telephone: 623-3416

NEW CAREERS PROGRAM

PURPOSE

New Careers, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is an adult career training program that provides opportunities for people to receive on-the-job and classroom training in a wide variety of human service fields, management and technical services.

ELIGIBILITY

Persons eligible are those who experience difficulties in securing regular full-time employment. Priority is given to northern residents and in particular Native people.

TYPE OF ASSISTANCE

A training salary is offered during the training period and living expenses while on course away from home will be paid by New Careers.

CONTACT

Director
Manitoba Employment Services & Economic Security
5th Floor — 213 Notre Dame Avenue
Winnipeg, Manitoba, R3B 1N3
Telephone: Winnipeg: 945-3148 or 945-2823
TOLL FREE: 1-800-282-8069 ext. 3148 or 2823.
OR
Northern Employment Support Services
Manitoba Employment Services & Economic Security
Regional offices at:

Box 2850, Otineka Mall
THE PAS, Manitoba, R9A 1M6
Telephone: 623-6444

Box 178
CHURCHILL, Manitoba, R0B 0E0
Telephone: 675-8841

802-401 York Avenue
WINNIPEG, Manitoba, R3C 0P8
Telephone: 945-4926

Box 25
59 Elizabeth Drive
THOMPSON, Manitoba, R8N 1X4
Telephone: 778-4411, Ext. 295

Box 160
LEAF RAPIDS, Manitoba, R0B 1W0
Telephone: 473-2425

PREVENTATIVE MAINTENANCE PROGRAM

PURPOSE

This program provides direction and assistance in the operation and maintenance of local community infrastructure.

ELIGIBILITY

Public works employees of communities under the jurisdiction of The Northern Affairs Act.

TYPE OF ASSISTANCE

- Direction and informational assistance on an individual request basis.
- Planning, organizing and delivering training sessions and resource materials.

CONTACT

Murray Kocis, Coordinator
Preventative Maintenance Program
Manitoba Northern Affairs
Box 29, 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411, ext. 691
TOLL FREE: 1-800-442-0616

Preventative Maintenance Officers

Glenn Smith
Manitoba Northern Affairs
Box 27, 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411, ext. 805

Del Lambert
Manitoba Northern Affairs
Box 2560
The Pas, Manitoba R9A 1M3
Telephone: 623-7481

Hessel Dethmers
Manitoba Northern Affairs
27 - 2nd Avenue S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111, ext. 312

Nap Langelier
Manitoba Northern Affairs
339A Main Street
Selkirk, Manitoba, R1A 1T3
Telephone: 482-7535

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APPRENTICESHIP TRAINING

PURPOSE

The Apprenticeship Training is a comprehensive program that combines on-the-job training with classroom instruction and provides a person with an opportunity to earn wages while learning a trade.

ELIGIBILITY

- Persons must be 16 years of age to apprentice in most trades, with the exception of the mining and industrial instrument mechanic trades. The requirement is 18 years of age. Grade 9 is required for most trades. Some trades require a Grade 10 or 11 standing.
- the applicant must find an employer who is willing and able to participate in the apprenticeship program. The employer must be a journeyperson in the trade or employ a journeyperson in the trade;
- make an application with your employer for an apprenticeship agreement with the Apprenticeship and Training Office of Manitoba Labour.

TYPE OF ASSISTANCE

- While attending a training institution, apprentices may qualify for unemployment insurance benefits or for a training allowance paid by the Canada Employment and Immigration Commission;
- while working, apprentices are entitled to receive certain minimum rates of pay. The minimum wage rate varies depending on the trade and length of time the apprentice has been in the program.
- the normal length of an apprenticeship program is from 2 to 5 years depending on the trade;
- in the construction trades, the minimum wage rate varies from 40% to 95% of the journeyperson's rate.

CONTACT

Marilyn Kenny, Director
Apprenticeship and Training
Manitoba Labour
Room 816, Norquay Building
401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-3337

Apprenticeship and Training Branch Offices:

Provincial Building
27 - 2nd Avenue, S.W.
DAUPHIN, Manitoba, R7N 3E5
Telephone: 638-9111, ext. 418

Provincial Building
340-9th Street
BRANDON, Manitoba, R7A 6C2
Telephone: 728-7000 ext. 179

Provincial Building
59 Elizabeth Drive
THOMPSON, Manitoba, R8N 1X4
Telephone: 778-4411 ext. 300

Provincial Building
Box 2550
The Pas, Manitoba, R9A 1M4
Telephone: 623-6411, ext. 358

SELKIRK TRAINING PLANT

PURPOSE

The Selkirk Training Plant provides an initial 2-month industrial life skills program followed by 4-5 months of on-the-job training in woodwork and metalwork skills. The Selkirk Training Plant is a modern training plant facility which manufactures a wide variety of metal, wood and sign products.

ELIGIBILITY

Individuals experiencing severe difficulties in obtaining and retaining employment due to lack of skills or experience qualify for this program.

TYPE OF ASSISTANCE

Counselling and training allowances are provided.

CONTACT

Claire Clement
Labour Market Programs
Manitoba Employment Services and Economic Security
1010-401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-4980

Selkirk Training Plant
511 Robinson Avenue
Selkirk, Manitoba R1A 1E5
Telephone: 482-8133

ACCESS NORTH — THE PAS

PURPOSE	This program is located at Keewatin Community College in The Pas and provides certificate programs in various construction trades.
ELIGIBILITY	Enrolment is limited and priority is given to residents of northern Manitoba, particularly those of Native ancestry. Preference is also given to those with limited financial resources and residents of remote locations.
TYPE OF ASSISTANCE	Students in program are assisted with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Sandra Delaronde, Director ACCESS North — The Pas Keewatin Community College Box 3000 The Pas, Manitoba, R9A 1P7 Telephone: 623-7881

NORTHERN TRAINING AND EMPLOYMENT AGENCY

PURPOSE

The agency provides training in a variety of occupations associated with the construction industry.

ELIGIBILITY

Enrolment is limited and priority is given to residents of northern Manitoba, particularly those of Native ancestry.

TYPE OF ASSISTANCE

All programs provide wage assistance and special counselling. Thompson programs also provide subsidized accomodation and food allowance.

CONTACT

George Hickes, Executive Director
Northern Training and Employment Agency
23 Station Road
Thompson, Manitoba, R8N 0N6
Telephone: 778-6431

Peter Ferris
Chairman
Northern Training and Employment Agency
11th Floor - 191 Lombard Avenue
Winnipeg, Manitoba, R3B 0X1
Telephone: 945-7905

NATIONAL INDIGENOUS DEVELOPMENT PROGRAM

PURPOSE

This program is designed to provide training and career development opportunities for Native people in the public service of Canada.

ELIGIBILITY

Applicants must be Canadian citizens and must be Metis, non-status, status or Inuit.

TYPE OF ASSISTANCE

In all cases, the program will assume the cost of relocation and management training agreed to. The Department will be responsible for job-related travel and training cost. Participants may remain in the program for periods of up to 12 months during which time they will develop skills and qualities required to successfully compete for various positions in the Canadian Public Service.

CONTACT

Native Employment Coordinator
Public Service Commission
400 - 391 York Avenue
Winnipeg, Manitoba, R3C 4G8
Telephone: 983-2481

CANADA EMPLOYMENT PROGRAMS AND SERVICES

PURPOSE Canada Employment Centres offer programs designed to provide employment assistance to persons living in Northern Manitoba in order to increase northern participation in economic development opportunities.

ELIGIBILITY Employment programs and services are available to all residents of northern Manitoba. Persons of Native ancestry will be given special attention.

TYPE OF ASSISTANCE

- job referral and placement;
- outreach services to remote communities;
- mobility assistance for relocation to areas of employment;
- information on availability of jobs outside of the local area;
- unemployment insurance programs;
- institutional training;
- career counselling;
- inter-agency referral services; and
- human resource development planning.

CONTACT

Canada Employment Centre
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4471

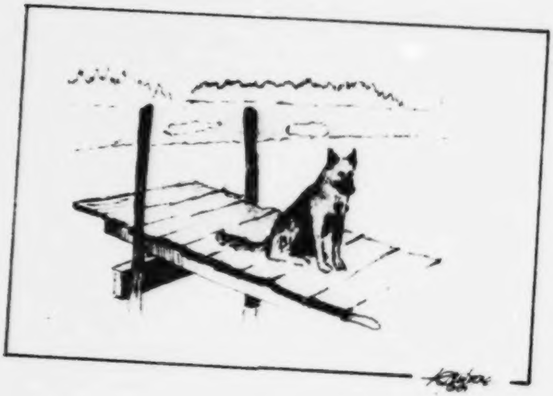
Canada Employment Centre
201 Federal Building
54 Main Street
Flin Flon, Manitoba, R8A 1N5
Telephone: 687-8231 or ask the operator for Zenith 1-0300.

Canada Employment Centre
135-Second Avenue, North East
Dauphin, Manitoba, R7N 0Z6
Telephone: 638-3711 or ask the operator for Zenith 1-0300.

Canada Employment Centre
2nd Floor
237 Manitoba Avenue
Selkirk, Manitoba, R1A 1T6
Telephone: 482-3323 or ask the operator for Zenith 1-0300.

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba, R9A 1K7
Telephone: 623-3453 or ask the operator for Zenith 1-0300.

Canada Northern Development Office
210-74 Cree Road
Evergreen Place
Thompson, Manitoba, R8N 0B8
Telephone: 778-4486 (CALL COLLECT)
Contact person Martin Voss



JOB ENTRY PROGRAM-SEVERELY EMPLOYMENT-DISADVANTAGED

PURPOSE

This program provides on-and off-the-job training and work experience for persons who face significant barriers in securing and maintaining employment. This is done through the provision of financial assistance to co-ordinators for operating and training costs and allowances for participants.

ELIGIBILITY

Eligible Co-ordinators:
Businesses, organizations, public health and educational institutions, municipal governments and Indian band councils can act as co-ordinators.

Co-ordinators are responsible for designing employment preparation and guidance projects to provide specialized pre-employment training and experience to participants. Co-ordinators pay the allowances to the participants.

Eligible Participants:
Unemployed severely employment-disadvantaged persons. A person may be considered to be severely employment-disadvantaged if he/she is facing significant barriers in securing and maintaining employment for such reasons as poor work habits; attitudinal or motivational problems; a serious lack of education/training; functional illiteracy; prolonged periods of institutionalization; a history of drug or alcohol abuse, or a lack of ability to communicate in either official language.

TYPE OF ASSISTANCE

Financial Assistance:
The co-ordinator may receive:

- funds to pay participant allowances;
- funds to pay wages of administrative staff up to the prevailing wage rate;
- a contribution towards mandatory employment-related costs such as CPP/QPP, UI, vacation pay, etc.;
- up to $50 per participant week for overhead costs such as materials, travel, licenses, etc.;
- up to $8 per participant training hour for off-site training;
- up to $10,000 per disabled participant to help defray participation costs.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Manitoba, R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P.O. Box 909
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-8300

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba, R9A 1K7
Telephone: 623-3453

Canada Employment Centre
North Centre Mall
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4471

Canada Employment Centre
Room 203 - 5th Avenue, N.
Federal Building
Swan River, Manitoba, R0L 1Z0
Telephone: 734-3483

Canada Employment Centre
80 - 6th Avenue
P.O. Box 1770
Gimli, Manitoba, R0C 1B0
Telephone: 642-5193

Canada Employment Centre
Room 12 - 366 Main Street
Selkirk Town Plaza
Selkirk, Manitoba, R1A 1T6
Telephone: 482-3323

CANADIAN JOBS STRATEGY

PURPOSE The Canadian Jobs Strategy provides a variety of labour market programs to help those individuals, sectors and regions most in need.

TYPE OF ASSISTANCE Financial assistance is available to employers and trainees or Job Entry participants. Trainees may also be eligible for supplimentary allowances to help defray the costs of transportation, childcare and living away from home. The amount of financial assistance is based on idividual circumstances.

For further information on Canadian Jobs Strategy Programs refer to:

- Job Entry Program - Entry Option
- Job Entry Program - Re-entry
- Job Entry Program - Severely Employment-Disadvantaged
- Job Entry Program - Co-operative Education
- Job Entry Program - Summer Employment Experience Development
- Job Entry Program - Work Orientation Workshops
- Job Development Program - General Projects
- Job Development Program - Individually Subsidized Jobs
- UI Job Creation - Section 38
- Skill Shortages - Workplace-Based Training
- Skill Shortages - Relocation and Travel Assistance
- Community Futures
- Innovations
- Industrial Adjustment Service
- Skill Investment - Retraining
- Skill Investment - Continuing Employment
- Skill Investment - Relocation and Travel Assistance
- Skill Investment - Work Sharing
- Skill Investment - Training Trust Fund

CONTACT Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Mantioba, R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P.O. Box 909
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-8300

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba, R9A 1K7
Telephone: 623-3453

Canada Employment Centre
North Centre Mall
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
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UNEMPLOYMENT INSURANCE

PURPOSE	Local Canadian Employment Centres listed at the back of this manual (Appendix 21).
ELIGIBILITY	Workers who have lost their jobs and are looking for work are eligible for benefits provided they have 10 to 20 weeks of insurable employment within the last 52 weeks. Special benefits are also paid during periods of maternity, sickness, injury, and at age 65. To qualify for special benefits, pesons must have 20 weeks of insurable benefits during the last 52 weeks.
TYPE OF ASSISTANCE	The benefit rate is 60 percent of average weekly insurable earnings, subject to a maximum weekly amount which is indexed and adjusted annually.
CONTACT	Local Canada Employment Centres listed at the back of this Manual (Appendix 20).

NATIVE EMPLOYMENT SERVICES

PURPOSE Native Employment Services is a CEC program designed to provide consultant and referral services on employment and job opportunities to Native organizations. The Native Employment Service acts as liaison between native people and CEC at the Manitoba region on CEC programs and services which impact on Native people.

ELIGIBILITY All Native people and organizations are eligible for this service.

TYPE OF ASSISTANCE Consultation and referrals are provided to Native organizations.

CONTACT

Marileen McCormick, Co-ordinator
Native Employment Services
Canada Employment Centre
Rm 210 - 388 Donald Street
Winnipeg, Manitoba, R3B 2J4
Telephone: 943-0401

Contact your local Canada Employment Centre listed at the back of this Manual (Appendix 20).

NORTHERN EMPLOYMENT SUPPORT SERVICES (NESS)

PURPOSE N.E.S.S., a cost-shared activity of the Canada-Manitoba Northern Development Agreement, helps northerners take advantage of training and employment opportunities. Job creation activities include summer jobs for northern youth.

ELIGIBILITY Northerners looking for employment.

TYPE OF ASSISTANCE N.E.S.S. provides the following services:

- employment and/or training referral;
- general and vocational counselling;
- client assistance to jobs or training;
- general information dissemination on other programs and services offered by other provincial and federal agencies;
- access to provincial programs such as New Careers;
- gap filling of employment services as necessary;
- Hydro Projects recruitment as needed;
- assistance to northern communities and organizations in proposal development and writing.

CONTACT Northern Employment Support Services
Manitoba Employment Services & Economic Security

Regional offices at:

Box 2850, Otineka Mall
THE PAS, Manitoba, R9A 1M6
Telephone: 623-6444

Box 178
CHURCHILL, Manitoba, R0B 0E0
Telephone: 675-8841

802-401 York Avenue
WINNIPEG, Manitoba, R3C 0P8
Telephone: 945-4926

Box 25
59 Elizabeth Drive
THOMPSON, Manitoba, R8N 1X4
Telephone: 778-4411, Ext. 295

Box 160,
LEAF RAPIDS, Manitoba, R0B 1W0
Telephone: 473-2425

NATIVE INTERNSHIP PROGRAM

PURPOSE This program is designed to provide Native students with summer work experience in CEIC.

ELIGIBILITY Native students registered full-time at an educational institution, and planning to return to an educational institution full-time in the following academic year.

CONTACT Native Internship Program
Canada Employment & Immigration Commission
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 983-4546

Contact your local Canada Employment Centre office listed at the back of this Manual (Appendix 20).

OUTREACH

PURPOSE Outreach provides employment and employment-related services to people who need special assistance in finding employment. In addition, Outreach projects will assist employers with job vacancies in securing suitable applicants to meet their needs. Outreach projects complement regular Commission services by extending them to the employment disadvantaged.

ELIGIBILITY Persons encountering severe difficulty in locating employment are eligible for Outreach services. Identified target groups are: youth; women; aboriginal persons; physically disabled persons; residents of isolated communities; chronically unemployed; Immigrants; older workers; and others facing difficulties in entering or re-entering the work force.

TYPE OF ASSISTANCE Services offered include: employment counselling; job referral and placement; promotion of the advantages of hiring the employment disadvantaged; unemployment insurance assistance; and assisting employers to fill job vacancies.

CONTACT

S. Katz, Outreach Co-ordinator
Room 710 Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4B9
Telephone: 983-3205

Refer to the Outreach Projects listed in Appendix 13, 14 and 15.

MANITOBA YOUTH JOB CENTRE PROGRAM

PURPOSE

This program is designed to assist students and youth, 16-24 years of age, to obtain jobs within the private and public sectors during the summer. This program assists in establishment of 44 summer job centres in rural and northern Manitoba, ten of which are operated in co-operation with Canada Employment Centres for students.

ELIGIBILITY

The target population is students of all ages and youth 16 - 24 years of age.

TYPE OF ASSISTANCE

Students and youth are assisted in summer job placement. Employers are assisted in their search for summer employees.

CONTACT

Manitoba Youth Job Centre Program
Manitoba Employment Services and Economic Security
Main Floor — 114 Garry Street
Winnipeg, Manitoba, R3C 1G1
Telephone: 945-3802

Employment Services Offices:

The Pas Region
Otineka Mall, Box 2850
The Pas, Manitoba, R9A 1M6
Telehpone: 623-6444

Churchill Region:

Box 178
Churchill, Manitoba, R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region:

1005-401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-4926

Thompson Region
Box 25
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Box 160
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-2425

STUDENT TEMPORARY EMPLOYMENT PROGRAM — IN GOVERNMENT

PURPOSE STEP provides salary funds to enable government departments to hire students in short-term, summer projects.

ELIGIBILITY Students enrolled in secondary and post secondary education and training institutions.

TYPE OF ASSISTANCE Program funding to government agencies for student salaries.

CONTACT

Ken McDonald, Program Manager
Manitoba Employment Services & Economic Security
Employment Development & Youth Services
Main Floor — 114 Garry Street
Winnipeg, Manitoba, R3C 1G1
Telephone: 945-3802

Employment Services Offices:

The Pas Region
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Churchill Region:

Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region:

1005-401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-4926

Thompson Region
Box 25
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Box 160
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-2425

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JOB ENTRY PROGRAM - ENTRY OPTION

PURPOSE

This program provides on and off-the-job training and work experience for youths who have difficulty making the transition from school to work. This is done through the provision of financial assistance to co-ordinators for operating and training costs and allowances for participants.

ELIGIBILITY

Eligible Co-ordinators:
Businesses, organizations, public health and educational institutions, municipal governments and Indian band councils can act as co-ordinators.

Co-ordinators are responsible for developing, designing and administering a training plan to meet the needs of participants. They are also responsible for recruiting participants, selecting suitable training sites and monitoring participant progress. Co-ordinators pay the allowances to the participants.

Eligible Participants:
Unemployed youth out of school for at least three months and lacking a post-secondary degree or diploma.

TYPE OF ASSISTANCE

Financial Assistance:
The co-ordinator may receive:

- funds to pay participant allowances;
- funds to pay wages of administrative staff up to the prevailing wage rate;
- a contribution towards mandatory employment-related costs such as CPP/QPP, UI, vacation pay, etc.;
- up to $25 per participant week for overhead costs such as materials, travel, licenses, etc.;
- up to $8 per participant training hour for off-site training;
- up to $10,000 per disabled participant to help defray participation costs.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Manitoba, R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P.O. Box 909
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-8300

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba, R9A 1K7
Telephone: 623-3453

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North Centre Mall
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4471

Canada Employment Centre
Room 203 - 5th Avenue, N.
Federal Building
Swan River, Manitoba, R0L 1Z0
Telephone: 734-3483

Canada Employment Centre
80 - 6th Avenue
P.O. Box 1770
Gimli, Manitoba, R0C 1B0
Telephone: 642-5193

Canada Employment Centre
Room 12 - 366 Main Street
Selkirk Town Plaza
Selkirk, Manitoba, R1A 1T6
Telephone: 482-3323

JOB ENTRY - CO-OPERATIVE EDUCATION

PURPOSE

This program provides grants to co-ordinators to stimulate developmental work/study experiences for secondary and post secondary students.

ELIGIBILITY

Eligible Institutions:
Post secondary institutions, secondary school boards and provincial/territorial governments are eligible.

National non-profit associations are eligible to receive funds to provide administrative assistance in delivering this option.

Eligible Participants:
Secondary and post-secondary students.

TYPE OF ASSISTANCE

Financial Assistance:

- Activities can last for up to four years up to a maximum of $400,000.
- Payments are cost-shared as follows:
  - year one - 85% of actual expenditures up to $68,000;
  - year two - 75% of actual expenditures up to $60,000;
  - year three - 55% of actual expenditures up to $44,000;
  - year four - 35% of actual expenditures up to $28,000.
- A maximum of $100,000 for a 12-month period for national non-profit associations providing administrative assistance in delivering this initiative.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

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Telephone: 482-3323

JOB ENTRY - SUMMER EMPLOYMENT EXPERIENCE DEVELOPMENT

PURPOSE

SEED offers financial incentives to employers in the form of wage subsidies to stimulate the provision of incremental, career development opportunities for students.

ELIGIBILITY

Eligible Employers:
Businesses, non-profit organizations, Indian band councils, municipalities, educational institutions and hospitals.

Eligible Employees:
Students who intend to return to school on a full-time basis.

TYPE OF ASSISTANCE

Financial Assistance:

- Maximum of 18 weeks.
- Maximum wage subsidy per participant equal to the provincial/territorial adult minimum wage rate.
- Employer's share of mandatory employment-related costs such as CPP/QPP, UI, vacation pay, etc.
- Overhead costs of up to $20 per work-week of employment.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Manitoba, R8A 1N5
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Gimli, Manitoba, R0C 1B0
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Telephone: 482-3323

Canada Employment Centre
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The Pas, Manitoba, R9A 1K7
Telephone: 623-3453

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North Centre Mall
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4471

JOB ENTRY - WORK ORIENTATION WORKSHOPS

PURPOSE

WOW provides funding assistance to enable community and business resources to focus on the needs of students who are potential drop-outs, through the creation of supervised environments for the development of life skills, labour market awareness and plans for future labour market participation.

ELIGIBILITY

Eligible Sponsors:
Businesses, business associations, non-profit organizations, school boards, municipalities, provincial agencies and ad-hoc groups.

Eligible Employees:
Elementary and secondary students.

TYPE OF ASSISTANCE

Financial Assistance:

- Maximum of 14 weeks.
- Maximum of $25,000 per workshop.
- $400 per week for wages of trainer/instructor.
- Employer's share of mandatory employment-related costs such as CPP/QPP, UI, vacation pay, etc.
- $3,500 for overhead.
- $50 per participant per week to a maximum of $300 per participant for incentive awards.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
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JOB ENTRY PROGRAM - RE-ENTRY

PURPOSE

This program provides on- and off-the-job training and work experience for women who have difficulty making the transition from home to work. This is done through the provision of financial assistance to coordinators for operating and training costs and allowances for participants.

ELIGIBILITY

Eligible Co-ordinators:
Businesses, organizations, public health and educational institutions, municipal governments and Indian band councils can act as co-ordinators.

Co-ordinators are responsible for developing, designing and administering a training plan to meet the needs of participants. They are also responsible for recruiting participants, selecting suitable training sites and monitoring participant progress. Co-ordinators pay the allowances to the participants.

Eligible Participants:
Women having difficulty making a successful transition into the labour force, i.e. obtaining employment that realistically meets both their expectations and the local labour market needs, due to a lack of adequate training and/or work experience.

TYPE OF ASSISTANCE

Financial Assistance:
The co-ordinator may receive:

- funds to pay participant allowances;
- funds to pay wages of administrative staff up to the prevailing wage rate;
- a contribution towards mandatory employment-related costs such as CPP/QPP, UI, vacation pay, etc.;
- up to $25 per participant week for overhead costs such as materials, travel, licences, etc.;
- up to $8 per participant training hour for off-site training;
- up to $10,000 per disabled participant to help defray participation costs.

CONTACT

Your local Canada Employment Centre.

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WOMEN'S EMPLOYMENT COUNSELLING UNIT

PURPOSE The Women's Employment Counselling Unit, located in Winnipeg, offers a full range of career counselling and training referral services especially geared to women.

ELIGIBILITY Women.

TYPE OF ASSISTANCE The Centre provides counselling and training referral as well as some job placement services.

- Training workshops in career planning include: Career Development Program, Introduction to Choices, and Women in Non-Traditional Occupations.
- Training workshops in employment preparation include:
  Resume Workshop, Effective Job Interview Skills, Assertiveness Training and Women in Self-Employment.

CONTACT Lucille Wiltshire
Women's Services Liaison Counsellor
Women's Employment Counselling Unit
P.O. Box 8850
344 Edmonton Street
Winnipeg, Manitoba, R3C 3E6
Telephone: 983-2045

EMPLOYMENT STANDARDS IN MANITOBA

PURPOSE The Speakers' Bureau of the Employment Standards Branch of Manitoba Labour is designed to provide information on rights and responsibilities of an employer or an employee.

TYPE OF ASSISTANCE The Speakers' Bureau will provide a representative to meet with your business organization, club or association, community group, school, college or special interest group to discuss your rights and obligations regarding conditions of employment. In addition, consultation is provided to employers covered by Employment Equity Legislation and the Federal Contracts Program.

CRITERIA

- Minimum Wage — with certain exceptions, in Manitoba the minimum wage is $4.30 per hour for persons 18 years of age and older; and $3.85 per hour for persons under the age of 18. How does this minimum relate to you and your area of employment?
- Standard Hours of Work — With only a few specific exceptions, the standard hours of work are eight hours per day and forty hours per week. What are the exceptions and how do they affect you?
- Overtime Pay — In Manitoba, overtime work is paid at one and a half times the regular rate of pay. Generally, overtime is paid for authorized hours worked in excess of eight hours in a day and forty hours in a week. Do you qualify?
- General Holidays — Certain employees qualify to be paid for not working on a general holiday. All employees who work on a general holiday qualify for special wages or compensatory time off. How do they apply in your case?
- Vacations with Pay — This varies with the length of service, regular working time and the percentage of hours worked. What are you entitled to?
- Pension Plans — These are regulated by the Pension Benefits Act of Manitoba. What benefits can you expect upon retirement?
- Maternity/Paternity or Adoptive Leave — An employee may be entitled to an unpaid leave of absence, provided he/she meets certain qualifications. What are the qualifications?

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- Weekly Day of Rest — With certain exemptions, an employee is required to have a weekly rest period of twenty-four consecutive hours. Does this apply to your work?

- Equal Pay — This eliminates discrimination in rates of pay between male and female employees engaged in work that is substantially the same. How does this affect you?

- Termination of Employment — This is governed by certain regulations and requirements that are applicable to both employers and employees. What are your rights?

CONTACT To arrange a discussion about these or other areas of concern, phone or write:

Manitoba Labour
Employment Standards Branch
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

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NORTHERN RELOCATION PROGRAM

PURPOSE This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to help residents of northern communities to relocate to where employment is available.

ELIGIBILITY Northern residents experiencing difficulties in obtaining and retaining employment in their home localities.

TYPE OF ASSISTANCE This program offers counselling and financial assistance in relocating. On-going support is provided during the period after the relocation.

CONTACT Manitoba Employment Services & Economic Security

Regional offices at:

Box 2850, Otineka Mall
THE PAS, Manitoba, R9A 1M6
Telephone: 623-6444

Box 178
CHURCHILL, Manitoba, R0B 0E0
Telephone: 675-8841

802-401 York Avenue
WINNIPEG, Manitoba, R3C 0P8
Telephone: 945-4926

Box 25
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THOMPSON, Manitoba, R8N 1X4
Telephone: 778-4411, Ext. 295

Box 160
LEAF RAPIDS, Manitoba, R0B 1W0
Telephone: 473-2425

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SKILL INVESTMENT PROGRAM - RELOCATION AND TRAVEL ASSISTANCE

PURPOSE	This program provides funds to help pay the costs of relocating an individual or a group of workers.
ELIGIBILITY	Individuals or groups of workers who are in danger of losing their jobs or who have lost their jobs because of technological or market change.
TYPE OF ASSISTANCE	**Financial Assistance:** • Up to $5,000 per individual, based on the distance travelled, number of dependants, etc.
CONTACT	Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
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Telephone: 482-3323

SKILL SHORTAGES - RELOCATION AND TRAVEL ASSISTANCE

PURPOSE

This program provides funds for relocation costs for an individual who is able to fill a job designated as a skilled occupation.

ELIGIBILITY

Individuals willing to relocate to take employment in occupations designated under the Skill Shortages Program.

TYPE OF ASSISTANCE

Financial Assistance:

- Relocation assistance up to a maximum of $5,000 per individual, based on the distance travelled, the number of dependants and annual income of the new job.
- Travel assistance for job interviews and temporary employment (6 months or less) based on distance travelled. Overnight accommodation allowance is also available.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

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EMPLOYMENT EQUITY PROGRAM

PURPOSE

This program is designed to ensure that within a reasonable time frame, Native people, women, visible minorities and disabled persons are equitably represented at all levels in the workforce, and to remove discrimination barriers in the employment system. Mandatory programs affect employers covered by the Employment Equity Act and Federal Contracts Program.

ELIGIBILITY

Membership in the target population: Native people, women, visible minorities and the disabled.

TYPE OF ASSISTANCE

Consultation and technical assistance is provided to employers covered by the Employment Equity Act and Federal Contracts Program. Employee Equity consultants also provide technical assistance to private sector employers through a consultation agreement. Both federal and provincial resources are co-ordinated in a comprehensive service to employers.

CONTACT

Employment Equity Program
Employment and Immigration Canada
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4B9
Telephone: 983-4547 - Jerry Sopko
Telephone: 983-6047 - Sandra Hrychuk

04/89

COMMUNITY FUTURES PROGRAM

PURPOSE

This program assists communities in their efforts to identify, develop and undertake measures to help individuals adjust and adapt to a changing economic environment and to expand permanent employment.

ELIGIBILITY

Non-metropolitan areas and communities in greatest need with exceptionally high unemployment.

TYPE OF ASSISTANCE

Program Components:
Once a Community Futures Committee (CFC) is established, it chooses the appropriate mix from among five program options:

1) *Business Development Centres*
Provide locally managed technical and advisory services to small businesses as well as loan investment assistance of up to $75,000 per firm.

2) *Self-Employment Incentive*
Provides a grant of $180 per week for a maximum of 52 weeks to individuals who are eligible for Unemployment Insurance or social assistance to help them to start their own businesses.

3) *Relocation and Travel Assistance*
Provides assistance for travel to seek employment and to relocate workers who are unemployed, or about to become unemployed and for whom work is not available locally.

4) *Direct Purchase of Training*
Provides occupational training to workers to meet the need for skills and increase earning and employability capacities.

5) *Community Initiatives Fund*
Supports unique and innovative proposals of the CFC for employment growth and recovery.

CONTACT

Your local Canada Employment Centre.

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Manitoba, R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P.O. Box 909
Lynn Lake, Manitoba, R0B 0W0
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Canada Employment Centre
151 Fischer Avenue
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North Centre Mall
118 - #3 Station Road
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Canada Employment Centre
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Canada Employment Centre
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Canada Employment Centre
Room 12 - 366 Main Street
Selkirk Town Plaza
Selkirk, Manitoba, R1A 1T6
Telephone: 482-3323

04/89

JOB DEVELOPMENT PROGRAM - GENERAL PROJECTS

PURPOSE

This program provides training and work experience for participants by providing training costs, wage subsidies and other specified costs to employers who create projects.

ELIGIBILITY

For Employers:
Businesses, organizations, public health and educational institutions, municipal governments and Indian band councils can act as employers.

For Employees:
Long-term unemployed individuals out of work 24 of the last 30 weeks, referred through a Canada Employment Centre.

CRITERIA

Projects must normally create three or more jobs and last between 16 and 52 weeks.

TYPE OF ASSISTANCE

Training:
Relevant training can take place in a formal classroom setting, at a local educational institution, or on-the-job under appropriate supervision while the worker learns the job duties, or a combination of both.

Financial:
Commercial Employers -

- up to 60% of wages paid up to $7.50/hr. with a weekly maximum of $300 per employee
- wages for administrative staff up to local prevailing wage rate
- up to $8 per participant training hour
- up to $10,000 per disabled participant to help defray the cost for their participation.

Non-profit Employers -

- up to 100% of wages paid up to $7.50/hr. with a weekly maximum of $300 per week per participant.
- wages for administrative staff up to the prevailing wage rate
- a contribution towards mandatory employment related costs such as CPP, UI, vacation pay
- up to $50 per participant week for overhead costs such as materials, travel and licenses
- up to $8 per participant training hour for off-site training
- up to $10,000 per disabled participant to help defray participation costs.

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JOB DEVELOPMENT - INDIVIDUALLY SUBSIDIZED JOBS

PURPOSE

This program provides training and work experience. It is designed for specific individuals and provides training costs, wage subsidies and other specified costs to employers.

ELIGIBILITY

Eligible Employers:
Businesses, organizations, public health and educational institutions, municipal governments and Indian band councils acting as employers.

Eligible Employees:
Long-term unemployed individuals who face barriers to employment and are referred through a Canada Employment Centre.

CRITERIA

Jobs for the employment-disadvantaged must last for 16-52 weeks. Jobs for other participants must last for 16-26 weeks.

TYPE OF ASSISTANCE

Training:
Relevant training can take place in a formal classroom setting, at local educational institutions, or on-the-job under appropriate supervision while the worker learns the job duties. The training can use a combination of both settings.

Financial Assistance:
Employers may receive:

- up to 60% of wages paid up to $7.50 per hour with a weekly maximum of $300 per participant;
- up to $8 per participant training hour;
- up to $10,000 per disabled participant to help defray participation costs.

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EMPLOYMENT COOPERATIVE PROGRAM

PURPOSE To assist groups of individuals to form employment cooperatives by starting a new business, purchasing an established business or to purchase the assets of a business which is having difficulty but could become a viable enterprise.

ELIGIBILITY Any group incorporated as an employment cooperative.

TYPE OF ASSISTANCE Financial support in the form of loans, loans guarantees and grants may be available to assist with feasibility studies and project development costs. Applications for assistance will include a review of the financial structure and existing human resource capability within the cooperative. Investment by members of the cooperative is taken into consideration as part of any application for assistance.

CONTACT Vic Hryshko
Director of Development
Cooperative, Consumer & Corporate Affairs
800 - 215 Garry Street
Winnipeg, Manitoba, R3C 3P3
Telephone: 945-4455
TOLL FREE: 1-800-282-8069

04/89

SKILL INVESTMENT PROGRAM - RETRAINING

PURPOSE This program provides financial aid to employers who train or retrain workers to assist with the adjustment problems of small business (less than 100 employees).

ELIGIBILITY Businesses, organizations and Indian band councils.

TYPE OF ASSISTANCE Funding can help pay wages and training costs.

Training:
The minimum training time is 80 hours. Agreements can last up to three years.

Financial Assistance:

- Up to 60% of wages.
- Up to $7.50 per hour, weekly maximum of $300 per participant.
- Up to $20 per participant training hour.
- Up to $10,000 per disabled participant to defray costs.

CONTACT Your local Canada Employment Centre.

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SKILL INVESTMENT PROGRAM - CONTINUING EMPLOYMENT

PURPOSE

This program helps people whose employment is threatened by providing financial aid for training, wages and other costs for employers who hire and train displaced workers.

ELIGIBILITY

Eligible Employers:
Businesses, organizations and Indian band councils.

Eligible Employees:
People whose employment is threatened. Workers who are in danger of losing or have recently lost their jobs because of market or technological change.

TYPE OF ASSISTANCE

Training:
The minimum training time is 80 hours. Agreements can last up to three year.

Financial:

- Up to 60% of wages.
- Up to $7.50 per hour, weekly maximum of $300 per participant.
- Up to $20 per participant training hour.
- Up to $10,000 per disabled participant to defray costs.

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04/89

SKILL INVESTMENT PROGRAM - WORK SHARING

PURPOSE

This program provides a reduced work week and the partial compensation for reduced wages, to avert temporary layoffs, or to cushion the impact of permanent layoffs.

ELIGIBILITY

ELigible Employers:
Non-profit organizations and businesses which have been in operation for a minimum of two years.

Eligible Employees:
Permanent full- or part-time employees of the firm. The minimum number of employees in a Work Sharing unit is two. Employees must file a claim for Unemployment Insurance and be eligible for benefits.

TYPE OF ASSISTANCE

Training:
Workers may use their Work Sharing days for training and the federal government may reimburse the employer for a major portion of the direct training costs.

Financial Assistance:

- Work Sharing is a voluntary program. Management and workers must both sign the agreement to reduce the work week by up to three days.
- Workers receive UI benefits for hours not worked. The normal benefit rate of 60% of the average gross weekly earnings to a maximum of $339 per week applies.
- Employers continue to pay employees for employee benefits and regular hours worked.
- Agreements normally operate between six and 26 weeks, with extensions possible in special circumstances.

CONTACT

Your local Canada Employment Centre.

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04/89

SKILL INVESTMENT PROGRAM - TRAINING TRUST FUND

PURPOSE

This program provides grants to a trust fund set up to finance training.

ELIGIBILITY

Training Trust Funds are to be set up by employee associations independently or jointly with a business, organization or Indian band council. A board of trustees is responsible for the administration of the fund. It also decides which workers receive training.

TYPE OF ASSISTANCE

Financial Assistance:

- First year: 50% of total contributions to a maximum of $200,000.
- Second year: 33⅓% of total contributions to a maximum of $100,000.
- Third year: 33⅓% of total contributions to a maximum of $100,000.
- Agreements can last up to three year.

CONTACT

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SKILL SHORTAGES PROGRAM - WORKPLACE - BASED TRAINING

PURPOSE

This program provides training costs, wage subsidies and other costs to employers to train employed or unemployed persons in areas of regional or potential occupational skill shortages.

ELIGIBILITY

For Employers:
Businesses, organizations and Indian band councils.

For Employees:
Existing or newly hired workers capable of undertaking designated occupational training.

CRITERIA

Agreements can operate for a minimum of three weeks (or 80 hours) to a maximum of three years.

TYPE OF ASSISTANCE

Training:
Relevant training can take place in a formal classroom setting, at local educational institutions or on the job under appropriate supervision while the worker learns the duties of the job, or a combination of both.

Financial:

- Up to 60% or regular weekly wages paid during off-the-job training and up to 25% of weekly wages paid during on-the-job training up to $7.50 per hour and a weekly maximum of $300 per participant.
- Up to $20 per participant training hour.
- Up to $10,000 per disabled participant to help defray costs.

CONTACT

Your local Canada Employment Centre.

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04/89

UI JOB CREATION - SECTION 38

PURPOSE

This program links up unemployed workers with businesses and organizations. Helps workers maintain their skills and helps businesses complete projects. Projects must create at least three new jobs, last between six and 52 weeks and not displace any existing employees or volunteers. Projects should have objectives which can be completed in a specific time frame.

ELIGIBILITY

Eligible Employers:
Businesses, municipalities, individuals and non-profit organizations.

Eligible Employees:
Unemployment Insurance claimants referred by a Canada Employment Centre. They receive enhanced UI benefits while on the project.

TYPE OF ASSISTANCE

Financial Assistance:

- Participants receive enhanced UI benefits. Employers are encouraged to top up wages.
- Employers may receive up to $125 per worker per week for other related costs such as materials and supplies.
- Private sector sponsors must contribute at least ⅔ of the total project cost.

CONTACT

Your local Canada Employment Centre.

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INDUSTRIAL ADJUSTMENT SERVICE

PURPOSE

To identify and plan labour force adjustments. The adjustments may result from economic or technological change, labour shortages, job dissatisfaction or changes in government regulations. A committee structure consisting of employee and management representatives is established.

ELIGIBILITY

Employers, associations, unions, other employee representatives, municipalities or provincial governments. Some federal Crown Corporations are excluded.

TYPE OF ASSISTANCE

Financial Assistance:

With respect to firms and communities the program will normally contribute up to 50% of the cost of an Industrial Adjustment Committee up to a maximum of $200,000. Where cost-sharing is not possible, the federal contribution can cover 100% of the cost to a maximum of $100,000 for agreements with non-profit associations or in special hardship cases. Agreements normally run for one year but can be extended for longer periods. For agreements with associations, the maximum is $500,000 over three years.

CONTACT

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INNOVATIONS

PURPOSE

This program provides financial assistance to pilot projects and other short-term activities that test new and cost effective ways to improve the functioning of the Canadian labour market.

ELIGIBILITY

ELigible Proponents:
Proposals will be accepted from businesses, industrial sectors, organizations, educational and training bodies, provincial or territorial institutions, municipalities, individuals and those Crown Corporations not mainly funded through appropriations. Proposals are encouraged from all sectors of the economy.

CRITERIA

A proposal may be considered for Innovations funding when:

- it develops a new approach to a significant labour market adjustment problem;
- it is designed to conduct a test that evaluates the labour market results of the pilot project activities;
- the pilot project is potentially transferable to the broader labour market;
- it does not duplicate or closely resemble previously tried initiatives;
- it does not establish an ongoing dependency; and
- it does not replace existing financial arrangements.

Most projects will have a duration of 12 to 18 months. The maximum duration of Innovations support is three years.

TYPE OF ASSISTANCE

Financial Assistance:
Financial support for Innovations projects is provided in the form of reimbursement of eligible expenditures or as payment for results. In either case cost sharing is the norm. The proponent and other interested agencies are expected to make financial and "in kind" contributions to the cost of an Innovations project.

There is no minimum or maximum contribution to Innovations projects. The program will provide reasonable funding support to the minimum size project required to adequately pilot and evaluate the proposed labour market initiative.

CONTACT

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04/89

CAREERSTART PROGRAM

PURPOSE This program is designed to create jobs for Manitoba's unemployed youth 16-24 years of age and students through wage assistance to employers.

ELIGIBILITY Unemployed youth 16-24 years of age and full time students are eligible to apply for jobs. Employers eligible for wage grants are businesses, institutions and community non-profit groups.

CRITERIA

- new positions created must not displace or replace any employee;
- each position applied for must offer a minimum of 30 hours per week;
- all positions must provide consecutive weeks of employment.

TYPE OF ASSISTANCE Each employer is eligible to apply for a maximum of three positions per independent work location.

Wage assistance of $4.70 maximum rate plus 10% employee benefit allowance is offered to community non-profit groups. Businesses and institutional organizations are offered a rate of $2.35 per hour plus 10% employee benefit allowance.

CONTACT

Diane Kristjansson - Manager
Manitoba Careerstart
Manitoba Employment Services & Economic Security
Main Floor — 114 Garry Street
Winnipeg, Manitoba, R3C 1G1
Telephone: 945-5394
TOLL FREE: 1-800-282-8069

EMPLOYMENT SERVICES OFFICES:

Parklands Region
21 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 0Z5
Telephone: 638-8845

Churchill
Box 178
Churchill, Manitoba, R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region
1005 - 401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-4926

Thompson
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

Leaf Rapids
Box 160
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-2425

The Pas
Box 2850
Otineka Mall
The Pas, Manitoba, R9A 1M6
Telephone: 623-6444

NORTHERN YOUTH CORPS PROGRAM

PURPOSE

This program, a cost-shared activity of the Canada-Manitoba Northern Development Agreement, is designed to create summer jobs for students and unemployed people 15 to 24 years of age during July and August.

ELIGIBILITY

Northern youth including students enrolled in secondary and post-secondary education and training. Communities and non-profit organizations are eligible to apply for Youth Corp grants.

CRITERIA

- Projects are approved on the basis of community need, work suitability and the lack of youth employment;
- projects must create employee jobs offering a real work experience.

TYPE OF ASSISTANCE

Grants are given to pay for employee wages.

CONTACT

Manitoba Employment Services & Economic Security

Regional offices at:

Box 2850, Otineka Mall
THE PAS, Manitoba, R9A 1M6
Telephone: 623-6444

Box 178
CHURCHILL, Manitoba, R0B 0E0
Telephone: 675-8841

802 - 401 York Avenue
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Box 25
59 Elizabeth Drive
THOMPSON, Manitoba, R8N 1X4
Telephone: 778-4411, Ext. 295

Box 160
LEAF RAPIDS, Manitoba, R0B 1W0
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04/89

MANITOBA HOUSING

PURPOSE Manitoba Housing is a government department which provides financial housing assistance to non-profit groups and cooperatives, develops low cost public housing for families, seniors and special needs groups with subsidized rents geared to income; and is concerned with housing renewal and shelter related programs.

ELIGIBILITY Manitoba Housing operates the following programs:

- Home Repair Programs
- Shelter Allowance Programs
- School Tax Assistance Programs
- Co-op Homestart Program
- Homes in Manitoba Programs (buy and renovate)
- Fokus I, II & III and Ten-Ten Sinclair (independent living for physically disabled).

CONTACT

Manitoba Housing
287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-4748
Toll Free: 1-800-282-8069

Dauphin Regional Housing Authority
27 - 2nd Avenue, S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

Thompson Regional Housing Authority
Box 12, 59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411 extension 328

The Pas Regional Housing Authority
Room 109 Provincial Building
Box 868
3rd Street and Ross Avenue
The Pas, Manitoba, R9A 1K8
Telephone: 623-6411

CANADA MORTGAGE AND HOUSING CORPORATION (CMHC)

PURPOSE CMHC is a federal agency offering insured mortgage loans, residual mortgage financing, residential rehabilitation loans and grants, provision of low income-oriented non-profit housing and cooperative housing, provision of low income, Native and rural housing, housing research, public information distribution on housing concerns, all as authorized under the National Housing Act.

CONTACT
Canada Mortgage & Housing Corporation
4th Floor - 10 Fort Street
P.O. Box 964
Winnipeg, Manitoba, R3C 2V2
Telephone: 983-5600

04/89

PRIVATE NON-PROFIT HOUSING

PURPOSE This program assists non-profit groups in developing subsidized housing for seniors, families, or special needs groups.

ELIGIBILITY Non-profit housing organizations.

TYPE OF ASSISTANCE Non-profit groups may receive funding to develop their building proposals, including site selection and preliminary drawings. Mortgage financing for up to 100 per cent of construction costs is available for approved projects. The sponsor groups own and manage the buildings. Rents are based on approximately 25 per cent of income.

CONTACT
Manitoba Housing
Design Services Branch
2nd Floor, 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-4668
TOLL FREE: 1-800-282-8069

04/89

COOPERATIVE HOMESTART PROGRAM

PURPOSE To assist in the development of housing cooperatives in Manitoba which rehabilitate an older building or convert an existing under-utilized nonresidential building to residential use.

ELIGIBILITY Housing cooperatives planning new construction or the renovation of an existing building for conversion to individual units.

TYPE OF ASSISTANCE Technical resource group assistance is available in grants for initial promotion, planning, development work and other technical assistance required by a group organizing a housing cooperative. Once a project is approved, mortgage assistance may also be available. Ongoing assistance to keep housing charges affordable is also available. This assistance is administered by Manitoba Housing. Federal Government programs which provide assistance to housing cooperatives may also be available. These programs are administered by Canada Mortgage and Housing Corporation (C.M.H.C.).

CONTACT

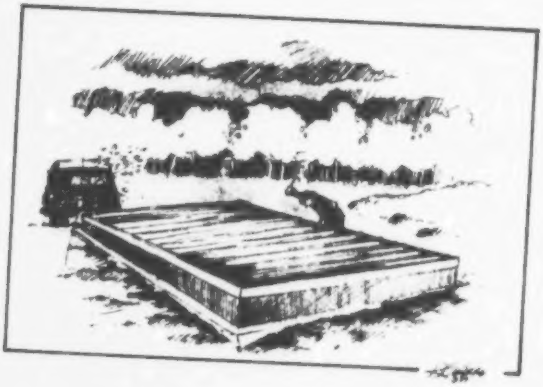
Roy Kirby
Co-operative Homestart Co-ordinator
Manitoba Housing
2nd Floor - 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-0778
TOLL FREE: 1-800-282-8069

RURAL AND NORTHERN HOUSING PROGRAM

PURPOSE	This program provides seniors and families in rural and northern communities with rental housing, with monthly rents geared to their income.
ELIGIBILITY	Northern and rural communities with a population of 2,500 people or less are eligible to apply for this program.
TYPE OF ASSISTANCE	Housing for seniors and families is built. Subsidy costs are shared 75% and 25% between federal and provincial governments respectively, to keep rents at 25% of income.
CONTACT	Rural And Northern Housing Program 185 Smith Street Winnipeg, Manitoba, R3C 3G4 Telephone: 945-4660

NON-PROFIT HOUSING

PURPOSE	Financial assistance is available to support the efforts of community-sponsored groups whose members take responsibility for planning and operating modest housing on their own behalf or for other families and individuals of low and moderate income, including elderly, physically handicapped, and Native people.
ELIGIBILITY	Non-profit community groups or organization are eligible sponsors. The target groups are low income people.
TYPE OF ASSISTANCE	Financial Assistance is provided.
CONTACT	Manitoba Housing 287 Broadway Avenue Winnipeg, Manitoba, R3C 0R9 Telephone: 945-4748 TOLL FREE: 1-800-282-8069



MANITOBA METIS FEDERATION HOUSING

PURPOSE The MMF Housing program delivers in conjunction with CMHC a housing program to approximately 125 rural and Native communities. The program is aimed at families with low income.

TYPE OF PROGRAMS:

A. **New and Existing Houses Under Section 40 of the National Housing Act**

- This program helps people in rural and Native communities to rent or purchase decent and adequate housing with payments geared to their income. A purchaser is required to make a small down payment and is required to make payments of 25% of his/her adjusted income.
- The purchase of an existing unit is also possible providing it meets CMHC standards.

B. **Residential Rehabilitation Assistance Program** — RRAP is a rehabilitation program, providing financial assistance to low-income homeowners requiring major or home repairs due to safety or health problems.

C. **Emergency Repair Program** — This program provides financial assistance to people with limited income and in desperate need of home repair.

CONTACT

Ed Swain
Gail Carriere
Manitoba Metis Federation Housing Branch
301-504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

Thompson Region:
Housing Development Officer
Tom Merasty
MMF Housing Branch
207-83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone:778-7301

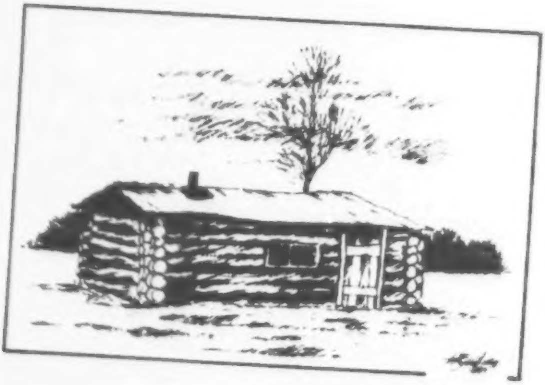
Interlake Region:
Housing Development Officer
Don Buors
MMF Housing Branch
P.O. Box 44
St. Laurent, Manitoba, R0C 2S0
Telephone: 646-2878

Southeast Region:
Housing Development Officer
Max Bossi
MMF Housing Branch
P.O. Box 188
Powerview, Manitoba, R0E 1P0
Telephone: 367-2250

The Pas Region:
Housing Development Officers
Philip Smith
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba, R9A 1M2
Telephone: 623-2790

Dauphin Region:
Housing Development Officer
Freeman Belhumeur
MMF Housing Branch
P.O. Box 118
Camperville, Manitoba, R0L 0J0
Telephone: 524-2143

Southwest Region:
Housing Development Officer
Craig Hockridge
MMF Housing Branch
656-6th Street
Brandon, Manitoba R7A 3P1
Telephone: 727-3136



04/89

SHELTER ALLOWANCES FOR ELDERLY RENTERS

PURPOSE

SAFFR provides eligible pensioners in private rental accommodation with monthly assistance to keep rents reasonable in relation to income.

ELIGIBILITY

Applicant is eligible if he or she is:

- 55 years of age or older;
- a renter in Manitoba;
- has a valid Manitoba Health Services number;
- is a single renter with income less than $15,700 or a couple with less than $17,890 annually and are spending more than 25% of income on rent.

TYPE OF ASSISTANCE

The amount of monthly allowance is based on an individual's or a couple's total income. The maximum claimable rents are $360 per month for a single person, $410 per month for a couple.

CONTACT

Shelter Allowance Programs
1st Floor - 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-282-8069

Shelter Allowance Programs
Regional Offices of Department of Housing

Dauphin
27-2nd Avenue S.W.
Telephone: 638-9111

Thompson
59 Elizabeth Drive
Telephone: 778-4411 Extension 330

The Pas
Telephone: 623-6411

SHELTER ALLOWANCES FOR FAMILY RENTERS

PURPOSE

SAFFR program is designed to assist low income families with dependent children, who are renting accommodation in the private marketplace. This program provides monthly assistance of up to $150.

ELIGIBILITY

Families may qualify if they are:

- a family of one parent with annual income of $17,450 or less;
- a 3 person or more family with an annual income of $18,550 or less;
- a 4 person or more family with an annual income of $19,630 or less;
- spending more than 25% of income on rent.

TYPE OF ASSISTANCE

There are limits on the amount of rent SAFFR assistance can be claimed for:

- for a 2 person family the maximum claimable is $400;
- for a 3 person family the maximum claimable is $425;
- for a 4 person or more family the maximum claimable is $450.

CONTACT

Shelter Allowance Programs
Manitoba Housing
1st Floor - 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-282-8069

Dauphin
27-2nd Avenue S.W.
Telephone: 638-9111

Thompson
59 Elizabeth Drive
Telephone:778-4411 Extension 330

The Pas
Telephone 623-6411

LANDLORD AND TENANT AFFAIRS

PURPOSE The purpose of this office is to regulate the amount and frequency of rent increases throughout the province and to mediate/arbitrate all other landlord-tenant disputes.

ELIGIBILITY Landlords and tenants of residential premises in Manitoba.

TYPE OF ASSISTANCE Receive and review landlord's applications for rent increases above the provincial guidelines;

- Receive and review tenants' objections to rent increases;
- Recommend allowable rent increases based on landlords' applications and tenants' objections;
- Investigate complaints by landlords or tenants and attempt to resolve dispute;
- Provide information and education to landlords and tenants.

CONTACT

Landlord And Tenant Affairs
302-254 Edmonton Street
Winnipeg, Manitoba, R3C 3Y4
Telephone: 945-2476
TOLL FREE 1-800-262-8069

URBAN NATIVE NON-PROFIT HOUSING PROGRAM

PURPOSE To assist Native households in need of obtaining affordable rental housing in communities of 2500 or more.

ELIGIBILITY Native non-profit housing corporations and Native non-profit co-operative housing associations.

TYPE OF ASSISTANCE Funds are available for the construction, acquisition, rehabilitation and operation of subsidized rental housing.

CONTACT
Kevin Nolan, Manager
Manitoba Housing
Urban Native Program
21st floor - 185 Smith Street
Winnipeg, Manitoba, R3C 3G4
Telephone: 945-4660

SCHOOL TAX ASSISTANCE FOR TENANTS 55 PLUS

PURPOSE This program is designed to provide an annual rebate to seniors to offset the school tax portion of rental payments.

ELIGIBILITY Pensioners aged 55 and over who rent their principle residence.

CRITERIA

- The amount of the rebate is calculated on the bases of total annual rent;
- property already exempt from school tax does not qualify;
- must be a rented principle residence.

TYPE OF ASSISTANCE Rebates up to $175.00 annually.

CONTACT

SHELTER ALLOWANCE PROGRAMS
1st Floor - 287 Broadway
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-262-8069

Regional Offices of Manitoba Housing:

DAUPHIN
27-2nd Avenue S.W. R7N 3E5
Telephone: 638-9111

THOMPSON DRIVE
59 Elizabeth Drive R8N 1X4
Telephone: 778-4411, Extension 330

THE PAS
Telephone: 623-6411

Local Community Health and Social Services offices, Province of Manitoba.

SENIORS RENTALSTART

PURPOSE	This program assists non-profit groups in developing rental housing for seniors.
ELIGIBILITY	Non-profit organizations.
TYPE OF ASSISTANCE	Manitoba Housing may provide mortgage financing for up to 80 per cent of the building's costs. Groups must contribute 20 per cent equity through land, capital or tenant contributions. Some suites may be subsidized for low-income seniors.
CONTACT	Manitoba Housing Mortgage Services Branch 1st Floor, 287 Broadway Avenue Winnipeg, Manitoba, R3C 0R9 Telephone: 945-2426 TOLL FREE: 1-800-282-8069

RESIDENTIAL REHABILITATION ASSISTANCE PROGRAM

PURPOSE This program is designed to assist homeowners in the improvement and repair of substandard dwellings.

ELIGIBILITY This program is available to homeowners, falling within need income threshold and residing in communities of 2500 people or less.

TYPE OF ASSISTANCE Assistance is in the form of a loan (maximum $25,000) of which part of the repayment may be forgiven.

CONTACT
Ed Swain
Gail Carriere
MMF Housing Branch
301-504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

Manitoba Housing Renewal Corporation
2nd Floor - 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-2300

The Pas Region:
Housing Development Officer
Philip Smith
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba, R9A 1M2
Telephone: 623-2790

Dauphin Region:
Housing Development Officer
Freeman Belhumeur
MMF Housing Branch
P.O. Box 118
Camperville, Manitoba, R0L 0J0
Telephone: 524-2143

Southwest Region:
Housing Development Officer
Craig Hockridge
MMF Housing Branch
656-6th Street
Brandon, Manitoba, R7A 3P1
Telephone: 727-3136

Thompson Region:
Housing Development Officer
Tom Merasty
MMF Housing Branch
207-83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone: 778-7301

Interlake Region:
Housing Development Officer
Don Buors
MMF Housing Branch
P.O. Box 44
St. Laurent, Manitoba, R0C 2S0
Telephone: 646-2878

Southeast Region:
Housing Development Officer
Max Bossi
MMF Housing Branch
P.O. Box 188
Powerview, Manitoba, R0E 1P0
Telephone: 367-2250

EMERGENCY REPAIR PROGRAM

PURPOSE This program provides assistance to people with limited income and in desperate need of home repair.

ELIGIBILITY Persons falling within need income threshold.

TYPE OF ASSISTANCE Assistance provided in the form of a grant of $1,500. for emergency repairs. It is a one time grant. This program is used to repair homes to a point that they will be in a liveable condition until such time as a new or existing home can be secured.

CONTACT
Ed Swain
Gail Carriere
Manitoba Metis Federation Housing Branch
301-504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

The Pas Region:
Housing Development Officer
Philip Smith
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba, R9A 1M2
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207-83 Churchill Drive
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P.O. Box 44
St. Laurent, Manitoba, R0C 2S0
Telephone: 646-2878

Southeast Region:
Housing Development Officers
Max Bossi
MMF Housing Branch
P.O. Box 188
Powerview, Manitoba, R0E 1P0
Telephone: 367-2250

04/89

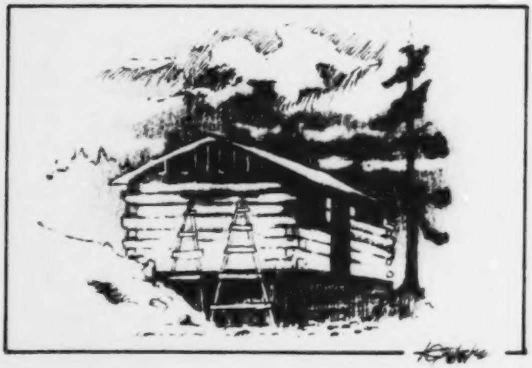
HOME REPAIR PROGRAMS

PURPOSE Various home repair programs are offered to assist pensioners and low income families with repair and rehabilitation of their own homes.

ELIGIBILITY Priority will be given to critical repairs that will increase the life expectancy and safety of the home. Eligible dwellings must be at least ten years old and the dwelling must be occupied. Assistance may be considered to other home owners in special circumstances.

TYPE OF ASSISTANCE Grants and loans are provided, with the amount of assistance dependent on family size and income.

CONTACT
Manitoba Housing
Home Repair Program
2nd Floor, 287 Broadway Avenue
Winnipeg, Manitoba, R3C 0R9
Telephone: 945-2300



HOME CHEC-UP PROGRAM

PURPOSE

The Home CHEC-UP Program offers homeowners in all parts of Manitoba the service of a trained energy advisor who will visit a home, conduct an energy analysis, and suggest the most cost-effective methods of reducing energy consumption.

ELIGIBILITY

- All registered Manitoba homeowners are eligible;
- the house itself must be a single detached, semi detached, duplex, triplex, fourplex, row house, mobile home;
- houses under construction and unoccupied dwelling are not eligible.

TYPE OF ASSISTANCE

A free Home CHEC-UP and thorough energy analysis.

CONTACT

Manitoba Energy and Mines Info Centre
Eaton Place
555 - 330 Graham Avenue
Winnipeg, Manitoba, R3C 4E3
Telephone: 945-4154
TOLL FREE: 1-800-282-8069

04/89

CHEC LOAN PROGRAM

PURPOSE

The CHEC Loan Program provides homeowners with a low-interest loan of up to $2,500 for approved materials and labour to implement retrofit measures.

ELIGIBILITY

- all registered Manitoba homeowners and landlords are eligible;
- the house itself must have been built prior to January 1, 1982, and must be detached or semi-detached, a triplex, a fourplex, a row house, or a mobile home.
- the homeowners must own the dwelling and the land it sits on.

TYPE OF ASSISTANCE

- the maximum loan available is $2,500 and the minimum is $250;
- the repayment term of the loan is to a maximum of 10 years;
- the loan is available at a guaranteed fixed interest rate of 8% for 3 years;
- loans are repaid on the homeowner's hydro bill;
- you can do the work yourself or hire a contractor;
- if you do the work yourself, the loan can only be used to cover the purchase of materials;
- loans must be approved before you order any materials or begin any work.

CONTACT

Manitoba Energy and Mines Info Centre
Eaton Place
555 - 330 Graham Avenue
Winnipeg, Manitoba, R3C 4E3
Telephone: 945-4154
TOLL FREE: 1-800-282-8069

BUSINESS/COMMUNITY CHEC LOAN

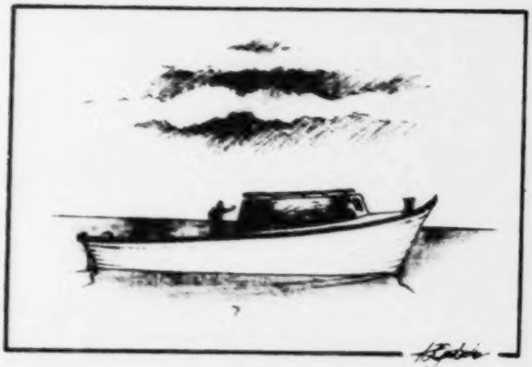
PURPOSE This program is designed to assist business and community based organizations to save money on energy costs through the completion of cost-effective energy conservation projects.

ELIGIBILITY Business/Community groups who have postponed energy saving renovations due to lack of capital funds.

TYPE OF ASSISTANCE

- Loan amounts are available from $3,000 - $32,000;
- Building must have been constructed prior to January 1, 1985;
- Total energy use should be reduced by at least 20%;
- A simple payback period of less than five years must be achieved;
- An energy audit must be completed prior to applying for a Business/Community CHEC Loan. Manitoba Energy and Mines provides a free energy audit service.

CONTACT
Manitoba Energy and Mines Info Centre
Eaton Place
555 - 330 Graham Avenue
Winnipeg, Manitoba, R3C 4E3
Telephone: 945-4154
TOLL FREE: 1-800-282-8069



MANITOBA METIS FEDERATION (MMF)

PURPOSE The MMF is a political organization which promotes the social, economic and cultural aspirations of the Metis people in Manitoba.

ELIGIBILITY Any person of Native ancestry, 14 years of age or over, who is not registered as an Indian under the Indian Act.

TYPE OF ASSISTANCE

- Housing program assists families in obtaining housing, renovations and emergency repairs.
- Child and Family Services Support program assists communities in establishing their own locally-controlled Child and Family Services Committee.
- Education program assists in securing application forms and information about educational opportunities including financial assistance and course requirements.
- Tripartite Program is the negotiation process involving the research, development and design of Metis self-government institutions.
- Resource and referral services.

CONTACT

Yvon Dumont, President
Billyjo DeLa Ronde, Executive Director
Manitoba Metis Federation
620 - 504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

REGIONAL OFFICES:

SOUTHEAST REGION

Joyce Gus
Box 188
Powerview, Manitoba, R0E 1P0
Telephone: 367-2258

NORTHWEST METIS COUNCIL

Ron Richard
18 - 2nd Avenue N.W.
Dauphin, Manitoba, R0L 0R0
Telephone: 638-9485

INTERLAKE REGION

Edgar Bruce Jr.
Box 44
St. Laurent, Manitoba, R0C 2S0
Telephone: 646-2887/2878

WINNIPEG REGION

Claire Riddle
215 - 504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 943-3214

THOMPSON REGION

Buddy Meade
207 - 83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone: 778-7301

SOUTHWEST REGION

John Lavallee
656 - 6th Street
Brandon, Manitoba, R7A 3P1
Telephone: 727-0759

THE PAS REGION

Hubert Sinclair
Box 2467
The Pas, Manitoba, R9A 1M2
Telephone: 623-5701

MANITOBA KEEWATINOWI OKIMAKANAK (MKO)

PURPOSE	The MKO is an Indian political organization that deals with economic, education, and social services; and health, treaty, land and aboriginal rights of status Indians in Northern Manitoba.

CONTACT
Charles Constant, Executive Director
Manitoba Keewatinowi Okimakanak
3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4431

URBAN INDIAN ASSOCIATION OF MANITOBA

PURPOSE UIA is an Indian political organization representing status and non-status urban Indians of Manitoba.

ELIGIBILITY Status and non-status urban Indians.

TYPE OF ASSISTANCE

- develops and promotes strategies in the fields of economics, social services, education and housing for implementation by government for urban Indians;
- advice and political support is also provided to individuals and/or groups where feasible.

CONTACT

Kelvin Pompana, President
Urban Indian Association of Manitoba
206 - 424 Logan Avenue
Winnipeg, Manitoba, R3A 0R4
Telephone: 947-3870 or 947-3871

Peter Pau Secretary
Urban Indian Association of Manitoba
Telephone: 943-5925

FIRST NATIONS CONFEDERACY (FNC)

PURPOSE	The FNC is an Indian political organization that deals with economic, education, social services, health, treaty, land and aboriginal rights of status Indians.

CONTACT
Executive Coordinator
Rick Kosmick
First Nations Confederacy
2nd Floor - 333 Garry Street
Winnipeg, Manitoba, R3B 2G7
Telephone: 944-8245

NORTHERN ASSOCIATION OF COMMUNITY COUNCILS (N.A.C.C.)

PURPOSE N.A.C.C. is a non-profit organization made up of 54 community councils to assist the communities in physical, economic and social development as well as providing information and acting as a lobby group for the communities.

CONTACT
Lena Friesen, Executive Director
Northern Association of Community Councils
510 - 500 Portage Avenue
Winnipeg, Manitoba, R3C 3X1
Telephone: 786-1488
TOLL FREE: 1-800-552-4825

INDIAN TRIBAL COUNCILS

PURPOSE The Council's work is aimed at assisting Bands in administration and financial management of local government on the reserve. The main objective of the Tribal Council is to generally unify and maintain and expand the interests, lives, and identity of the Band members. They work with the Department of Indian Affairs and Northern Development to further facilitate local government and the transfer of responsibility to the Chief and Council at the speed in which the Band will accept responsibility and accountability.

CONTACT Dakota-Ojibway Tribal Council
Administrator: Dave Daniels
702 Douglas Street
P.O. Box 1148
Brandon, Manitoba, R7A 5Z2
Telephone: 725-3560

Interlake Reserve Tribal Council
Administrator: Rene Toupin
P.O. Box 580
Ashern, Manitoba, R0C 0E0
Telephone: 768-3062

Island Lake Region
Administrator: David Tomasson
202-254 Edmonton Street
Winnipeg, Manitoba, R3C 3M2
Telephone: 947-0201

Keewatin Tribal Council
Executive Director: Tom Nepetaypo
102-83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone: 677-2341

Southeast Resource Development Council
Tribal Director: Joe Malcolm
201 - 511 Ellice Avenue
Winnipeg, Manitoba, R3C 1Y8
Telephone: 477-6050

Swampy Cree Tribal Council
Executive Director: Philip Dorion
P.O. Box 150
The Pas, Manitoba, R9A 1K3
Telephone: 623-3423

West Region Tribal Council
Administrator: Richard Roulette
21-4th Avenue N.W.
Dauphin, Manitoba, R7N 1H9
Telephone: 638-8225

MANITOBA ASSOCIATION OF FRIENDSHIP CENTRES (MAC)

PURPOSE	MAC is the political lobbying and public relations body representing all Indian and Metis Friendship Centres in Manitoba.
CONTACT	Manitoba Association of Friendship Centres Provincial Coordinator — Grace Buhr 605 - 213 Notre Dame Winnipeg, Manitoba, R3B 1N3 Telephone: 943-8082

INDIAN AND METIS FRIENDSHIP CENTRES (IMFC)

PURPOSE	IMFC's are designed to help and meet the needs of the Native community by providing information, counselling, referral, housing, employment and social services. It also provides social, cultural and recreational activities and workshops for the Native community.

CONTACT

Indian and Metis Friendship Centre
239 Magnus Avenue
Winnipeg, Manitoba, R2W 2B6
Telephone: 586-8441

Brandon Indian & Metis Friendship Centre
836 Lorne Avenue
Brandon, Manitoba, R7A 0T8
Telephone: 727-1407

Dauphin Indian & Metis Friendship Centre
210-1st Avenue N.E.
Dauphin, Manitoba, R7N 1R9
Telephone: 638-5707

Flin Flon Indian & Metis Friendship Centre
57 Church Street
Flin Flon, Manitoba, R8A 1M7
Telephone: 687-3900

Lynn Lake Indian & Metis Friendship Centre
624 Gordon Avenue
Box 460, Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-2445

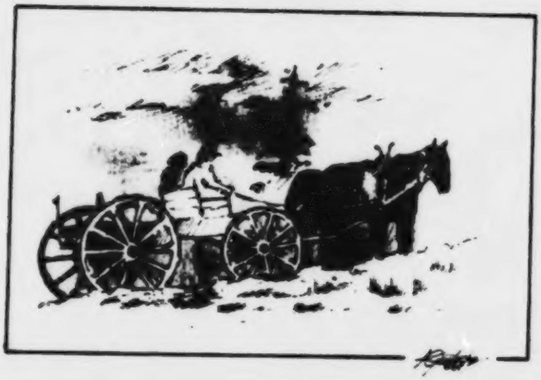
The Pas Indian & Metis Friendship Centre
81 Edward Avenue
Box 2638, The Pas, Manitoba, R9A 1M3
Telephone: 623-6459

Portage la Prairie Indian & Metis Friendship Centre
21 Royal Road S.
Portage la Prairie, Manitoba, R1N 3C5
Telephone: 239-6333

Selkirk Indian & Metis Friendship Centre
425 Eveline Street
Selkirk, Manitoba, R1A 2J5
Telephone: 482-7525

Swan River Indian & Metis Friendship Centre
Box 1448
Swan River, Manitoba, R0L 1Z0
Telephone: 734-9301

Thompson Indian & Metis Friendship Centre
Ma-Mow-We-Tak-Centre Inc.
122 Hemlock Crescent
Thompson, Manitoba, R8N 0R6
Telephone: 778-7337



TREATY AND ABORIGINAL RIGHTS RESEARCH CENTRE OF MANITOBA (T.A.R.R.)

PURPOSE T.A.R.R. provides historical research services to 54 Indian Bands of Manitoba. Through the years the focus of research has been on Indian rights such as Treaty land entitlement, Treaty rights, hunting, fishing, trapping and gathering rights and on Indian lands (reserve alienations, surrenders, leases, expropriations)

CONTACT
Treaty and Aboriginal Rights Research Centre of Manitoba
Ralph Abramson, Director
202 - 233 Portage Avenue
Winnipeg, Manitoba, R3B 2A7
Telephone: 943-6456

Treaty and Aboriginal Rights Research Centre
John Ross, Assistant Director
3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4431

MANITOBA METIS FEDERATION CHILD AND FAMILY SERVICES SUPPORT PROGRAM

PURPOSE

The M.M.F. Child Welfare Program provides advice and technical assistance to M.M.F. Board of Directors on issues respecting Metis children and families in the Province of Manitoba. Services provided are:

- identifying and researching child welfare which directly and indirectly affect the overall planning and development of services to Metis children and families
- designing, developing and implementing program delivery systems consistent with Metis culture and philosophy
- recommending mechanisms for resolution and policy, practice and procedural issues with the Provincial child welfare system
- providing assistance to Metis communities and attempting to develop or improve local services related to child and family support
- organizing community education in child and family issues
- assisting Metis communities or Metis individuals involved in the defence of child and parent rights
- access as an advocacy

CONTACT

Mervin Moar, Provincial Coordinator
Manitoba Metis Federation
Child and Family Support Program
620 - 504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

M.M.F. Regional Office
Child and Family Support Program
c/o Northwest Metis Council
18 - 2nd Avenue
Dauphin, Manitoba, R0L 0R0
Telephone: 638-9485

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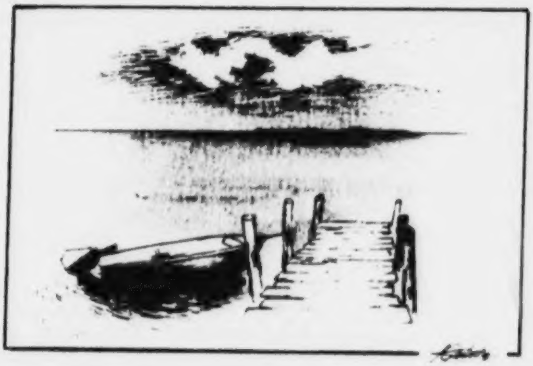
M.M.F. Regional Office
Child and Family Support Program
Rm 207 - 83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone: 778-7301



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AWASIS AGENCY

PURPOSE

The Awasis Agency is an independent Indian Child Care Agency in Northern Manitoba which provides services to 25 Northern Reserves. The Awasis Agency of Northern Manitoba is responsible for Indian child welfare which include developmental, preventative, protective and rehabilitative needs of the child and the family. Each of the 25 bands Awasis Agency has a local Child Welfare Committee adapted to their local.

CONTACT

Catherine Mercer, Supervisor
Awasis Agency of Northern Manitoba
3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4401

Diane Dorion, Supervisor
Awasis Agency of Northern Manitoba
Box 3910
Otineka Mall
The Pas, Manitoba, R9A 1K6
Telephone: 623-7456

Alfred Wood, Supervisor
Awasis Agency of Northern Manitoba
General Delivery
Garden Hill, Manitoba, R0B 0T0
Telephone: 456-2015

Stephen Pranteau, Supervisor
Awasis Agency of Northern Manitoba
301 - 280 Smith Street
Winnipeg, Manitoba, R3C 1K2
Telephone: 943-3335

DAKOTA OJIBWAY CHILD & FAMILY SERVICES (DOCFS)

PURPOSE DOCFS is an Indian Child Caring Agency serving Indian families and children on the eight Dakota Ojibway Tribal Council reserves.

CONTACT Executive Director
702 Douglas Street
P.O. Box 1148
Brandon, Manitoba, R7A 6A4
Telephone: 725-3560
725-1736

ANISHINAABE CHILD AND FAMILY SERVICES INC.

PURPOSE Anishinaabe is an Indian Child and Family Service Agency mandated under The Child and Family Services Act of Manitoba to provide preventative child and family services within the Interlake Reserves Tribal Council (8 reserves) and the Dakota Tipi Reservation.

CONTACT
Pearl Marsden
Executive Director
Anishinaabe Child and Family Services Inc.
Box 580
Ashern, Manitoba, R0C 0E0
Telephone: 659-4546

Dolores Compton, Outreach Co-ordinator
Outreach Office
Mezzanine Floor - 318 Smith Street
Winnipeg, Manitoba, R3B 2H1
Telephone: 942-0788

Georgina Crate, Co-ordinator
Local Child Care Committee
Peguis Sub Office
Peguis Indian Reserve
Hodgson, Manitoba, R0C 1N0
Telephone: 645-2101 or 645-2055

NATIVE WOMEN'S TRANSITION CENTRE

PURPOSE The Native Women's Transition Centre is a home for Native women and their children who are in the process of changing present life situation. It is a place where there is support and access to resources to enable the women to grow and develop their skills in becoming more self determining.

CONTACT Josie Hill
Executive Director
Native Women's Transition Centre
367 Selkirk Avenue
Winnipeg, Manitoba, R2W 2M3
Telephone: 586-8487/88

INDIAN FAMILY CENTER

PURPOSE

Indian Family Centre assists in the development and maintenance of the Native self-sustaining community in a spiritual, socially-oriented way enabling Native families to live a dignified harmonious life in the city.

ELIGIBILITY

Native individuals or groups.

TYPE OF ASSISTANCE

- Classroom, multipurpose room and kitchen facilities available
- Pastoral services available

CONTACT

Henk DeBruyn, Director
Indian Family Centre
470 Selkirk Avenue
Winnipeg, Manitoba, R2W 2M5
Telephone: 586-8393

WALNUT RECEIVING HOME

PURPOSE The Walnut Receiving Home provides assistance for northern Natives who require medical treatment in Winnipeg. Assistance provided includes meals and accommodations. In addition, rooms are available to those in need of safe temporary housing. The Home is operated by the Native Ministries, Conference of Mennonites.

CONTACT Walnut Reception Home
171 Walnut Street
Winnipeg, Manitoba, R3G 1P3
Telephone: 786-1991

PROJECT NEECHEEWAN INC.

PURPOSE

Community-based treatment programs to meet specific needs of native children requiring assistance and direction away from their homes; to recognize, promote and develop each child's sense of identity and self-worth. Group homes at 97 Nassau Street, (boys 11 - 17 years) and 320 Stradbrook Avenue, (girls 11 - 17 years). Emphasis on native lifestyle and activities. All programs offer professional treatment delivery, with emphasis on special education and recreational programs.

ELIGIBILITY

Children must be referred by a recognized child welfare agency.

TYPE OF ASSISTANCE

- foster homes
- extended supervision program/independent living program
- consulting/counselling services

CONTACT

Michael Ateah, Director
Project Neecheewan Inc.
Suite 19 - 222 Osborne Street S.
Winnipeg, Manitoba, R3L 1Z3
Telephone: 453-0911

MA MAWI WI CHI ITATA CENTRE, INC.

PURPOSE

The Centre provides a variety of support services to Native families and children in the City of Winnipeg. The Centre is based upon the Native concept that the care of children is not the sole responsibility of only the parents but also the responsibility of each member of the community.

TYPE OF ASSISTANCE

Community Resource Program

- day care centres
- emergency family support homes
- 24-hour crisis line and emergency shelters
- support homes for single adolescent mothers
- youth community economic development initiatives
- Haven House
- safe house for teenage prostitutes
- group homes/open custody homes
- youth support, development and drop-in centre
- Ikwewak Ma Mawi Wi Chi Itata
- grandparents program
- housing and support program for high risk families
- support centre for Native adolescent parents
- transition centre for Native adolescents
- youth camps
- family camps
- community education
- newsletter

Direct Services to Children and Families

- housing assistance/registry
- youth recreational activities
- community outreach
- volunteer support
- advocacy
- family support
- youth support
- employment preparation
- peer tutoring
- clothing and furniture depot
- case work services
- mediation
- repatriation
- support groups
- play therapy for children
- fine options
- transition services
- family violence project
- juvenile prostitution
- emergency services

TYPE OF ASSISTANCE (Cont.)

Community Health Services
- community health education
- well-baby clinics
- family fitness centre

Educational Resources
- community education
- adult education
- development education for women
- employment preparation
- peer tutoring
- early childhood centre
- elementary and junior high school

Family Economic Development Program
- development education training resource centre
- community planning network
- project planning and implementation

CONTACT

Ma Mawi Wi Chi Itata Centre, Inc.
2nd Floor - 531 Notre Dame Avenue
Winnipeg, Manitoba, R3B 1S2
Telephone: 774-6531

KINEW HOUSING CORPORATION

PURPOSE

Kinew Housing is a non-profit housing service for Native people in Winnipeg. Kinew Housing provides rental services to Native people, in addition it provides orientation, and referral for educational and vocational training skills.

CONTACT

Stan Fulham
Manager
Kinew Housing Corp.
201 - 424 Logan Avenue
Winnipeg, Manitoba, R3A 0R4
Telephone: 956-5093

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M.M.F. EDUCATIONAL SERVICES

PURPOSE The purpose of the Manitoba Metis Federation Educational Service is to develop a coordinated education policy for Metis in Manitoba.

ELIGIBILITY Metis and Non-Status Indians are eligible to participate in the service.

TYPE OF ASSISTANCE Briefly the services provided are:

- to assess the educational need of Metis people in Manitoba and to develop alternatives where necessary
- to provide educational services to Metis and Non-Status Indian students
- to assess program and policies of the Manitoba Department of Education and other educational institutions
- to provide on-going liaison with the M.M.F. regarding development of education policy

CONTACT Audreen Hourie, Coordinator
Manitoba Metis Federation
620-504 Main Street
Winnipeg, Manitoba, R3B 1B8
Telephone: 942-8304

INDIAN METIS INUIT STUDENT ASSOCIATION (IMISA)

PURPOSE IMISA is a Native student organization at the University of Manitoba that oversees the social, cultural and recreational needs of students on campus. In addition, students have a lounge which allows them to gather and meet informally.

ELIGIBILITY Any Native student taking at least one course at the University of Manitoba.

TYPE OF ASSISTANCE Students help one another through newly formed friendships and sharing ideas.

CONTACT
Indian Metis Inuit Student Association
541 University Centre
University of Manitoba
Winnipeg, Manitoba, R3T 2N2
Telephone: 474-8350

YELLOWQUILL COLLEGE

PURPOSE To provide educational and training opportunities which are uniquely suited to the aspirations of Native people in Manitoba. The college provides each student with the opportunity to assess his/her abilities, to determine career or occupational goal, and to plan a course of study which will provide the necessary skills and knowledge to attain that goal.

ELIGIBILITY Students must be at least 18 years of age and meet the entrance requirements for the different programs.

Students must submit documentation of previous education, such as a high school transcript, community college transcript, GED scores, or the required grade level on the placement test administered by the college. The test is administered once a month throughout the school year.

TYPE OF ASSISTANCE Students are assisted with special counselling and tutoring services.
Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.

CONTACT
Shirley Myran, Director
Yellowquill College
P.O. Box 1599
Crescent Road West
Portage la Prairie, Manitoba, R1N 3P1
Telephone: 239-1570

YELLOWQUILL COLLEGE
ENTRANCE PREPARATION PROGRAM

PURPOSE	To provide students with the classes and skills they need to enter programs of specific training in vocational areas offered by provincial community colleges and technical institutions. Duration of Program: Ten (10) months.
ELIGIBILITY	Student must meet the entrance requirements: admission to Yellowquill College, completion of a regular high school grade 10, GED grade 10, Adult grade 10, or grade 10 standing on the placement test.
TYPE OF ASSISTANCE	Students are assisted with special counselling and tutoring services. Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.
CONTACT	Shirley Myran, Director Yellowquill College P.O. Box 1599 Crescent Road West Portage la Prairie, Manitoba, R1N 3P1 Telephone: 239-1570

YELLOWQUILL COLLEGE
UNIVERSITY ENTRANCE PREPARATION PROGRAM

PURPOSE

To provide students with the classes they need to gain admission to university and to prepare them for university studies. Since university entrance requirements vary, the student is urged to consult the calendar of the university of his choice and plan his course of study accordingly.

Duration of Program:
Ten (10) months.

ELIGIBILITY

Student must meet the entrance requirements: admission to Yellowquill College, completion of a regular high school grade 11, GED grade 11, Adult grade 11, or grade 11 standing on the placement test.

TYPE OF ASSISTANCE

Students are assisted with special counselling and tutoring services.
Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.

CONTACT

Shirley Myran, Director
Yellowquill College
P.O. Box 1599
Crescent Road West
Portage la Prairie, Manitoba, R1N 3P1
Telephone: 239-1570

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YELLOWQUILL COLLEGE
NATIVE ECONOMIC DEVELOPMENT PROGRAM

PURPOSE This twelve (12) month program with two months designated for summer work practicum, is designed to provide Native men and women with recognized economic development skills and knowledge qualifying them as planners, Economic/Community Development Workers, Band Managers and Financial Administrators.

ELIGIBILITY Students must have a grade XII education, or an Adult XII standing or score at the required level on the college placement test.

Students must demonstrate ability and interest in Native Economic Development and Management.

TYPE OF ASSISTANCE Students are assisted with special counselling and tutoring services.
Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.

CONTACT Mark Fouad, Instructor - N.E.D.P.
Yellowquill College
P.O. Box 1599
Portage la Prairie, Manitoba, R1N 3P1
Telephone: 239-1570

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YELLOWQUILL COLLEGE
BUSINESS ADMINISTRATION PROGRAM

PURPOSE	This program is designed to enable participants to work in both native and non-native environments. Students study in the areas of Accounting, Computer, Business Law and Business Management. This two-year program will include a 2 month practicum in a setting which will enable the student to put concepts learned into practise.
ELIGIBILITY	Student must meet the entrance requirements: admission to Yellowquill College, completion of a regular high school grade 12, GED grade 12, Adult grade 12, or grade 12 standing on the placement test.
TYPE OF ASSISTANCE	Students are assisted with special counselling and tutoring services. Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.
CONTACT	Shirley Myran, Director Yellowquill College P.O. Box 1599 Crescent Road West Portage la Prairie, Manitoba, R1N 3P1 Telephone: 239-1570

YELLOWQUILL COLLEGE - CLERICAL - OFFICE SKILLS PROGRAM

PURPOSE	To learn the skills needed to qualify for positions as clerk typist, bookkeeper, payroll clerk, or receptionist. Duration of Program: Completion of ten (10) classes in forty weeks of training.
ELIGIBILITY	Student must meet the entrance requirements: admission to Yellowquill College, completion of a regular high school grade 11, GED grade 11, Adult grade 11, grade 11 score on the placement test or completion of college entrance preparation certificate.
TYPE OF ASSISTANCE	Students are assisted with special counselling and tutoring services. Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.
CONTACT	Shirley Myran, Director Yellowquill College P.O. Box 1599 Crescent Road West Portage la Prairie, Manitoba, R1N 3P1 Telephone: 239-1570

YELLOWQUILL COLLEGE - SECRETARIAL - OFFICE SKILLS PROGRAM

PURPOSE Provides advanced skills in secretarial and office work needed to qualify for positions such as secretary, executive secretary, and administrative assistant. The emphasis is on advanced typing, office procedures and work processing.

Duration of Program:
Completion of ten classes in forty weeks of training.

ELIGIBILITY Student must meet the entrance requirements: admission to Yellowquill College, completion of a regular high school grade 12, GED grade 12, Adult grade 12, grade 12 score on the placement test or completion of the Clerical certificate.

TYPE OF ASSISTANCE Students are assisted with special counselling and tutoring services.
Information regarding financial assistance can be obtained through Dakota Ojibway Tribal Council, Manitoba Indian Education Association or Student Aid Branch.

CONTACT
Shirley Myran, Director
Yellowquill College
P.O. Box 1599
Crescent Road West
Portage la Prairie, Manitoba, R1N 3P1
Telephone: 239-1570

NATIVE COURT COMMUNICATORS

PURPOSE This service is for Native people involved in the criminal court process, who require guidance on the best course of action. The court communicators act as liaison with police; advise the accused of alternative courses of action open to them; assist in contacting legal counsel, and assist in communication between counsel and accused; obtain legal advice where necessary; assist those in custody to be released on bail or otherwise; assist the accused and police to contact relatives, social agencies, etc., act as liaison with Probation Services; maintain contacts with reserves and with Indian and Metis organizations.

CONTACT

(Al) J.G. Chartrand
Chief Court Communicator
202-254 Edmonton Street
Winnipeg, Manitoba, R3C 3Y4
Telephone: 943-0621

Rosalie Dickinson
3rd Floor - Public Safety Building
151 Princess Street
Winnipeg, Manitoba, R3B 1L1
Telephone: 942-6829

Arthur L. Wambidee
1104 Princess Avenue
Brandon, Manitoba, R7A 0P9
Telephone: 726-6486

Rosemarie McPherson
27-2nd Avenue S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

Ronald Ballantyne
P.O. Box 64
Grand Rapids, R0C 1E0
Telephone: 639-2276

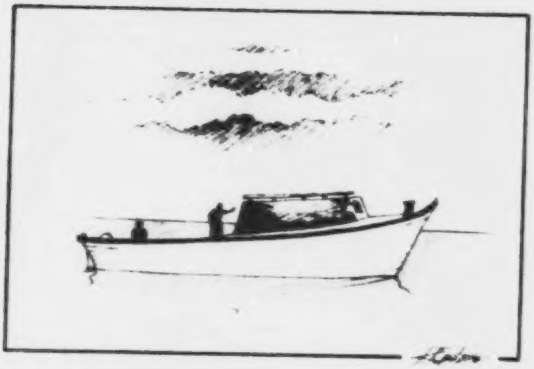
Lorne Atkinson
General Delivery
St. Mark's, Manitoba, R0H 1K0
Telephone: 239-6333

Henry L. Muswagon
P.O. Box 2214
The Pas, Manitoba, R9A 1L8
Telephone: 623-5747

Bernice Cartwright
Lillian Paton
59 Elizabeth Drive
Thompson, Manitoba, R8N 1S7
Telephone: 778-4411

Bert Fontaine
P.O. Box 325
Pine Falls, Manitoba, R0E 1M0
Telephone: 367-2208

Marjory Fontaine
Brian Lamirande
Room 314 - 408 York Avenue
Winnipeg, Manitoba, R3H 0Z6
Telephone: 942-6829



NATIVE CLAN ORGANIZATION

PURPOSE The Native Clan offers counselling services by Native staff to Native women and men inmates who are in Headingley or Stony Mountain. Beside counselling it also provides parole planning, parole/mandatory supervision. Native Clan also operates a halfway home, Regina House, on 160 Mayfair Avenue in Winnipeg.

CONTACT
Curtis Fontaine
Executive Director
Native Clan Organization
202-254 Edmonton Street
Winnipeg, Manitoba, R3C 3Y4
Telephone: 943-7357

JOHN HOWARD SOCIETY OF MANITOBA
JOB PLACEMENT PROGRAM

PURPOSE	This program is designed to help individuals who have experienced conflict with the law re-establish themselves in the employment community.
ELIGIBILITY	All males or females, sixteen years of age and older, who have experienced conflict with the law.
TYPE OF ASSISTANCE	Counselling and placement of clients with employers.
CONTACT	Bob McGill John Howard Society of Manitoba Job Placement Program 165 Garry Street Winnipeg, Manitoba, R3C 1G7 Telephone: 942-2244

MAIN STREET PROJECT

PURPOSE The Main Street Project exists to work with those individuals in the inner city of Winnipeg, who are in need and unable to function due to alcoholism or other chemical dependents or to being intoxicated, injured, abused, lost or homeless. The role of the project is to assist those individuals through their periods of crisis and to assist them to make the best possible use of rehabilitation and support services that exist in Winnipeg.

ELIGIBILITY Referrals from any source including self referrals.

TYPE OF ASSISTANCE

- 24 hour crisis intervention and emergency referral service
- detoxification centre
- emergency overnight shelter
- intoxicated persons detention area
- client-community advocacy
- short-term hostel at 105 Galt Avenue, Winnipeg

CONTACT

John Rodgers, Executive Director
Main Street Project
75 Martha Street
Winnipeg, Manitoba, R3B 1A4
Telephone: 942-0434

FORENSIC BEHAVIORAL MANAGEMENT CLINIC

PURPOSE	This community based clinic offers comprehensive assessments and a multidisciplinary treatment program for sex offenders. The clinic will assess and treat child molesters, incest offenders and rapists.
ELIGIBILITY	Acceptance into the treatment program is conditional upon the results of pre-treatment assessment. The program is open to native and non-native offenders.
TYPE OF ASSISTANCE	Specialized treatment of sexual offenders.
CONTACT	Native Clan Organization Inc. Curtis Fontaine, Executive Director or Lawrence Ellerby, Psychologist 202 - 254 Edmonton Street Winnipeg, Manitoba, R3C 3Y4 Telephone: 943-7357

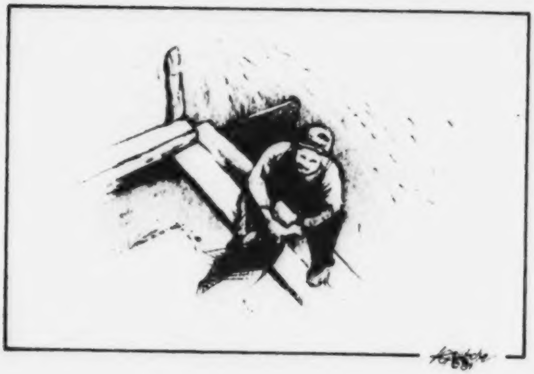
PEMMICAN PUBLISHERS

PURPOSE	Pemmican Publishers is a Manitoba Metis Federation publishing company dealing with Native people in Canada. Books can be purchased at this address.
CONTACT	Pemmican Publishers 411-504 Main Street Winnipeg, Manitoba, R3B 1B8 Telephone: 942-0926

NORTHERN TRADITIONS

PURPOSE Northern Traditions is a Metis owned retail shop featuring traditional and contemporary Metis, Indian and Inuit art and hand crafted goods. Merchandise includes moccasins, mukluks, northern parkas, Cowichan sweaters, books, baskets, masks, jewellery, carvings, beadwork, quill work, birchbark bitings and more.

CONTACT Edmond Roy
Northern Traditions
233 McDermot Avenue
Winnipeg, Manitoba, R3B 0S4
Telephone: 942-5917

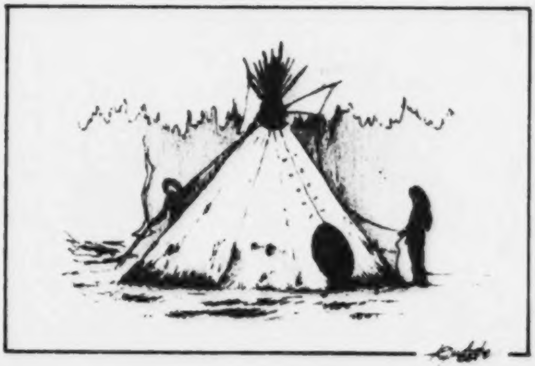


PEACE HILLS TRUST COMPANY

PURPOSE Peace Hills Trust Company is a federally incorporated trust company, licensed to do business in Manitoba, Saskatchewan, Alberta and British Columbia. It's Winnipeg office caters to the northern and native population of Manitoba. Services include:

- C.M.H.C. 56.1 housing;
- on reserve collateral loans
- cash management
- chequing/savings/current accounts
- guaranteed investment certificates
- SPIRIT 55 (an account for those 55 and over)
- registered retirement savings accounts
- consumer loans
- mortgages
- all Native Pension Fund

CONTACT Mr. Brian Bender
Manager
Peace Hills Trust Company
244 Portage Avenue
Winnipeg, Manitoba, R3C 0B1
Telephone: 943-8093



ME-DIAN CREDIT UNION

PURPOSE Me-dian Credit Union of Manitoba Ltd. is a provincially incorporated co-operative financial institution, owned and controlled by its Indian and Metis members. Me-dian Credit Union operates within Credit Unions and Caisse Populaire Act and regulations.

ELIGIBILITY Loan applicants must meet standard credit granting criteria and conform to Credit Union Policies and Regulations of the governing legislation.

TYPE OF ASSISTANCE

- chequing accounts
- savings accounts
- term deposits
- personal loans
- mortgage loans
- business loans and lines of credit
- financial counselling
- subordinate services include money orders, travellers cheques, foreign exchange, RRSP's, Canada Savings Bonds
- a teller's station operates Friday of each week in Grand Rapids at the Band office (open 9 a.m. to noon and 1 p.m. to 4 p.m. for members wishing to make deposits and cash cheques).

CONTACT

Manager
Me-dian Credit Union
174 Fort Street
Winnipeg, Manitoba, R3C 1C9
Telephone: 943-9111

NATIVE EMPLOYMENT SERVICES OF WINNIPEG INC.

PURPOSE	This organization offers a complete employment service to Native (Treaty, Non-Status, Metis and Inuit) people in Winnipeg.
TYPE OF ASSISTANCE	Services include individual counselling to develop plans of action and workshops for career exploration, interview practice and resume preparation.
CONTACT	Native Employment Services of Winnipeg Inc. 210 - 388 Donald Street Winnipeg, Manitoba, R3B 2J4 Telephone: 943-0401

04/89

NATIVE CITIZENS' DIRECTORATE

PURPOSE	To help Canada's Aboriginal peoples to stengthen their communities, maintain their heritage and adapt to life in urban areas when desired.
ELIGIBILITY	Aboriginal non-profit voluntary groups and/or organizations.
TYPE OF ASSISTANCE	Financial and technical assistance to Native Social Cultural Development, Friendship Centres, Aboriginal Women's groups, Native Comunications Societies and Aboriginal representative organizations.
CONTACT	Native Program Officer Department of the Secretary of State of Canada Native Citizens' Directorate 201 - 203 Main Street Winnipeg, Manitoba, R3C 3G7 Telephone: 983-3601

ABORIGINAL WOMEN'S PROGRAM

PURPOSE

The purpose of the Aboriginal Women's Program is to advance the participation of Aboriginal women in their own communities and in Canadian society. All Aboriginal women's groups/organizations are eligible to apply. Support will remain dependent on the type of project submitted. Project funds are available.

CONTACT

Connie Eyolfson
Aboriginal Women's Program Officer
Secretary of State
201 - 303 Main Street
Winnipeg, Manitoba, R3C 3G7
Telephone: 983-3601

NATIVE AFFAIRS SECRETARIAT

PURPOSE The Native Affairs Secretariat serves as the staff resource to the Minister Responsible for Native Affairs. The Secretariat assumes a coordination and liaison role within all government departments in the development of policy concerning Native issues. In addition, Secretariat staff work in cooperation with Native organizations in researching and analyzing various Aboriginal issues.

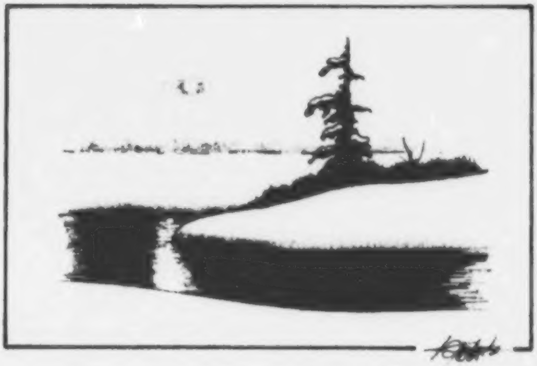
CONTACT Edgar Rasmussen, Acting Director
Native Affairs Secretariat
321 - 1200 Portage Avenue
Winnipeg, Manitoba, R3G 0T5
Telephone: 945-0572

04/89

OLD AGE SECURITY (O.A.S.)

PURPOSE O.A.S. program is designed to provide full or partial monthly benefit payable to Canadian Citizens at age sixty-five or over provided they meet certain residential requirements. The monthly cheques are tied to the cost of living index. This is a taxable income. To start receiving benefits without delay, you should apply six months before your 65th birthday.

CONTACT
Old Age Security
Income Security Programs
Health & Welfare Canada
Main Floor; Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4C8
Telephone: 983-3640



SPOUSE'S ALLOWANCE

PURPOSE The Spouse's Allowance is paid to the spouse of an Old Age Security Pensioner. The monthly benefit paid to spouses of Old Age Security pensioners based on combined income of couple if spouse is between 60-65 years of age. The spouse's allowance is not taxable income.

CONTACT
Spouse's Allowance
Income Security Program
Health & Welfare Canada
Main Floor, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4C8
Telephone: 983-3640

55 PLUS — A MANITOBA INCOME SUPPLEMENT

PURPOSE

55-Plus — Manitoba Income supplement, is designed to provide quarterly income supplements for low-income Manitobans aged 55 or over.

ELIGIBILITY

- There are two components of the 55 Plus program:
  - Manitobans 55 years and over may be eligible for M.S.P. benefits if their income is within a specified income range. An application is necessary.
  - For pensioners receiving certain levels of the federal Guaranteed Income Supplement or Spouse's Allowance the payment is automatic and no application is necessary.

TYPE OF ASSISTANCE

Manitobans in both components receive cheques four times a year if they qualify.

CONTACT

55 Plus — A Manitoba Income Supplement
Manitoba Employment Services and Economic Security
300 - 294 Portage Avenue
Winnipeg, Manitoba, R3C 4K3
Telephone: 945-4416
TOLL FREE: 1-800-282-8073

GUARANTEED INCOME SUPPLEMENT (G.I.S.)

PURPOSE	Persons whose sole source of income is Old Age Security pension or whose income is below certain levels are entitled to a Guaranteed Income Supplement. This is a federal program that ensures that every senior has a guaranteed minimum income.
ELIGIBILITY	To qualify, you and your spouse together must have little or no income other than the Old Age Security pension. Applications must be filled out annually.
CONTACT	Guaranteed Income Supplement Income Security Program Health & Welfare Canada Main Floor, Eaton Place 330 Graham Avenue Winnipeg, Manitoba, R3C 4C8 Telephone: 983-3640

CANADA PENSION (C.P.P.)

PURPOSE

The C.P.P. is a federal government plan which provides pensions for all Canadians participating in workforce. The amount of pension received from the plan depends upon the length of time in the workforce and the amount of contributions which have been made.

ELIGIBILITY

- **Retired** — monthly pension payable as early as age 60.
- **Disability** — monthly pension for contributors who become disabled within the meaning of C.P.P. Act before reaching age 65. Monthly benefits for dependent children of the disabled contributor.
- **Survivor and Orphan Benefits** — Death benefit payable to Estate; a monthly pension for the surviving spouse; a monthly benefit for the surviving children.

CONTACT

Canada Pension Plan
Income Security Programs
Health & Welfare Canada
Main Floor, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4C8
Telephone: 983-3640

NEW HORIZONS

PURPOSE New Horizons is a unique program developed by federal government to encourage and enable retired Canadians to become actively involved in the life of their community. This objective is accomplished thru the distribution of cash grants to groups of older people to provide them with an opportunity to share the interests, skills and talents in developing and carrying out projects of their own choosing.

ELIGIBILITY To be eligible for a grant under the New Horizons Program a group must consist of at least ten volunteers who will serve as the directors of the project. Seventy percent of the directors must be older people, retired from the work force and willing to assume responsibility for the direction of management of the proposed activity.

TYPE OF ASSISTANCE Grants will be provided to either start up new activities or expand existing activities. Grant may cover expenses incurred in planning, organizing and operating the activity such as rent, utilities, furniture, equipment, materials for arts and crafts, minor alterations for space and publicity. Limited funds may be available for capital expenditure or for travel. New Horizons funds may not be used to pay salaries for project director or participants.

CONTACT

New Horizons
Eaton Place
340 Graham Avenue
Winnipeg, Manitoba, R3C 4C2
Telephone: 983-2833

SENIOR CITIZENS JOB BUREAU INC.

PURPOSE	Free employment referral service to people over 60 and free applicant referral service to employers of whatever age, either household or businesses.

CONTACT
Senior Citizens Job Bureau Inc.
300-323 Portage Avenue
Winnipeg, Manitoba, R3B 2C1
Telephone: 943-8864

04/89

MANITOBA SOCIETY OF SENIORS (MSOS)

PURPOSE

This non-profit, voluntary organization was developed by and for seniors 55 years of age and over. It is designed to represent all 55 Plus of Manitoba and to seek solutions to their needs. It does this by stimulating community action to meet the needs of seniors.

ELIGIBILITY

- $15 annual membership fee per household

TYPE OF ASSISTANCE

For Members Only

- Referral services
- Monthly newspaper
- Lawyer referral (reduced fee schedule for simple services)
- free financial counselling
- free Commissioner-of-Oaths services

For Any Individual 55 or Over

- travel service
- photocopying
- participation in MSOS 55 Plus Games

CONTACT

Maureen Kachmar
Regional Development Director
Manitoba Society of Seniors
803 - 294 Portage Avenue
Winnipeg, Manitoba, R3C 0B9
Telephone: 942-3147

ROYAL CANADIAN LEGION MANITOBA

PURPOSE Assists veterans with claims for disability pensions, War Veterans Allowance application and appeals; financial assistance for veterans and dependents in need, through benevolent fund; donations to charitable organizations. Branches raise funds for variety of community projects. Branches located throughout province; consult telephone directory.

CONTACT Royal Canadian Legion
403 Eveline Street
SELKIRK, Manitoba, R1A 1N8
Telephone: 482-4319

Royal Canadian Legion
Box 268
THOMPSON, Manitoba, R8N 1N1
Telephone: 677-3801

Royal Canadian Legion
Box 774
DAUPHIN, Manitoba, R7N 3B3
Telephone: 638-4053

Royal Canadian Legion
Box 478
THE PAS, Manitoba, R9A 1K6
Telephone: 623-5336 or 623-3751

04/89

THOMPSON CRISIS CENTRE

PURPOSE The Thompson Crisis Centre is open twenty four hours a day and provides short term accommodation for battered women and their children.

ELIGIBILITY Physically and emotionally abused women and their children as well as sexual-assault victims.

TYPE OF ASSISTANCE

- 24-hour crisis line and support services (Telephone 778-7273 in Thompson or Toll Free: 1-800-442-0613 for northern regions)
- escort and accompaniment counselling
- resource and referral services
- Victim Witness Advocate Program
- support groups for abused women
- short and long-term residential accommodation and services at NORTH-WIN HOUSE
- individual/group counselling
- life skills programs
- child development program
- satellite school program

CONTACT

Thompson Crisis Centre
22 - 55 Selkirk Avenue
Thompson, Manitoba, R8N 0M5
Telephone: 677-9668 or 667-2723
24 hour line: 778-7273 in Thompson or
TOLL FREE: 1-800-442-0613 in northern regions

OSBORNE HOUSE

PURPOSE	Osborne House provides a 24-hour emergency shelter service for women (with or without) children who are physically, emotionally or sexually abused.

TYPE OF ASSISTANCE

- one-on-one counselling for women
- resource and referral services
- advocacy services
- escort when necessary ie. court
- 24-hour crisis line (775-8197)
- support groups for women
- child care available
- one-on-one counselling for children
- public education workshops
- volunteer program

CONTACT

Osborne House
Marlene Bertrand, Director
Beth Domine, Senior Counsellor
Linda DeNora, Administrative Assistant
Telephone: 783-8210
24-hour line: 775-8197

04/89

MANITOBA WOMEN'S DIRECTORATE

PURPOSE

The Manitoba Women's Directorate works with service providers and government agencies and departments to eliminate barriers and enhance services and opportunities for women.

TYPE OF ASSISTANCE

- working with government departments to develop and co-ordinate policies which will result in equal opportunities for women;
- identifying gaps in policies, programs and legislation which may discriminate against women;
- analysing and monitoring proposed and existing policies, programs and legislation to identify their impact on women;
- compiling research, position papers, briefs for government;
- providing information to government and to the public on issues of concern to women.

New and ongoing issues include wife abuse, day care, job creation, affirmative action, training and non-traditional jobs, legal, and justice issues, health, women in business, work-related issues, pensions, family law, pay equity, economic equality, federal/provincial issues, human rights and resources to women.

CONTACT

Manitoba Women's Directorate
4th Floor - 500 Portage Avenue
Winnipeg, Manitoba, R3C 3X1
Telephone: 945-3476
TOLL FREE: 1-800-282-8069
TDD Line: 945-1352

PROVINCIAL COUNCIL OF WOMEN OF MANITOBA

PURPOSE	Acts as a lobbying body at the provincial level on behalf of various womens' groups and organizations concerning a wide range of issues relating generally to the improvement of social conditions for the Community and Family.
CONTACT	Joan Butcher, President Provincial Council of Women of Manitoba Box 2419 Winnipeg, Manitoba, R3C 4A7 Telephone: 775-9741 or 774-1334

04/89

MANITOBA ACTION COMMITTEE ON THE STATUS OF WOMEN

PURPOSE

MACSW is a volunteer, non-profit organization, working with a feminist analysis to effect social and political change. Our main efforts are concentrated on public education and political action to challenge stereotypes and address inequalities affecting women in Manitoba.

CONTACT

Manitoba Action Committee on the Status of Women
16 - 222 Osborne Street S.
Winnipeg, Manitoba, R3L 1Z3
Telephone: 453-3879
Voice/TDD

Thompson Action Committee on the Status of Women
Box 722
Thompson, Manitoba, R8N 1N5
Telephone: 677-2191

Branches:

Parklands Status of Women
Box 23
Dauphin, Manitoba, R7N 2T9
Telephone: 638-3599

Brandon Branch
133 - 10th Street
Brandon, Manitoba, R7A 4E7
Telephone: 725-2955

CANADIAN ADVISORY COUNCIL ON THE STATUS OF WOMEN

PURPOSE An independent organization funded by the federal government. A national council appointed to bring before the government and the public, matters of concern to women; and to advise the government on such matters.

CONTACT
Canadian Advisory Council on the Status of Women
600 - 269 Main Street
Winnipeg, Manitoba, R3C 1B2
Telephone: 983-3140

04/89

VILLA ROSA

PURPOSE

To provide temporary prenatal and/or postnatal care for single, separated or divorced women. Group programming assists residents with integrating the past into a meaningful present, with a careful look at the future alternatives.

ELIGIBILITY

PRENATAL RESIDENCE PROGRAM

- pregnant and seeking assistance

POSTNATAL RESIDENCE PROGRAM

- mother, at least 17 years of age and desirous of parenting her first child;
- willing to reside in residence for approximately three months, maintaining responsibility for the care of her baby.

*Priority given to residents in Villa Rose Prenatal Residence Program.

FOLLOW-UP PROGRAM

- for those who have recently left the Villa Rosa Programs and are living in Winnipeg.

TYPE OF ASSISTANCE

- school;
- classes in parenting, child development and budgeting nutrition;
- counselling;
- supervision at night;
- assistance in preparing to move into dependent living arrangement;
- instruction in ceramics, pottery and complete fibre arts are available;
- assistance in subsidizing cost of programs.

A nurse, teachers, social workers, clergy and others are on staff to attend to related needs. The development of the whole person (emotional, intellectual, spiritual and physical well being) as well as group communication skills and relationship issues are integral to the program.

CONTACT

Villa Rosa, Inc.
784 Wolseley Avenue
Winnipeg, Manitoba, R3G 1C6
Telephone: 786-5741

ELIZABETH FRY SOCIETY

PURPOSE

Ensuring the development and provision of appropriate services for women who come in contact with the criminal justice system; contributing to the creation of a more effective and humane justice system; reducing the involvement of women in the criminal justice system; and promoting community understanding of and participation in the agency and the criminal justice system.

TYPE OF ASSISTANCE

Services provided in the courts, institutions and in the community include:

- information on court process, legal services, individual rights and community resources;
- personal support focussing on alternatives to incarceration, home and family visits, crisis consultations and referrals to appropriate community resources;
- counselling and pre-release planning with follow-up in community;
- community liaison with other agencies, lawyers, judges and court workers on behalf of clients;
- stop-lifting program for women who shoplift.

Volunteers provide:

- court monitoring and direct services at the courts in Winnipeg;
- a newsletter;
- educational presentations.

CONTACT

Elizabeth Fry Society
51 Osborne Street S.
Winnipeg, Manitoba, R3L 1Y2
Telephone: 474-2469 (24 hours)

PREGNANCY DISTRESS SERVICE

PURPOSE	Pregnancy Distress Service provides confidential non-denominational service to the woman with a problem pregnancy. Pregnancy testing, alternatives counselling, support, follow up and friendship by professionals and volunteers is available. A network of professional resource persons and community social services is offered. Emergency community or Regional Housing, baby clothes, furnishing and maternity clothes can be provided.
CONTACT	Pregnancy Distress Service 571 Furby Street Winnipeg, Manitoba, R3B 2V9 Telephone: 775-2854 (775-2877 — 24 hour telephone counsellors)

04/89

CHILD DAY CARE

PURPOSE

The purpose of Child Day Care is to license child day care centres, to provide financial assistance to eligible day care centres and to eligible parents and to provide resource assistance to child day care centres.

ELIGIBILITY

- Licensed day care centres and homes are eligible to receive subsidies on behalf of eligible families;
- Non-profit day care centres or individuals may be eligible for direct government grants;
- Families are eligible for subsidies according to social need and income, providing they are using provincially licensed day care centres, which have been designated to care for subsidized children.

TYPE OF ASSISTANCE

Assistance to non-profit child day care centres and individual providers includes:

- start up and maintenance assistance;
- grants to care for infants or disabled children.

Assistance for families:

- fee subsidies.

CONTACT

Child Day Care
Manitoba Community Services
2 - 114 Garry Street
Winnipeg, Manitoba, R3C 1G1
Telephone: 945-2197
TOLL FREE: 1-800-282-8069

COOPERATIVE CHILD CARE

PURPOSE	To provide quality child care for children through cooperatively owned controlled facilities.
ELIGIBILITY	Any group wishing to form a child care cooperative.
TYPE OF ASSISTANCE	Assistance is provided to determine community needs, determine funding sources and to draft legal and organizational documents.
CONTACT	Vic Hryshko Director of Development Cooperative, Consumer & Corporate Affairs 800 - 215 Garry Street Winnipeg, Manitoba, R3C 3P3 Telephone: 945-4455 TOLL FREE: 1-800-282-8069

04/89

CHILD DEVELOPMENT CLINIC

PURPOSE

The Child Development Clinic at Children's Hospital in Winnipeg through multi-disciplinary staff assess the development and behavior of infants and preschool children (under age 7) focussing on motor, language, cognitive skills and behavior.

TYPE OF ASSISTANCE

- arranges individual therapy and family counselling
- reports to referring source
- special programs dealing with adoption and foster home problems, child abuse, custody and access problems, and mental retardation are available.

CONTACT

Child Development Clinic
Children's Hospital
Health Sciences Centre
840 Sherbrook Street
Winnipeg, Manitoba, R3A 1S1
Telephone: 787-4378

CHILD PROTECTION CENTRE

PURPOSE The Child Protection Centre at Children's Hospital is a program designed for children who are victims of physical and sexual abuse, and their families. Services provided are medical and non-medical assessments, some treatment, education and research. The Child Protection Centre accepts all types of referrals including self.

CONTACT
Child Protection Centre
Children's Hospital
685 William Avenue
Winnipeg, Manitoba, R3E 0W1
Telephone: 787-2811

CHILD RELATED INCOME SUPPORT PROGRAM (CRISP)

PURPOSE The CRISP is designed to assist low-income families with the cost of caring for children. Eligible families receive cash benefits each month based on their total family income and number of children in family.

ELIGIBILITY You may be eligible if:

- you have dependent children in your care;
- you are supporting a child or children under 18 years of age, for whom you are receiving Family Allowance payments;
- your total family income is within specified levels;
- your current family assets have a net value that is $200,000 or less.

TYPE OF ASSISTANCE

- The maximum benefit you can receive is $30.00 per month or $360 per year for each eligible child;
- The amount of your CRISP benefit is based on your previous year's total family income less certain allowable deductions.

CONTACT

Child Related Income Support Program Office
Manitoba Employment Services and Economic Security
300 - 294 Portage Avenue
Winnipeg, Manitoba, R3C 4K3
Telephone: 945-4416
TOLL FREE 1-800-282-8073

FAMILY ALLOWANCES

PURPOSE The Family Allowances program is designed to supplement the income of Canadian families by providing monthly payments to children under the age of eighteen who are maintained by their parents or guardians

CONTACT
Family Allowances
Income Security Programs
Health & Welfare Canada
Main Floor, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba, R3C 4C8
Telephone: 983-3640

BIG BROTHERS/BIG SISTERS ASSOCIATION

PURPOSE The Big Brothers/Big Sisters Association provides a one-on-one relationship between an adult and a child.

ELIGIBILITY Boys and girls between 6 and 16 years of age from single parent families qualify.

Adults coming from various backgrounds are thoroughly screened and approved by members of the board prior to being matched.

Only adult females are matched with girls and adult males with boys. Similar personality traits and interests are the basis of the matching process. Matching is supervised by qualified staff and checked at a rate of once every three to four weeks to insure the match is working out well.

CONTACT The Big Brothers/Big Sisters Association
of Thompson
310 - 93 Nickel Road
Thompson, Manitoba, R8N 0Y2
Telephone: 677-2288

Donna Janzen
Big Brothers/Big Sisters Association
of The Pas
Box 3877
The Pas, Manitoba, R9A 1S5
Telephone: 623-6411

Gay MacDonald
Big Brothers/Big Sisters of Flin Flon
and District Inc.
P.O. Box 898
Flin Flon, Manitoba, R8A 1N7
or
P.O. Box 775
Creighton, Saskatchewan, S0P 0A0
Telephone: 687-7746

04/89

GIRL GUIDES OF CANADA

PURPOSE	The purpose is to help girls and young women become responsible citizens, able to give leadership and service to the community, whether local, national or global.
ELIGIBILITY	Girls and women from the age of 5 years old and beyond, who are willing to make the Guide promise.
TYPE OF ASSISTANCE	The organization relies on membership fees, cookie sales and the provincial merchandising shop.
CONTACT	Girl Guides of Canada Manitoba Council 872 St. James Street Winnipeg, Manitoba, R3G 3K2 Telephone: 774-1939

BOY SCOUTS OF CANADA

PURPOSE Programs seek to develop individual capabilities and responsibility for own behaviour through participation in small peer groups. Outdoor activities and community service encouraged.

Beavers	(Boys 5-7)
Wolf Cubs	(Boys 7-10)
Scouts	(Boys 11-14)
Venturers	(Coed 14-17)
Rovers	(Coed 17-21)

CONTACT Boy Scouts of Canada
883 Notre Dame Avenue
Winnipeg, Manitoba, R3E 0M4
Telephone: 786-2444; 786-6661

CANADIAN GIRLS IN TRAINING

PURPOSE	For girls 12 to 17 years. Groups meet regularly from September to June. Activities include organizing service projects in community. Strong emphasis is placed on development of leadership skills. CGIT operates a summer camp at Lake Brereton, which is open to all girls. Groups are sponsored by United, Baptist and Presbyterian Church congregations.
CONTACT	Canadian Girls In Training 120 Maryland Street Winnipeg, Manitoba, R3G 1L1 Telephone: 786-8911

LEGAL AID MANITOBA

PURPOSE Legal Aid Manitoba assists individuals and groups who require the service of a lawyer and who do not have the means to obtain those services.

ELIGIBILITY Eligibility guidelines are based on a person's or family's gross annual income, assets and debts, and whether money will be available to pay legal fees at the end of the case. **These are only guidelines.** Applicants with income over the guidelines may still be eligible for Legal Aid; however, applicants may be asked to contribute toward the cost of legal fees.

TYPE OF ASSISTANCE Legal aid provides representation for serious criminal charges for adults and youths, family matters and other civil proceedings, such as welfare problems, landlord and tenant cases, immigration, etc.;

People who are eligible for legal aid may in most cases choose any lawyer who participates in the plan to act for them;

Advice and informal assistance is provided free of charge, at Legal Aid Community Law Offices throughout Manitoba;

CONTACT

Legal Aid Manitoba
402-294 Portage Avenue
Winnipeg, Manitoba, R3C 0B9
Telephone: 947-6501

Northlands Community Legal Services
162 Fischer Avenue
The Pas, Manitoba, R9A 0K1
Telephone: 623-6427

Thompson Community Law Centre
303 - 83 Churchill Drive
Thompson, Manitoba, R8N 0L6
Telephone: 778-6441

LAW SOCIETY OF MANITOBA

PURPOSE	Governing and licensing body of legal profession in Manitoba. Receives complaints about conduct of lawyers or services performed.
CONTACT	Law Society of Manitoba 201 - 219 Kennedy Street Winnipeg, Manitoba, R3C 1S8 Telephone: 942-5571

LEGAL SERVICES INFORMATION AND LAWYER REFERRAL PROGRAM

PURPOSE	Legal Services Information and Lawyer Referral Program gives legal information to callers, as well as referring individual's to lawyers or Legal Aid. Lawyers are referred in various areas of law. Referrals are also made to a variety of law related services. Open 9 a.m. to 4 p.m. Monday to Friday.
CONTACT	Legal Services Information and Lawyer Referral Program 202 - 379 Broadway Avenue Winnipeg, Manitoba, R3C 0T9 Telephone: 943-2305 TOLL FREE: 1-800-262-8800

PHARMACARE

PURPOSE Pharmacare is a prescription drug benefit program for residents of Manitoba.

ELIGIBILITY Every resident of Manitoba who is registered with the Manitoba Health Services Commission is eligible.

TYPE OF ASSISTANCE Most drugs prescribed by a doctor or dentist are covered by pharmacare. If you are 65 years of age or over Pharmacare will pay 80% of the costs of allowable prescription drugs in excess of $85 in each calendar year for you and your dependents.

If you are under 65 years of age Pharmacare will pay 80% of the costs of allowable prescription drugs in excess of $150 in each calendar year for you and your dependents.

CONTACT
Pharmacare
Box 9000
599 Empress Street
Winnipeg, Manitoba, R3C 3C2
Telephone: 786-7101

UTILITY COOPERATIVES CONSULTING SERVICES

PURPOSE

To assist individuals who wish to organize a utility cooperative to obtain improved sewage and water services.

ELIGIBILITY

Groups or entire communities wishing to form a utility cooperative.

TYPE OF ASSISTANCE

Assistance is provided to help a group who wish to form a utility cooperative incorporate, determine the degree of community interest and support, apply for any municipal or other approvals which may be necessary, and to determine the best operating system and at what cost.

Generally water and sewer utility cooperatives rely on financial assistance programs of the Manitoba Water Services Board and conventional lending sources.

CONTACT

Vic Hryshko
Director of Development
Cooperative, Consumer & Corporate Affairs
800 - 215 Garry Street
Winnipeg, Manitoba, R3C 3P3
Telephone: 945-4455
TOLL FREE: 1-800-282-8069

CANADIAN RED CROSS SOCIETY

PURPOSE Blood Donor Recruitment and Blood Transfusion Services. Emergency service in natural disasters, house fires and other emergencies including temporary assistance for up to 72 hours including bedding, food, clothing and shelter; youth services in school classrooms. Lends sick-room equipment for patients; operates missing relatives enquiry bureau and trains volunteers for service in Red Cross departments. Programs available in Water Safety, Small Craft and Adapted Aquatics, Health Services and First Aid. International Development Education Relations (crafts produced by volunteers for sale to provide money for International development and knitting and sewing of emergency clothing).

CONTACT Canadian Red Cross Society

Manitoba Division Offices:

NORMAN REGION
226 Osborne Street N.
Winnipeg, Manitoba, R3C 1V4
Telephone: 772-2551

PARKLAND REGION
126 Main Street N.
Dauphin, Manitoba, R7N 1C2
Telephone: 638-9207

EASTMAN/INTERLAKE REGION
Box 669
Beausejour, Manitoba, R0E 0C0
Telephone: 268-3352

ASSOCIATION FOR COMMUNITY LIVING — MANITOBA

PURPOSE Coordinates activities of 26 branch associations in Manitoba. Promotes education, training and appropriate lifestyle of all mentally handicapped persons, and cooperatives with public and private agencies having similar purpose. Stimulates new types of services (infant stimulation, residential, educational, vocational and recreational programs). Centre for collection and dissemination of information on all aspects of mental retardation. Assists mentally handicapped persons in having voice of their own.

CONTACT Association for the Community Living — Manitoba
Unit I - 90 Market Avenue
Winnipeg, Manitoba, R3B 0P3
Telephone: 947-1118

A.C.L. — Dauphin-Grandview Branch
Tim Bear
Box 921
Dauphin, Manitoba, R7N 3J5

A.C.L. — Flin Flon Branch
Lyle Spiller
Box 820
Flin Flon, Manitoba, R8A 0K2

A.C.L. — Gimli Branch
Mrs. Daphne Markusson
Box 327
Gimli, Manitoba, R0C 1B0

C.A.M.R. Selkirk & District Branch
Irene Bell
c/o 306 - A Jemima Avenue
Selkirk, Manitoba, R1A 1X2

A.C.L. — Swan Valley Branch
Frances Beck/Norma Majeski
Box 1282
Swan River, Manitoba, R0L 1Z0

A.C.L. — Thompson & District Branch
Box 331
Thompson, Manitoba, R8N 1M9

CANADIAN NATIONAL INSTITUTE FOR THE BLIND

PURPOSE Prevention Services - Offers films, speakers for public education. Sponsors Wise Owl Club in industry. Supports ophalmic training and research. Maintains national statistics relating to blindness. Promotes surveys and mass screening to identify visual disfunction. Advocates legislation promoting eye care. The Winnipeg Office operates "Sight Enhancement Centre" to provide low vision aids to CNIB clients.

Rehabilitation Services - Counselling, consultation and referral service to specialized services for parents of preschool children. Individualized counselling with visually impaired persons and significant persons in their lives. Consultation and referral to specialized and general community services. Assistance in education and vocational planning and job programs, volunteer services, in-service training programs for other agencies, orientation and mobility instruction and rehabilitation teaching (adaptive techniques for daily living). The Winnipeg Office also contains a Technical Aids Centre offering aids and devices, as well as information about more sophisticated access technology.

CONTACT
Canadian National Institute for the Blind
1080 Portage Avenue
Winnipeg, Manitoba, R3G 3M3
Telephone: 774-5421
TOLL FREE: 1-800-552-4893

VOCATIONAL REHABILITATION SERVICES

PURPOSE

Provides program for vocational rehabilitation of physically or mentally disabled. Involves process of restoration, training and employment placement to enable the disabled person to pursue a substantially gainful occupation.

Services include counselling, assessment, pre-vocational and vocational training, shelter employment, job placement and followup. Services provided through the Society for Manitobans with Disabilities, the C.N.I.B., the Alcoholism Foundation of Manitoba, Canadian Paraplegic Association and regional offices of Community Social Services.

CONTACT

Vocational Rehabilitation Services
Manitoba Community Services
871 Thompson Drive
THOMPSON, Manitoba, R8N 0C8
Telephone: 778-7371

Vocational Rehabilitation Services
Manitoba Community Services
15 - 1st Avenue S.W.
DAUPHIN, Manitoba, R7N 1R9
Telephone: 638-8848

Vocational Rehabilitation Services
Manitoba Community Services
Box 2550
THE PAS, Manitoba, R9A 1M4
Telephone: 623-6411

Vocational Rehabilitation Services
Manitoba Community Services
202 - 446 Main Street
SELKIRK, Manitoba, R1A 1V7
Telephone: 482-4511

NORTHERN HEALTH SERVICES

PURPOSE Preventative health care, disease control and public health education; operates nursing stations, visited on regular basis by doctors. Provides health education, pre- and post-natal care, home visiting, family planning, liaison with Home Care program, pre-school clinics, child health conferences, school health programs and immunization programs.

CONTACT Northern Health Services
Manitoba Health
Box 2550
The Pas, Manitoba, R9A 1M4
Telephone: 623-6411 ext. 242

CANADIAN CANCER SOCIETY

PURPOSE Raises funds for cancer research. Public Education program includes lectures, pamphlets, films and school kits, needy patients may receive transportation to and from treatment centres and, if from out of town, boarding home care. The Reach to Recovery Program provides emotional support for mastectomy patients, in addition to CanSurmount, the one-to-one Cancer Patient Visitation program, the Ostomy Association and new Voice Club. Research projects include the National Breast Screening Study.

CONTACT
Canadian Cancer Society
Manitoba Division
193 Sherbrook Street
Winnipeg, Manitoba, R3C 2B7
Telephone: 774-7483

Canadian Cancer Society
City Centre Mall
300 Mystery Lake
THOMPSON, Manitoba, R8N 0M2
Telephone: 667-5927

Canadian Cancer Society
22 First Avenue N.E.
DAUPHIN, Manitoba, R7N 1A4
Telephone: 638-8041

Canadian Cancer Society
First Plaza
42 McTavish Avenue E.
BRANDON, Manitoba, R7A 2B2
Telephone: 727-7577

CANADIAN DIABETES ASSOCIATION

PURPOSE

To improve the quality of life of Canadians affected by diabetes by being the leading force in research, service, advocacy and education.

- RESEARCH - To promote research into the causes, prevention, cure, management and understanding of diabetes and its effects on those affected by diabetes.
- SERVICE - To promote, provide and strengthen services to people affected by diabetes.
- ADVOCACY - To increase awareness, and to influence and effect positive changes in attitudes, policies and practices of governments, businesses and the general public on behalf of people affected by diabetes.
- EDUCATION - To develop, promote and strengthen educational programs for health professionals.

CONTACT

Canadian Diabetes Association,
Winnipeg Branch
Manitoba Division
173 McDermot Avenue
Winnipeg, Manitoba, R3B 0S1
Telephone: 943-7529

CANADIAN RED CROSS SOCIETY — SAFETY SERVICES

PURPOSE Advises community groups on organization of water safety programs and on development of pool and waterfront facilities. Gives water safety talks to groups as requested. Offers leadership training programs for Instructors of Red Cross Water Safety, Small Craft Safety and Adapted Aquatics (for persons with disabilities).

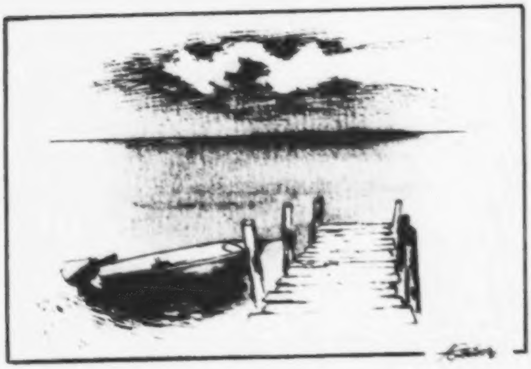
CONTACT Canadian Red Cross Society

Manitoba Division Offices:

NORMAN REGION
226 Osborne Street N.
Winnipeg, Manitoba, R3C 1V4
Telephone: 772-2551

PARKLAND REGION
126 Main Street N.
Dauphin, Manitoba, R7N 1C2
Telephone: 638-9207

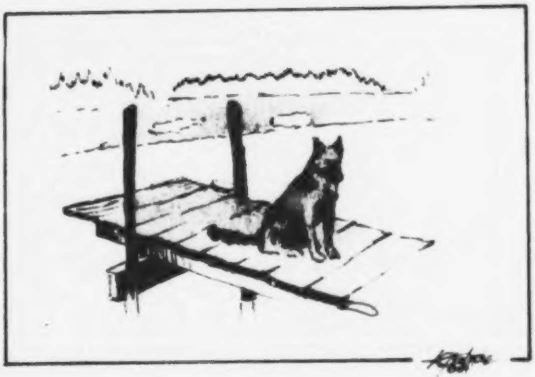
EASTMAN/INTERLAKE REGION
Box 669
Beausejour, Manitoba, R0E 0C0
Telephone: 268-3352



REHABILITATION CENTRE FOR CHILDREN (FORMERLY SHRINERS HOSPITAL FOR PHYSICALLY HANDICAPPED CHILDREN)

PURPOSE For physically handicapped children to 18 years of age. Therapy and post-operative care, fabrication of prostheses, orthoses, special seats, and other aids; gait and muscle activity analyses; communications aids; resource and assessment program; developmental training program on a day-time basis. School classes are available for in-patients.

CONTACT Rehabilitation Centre for Children
633 Wellington Crescent
Winnipeg, Manitoba, R3M 0A8
Telephone: 452-4311



FLUORIDATION GRANT

PURPOSE To have all communal water systems in the Province of Manitoba fluoridated.

ELIGIBILITY Any community with a central water system which has a capable operator in regular attendance. Grants will be priorized on a community size basis, with preference given to communities larger than 800.

TYPE OF ASSISTANCE A grant is available to cover actual costs of purchase and installation of equipment.

A Fluoridation Officer will contact the community and assist in the design, installation and operation of the equipment. Once the system is operational, the Fluoridation Officer will review and authorize payment to the community for the purchase and installation of the equipment. Assistance is provided with ongoing monitoring of the water supply.

CONTACT
Mr. Jim Senka
Fluoridation Officer
Manitoba Health
Dental Health
3 - 831 Portage Avenue
Winnipeg, Manitoba, R3G 0N6
Telephone: 945-1717
TOLL FREE: 1-800-282-8069

MEDICAL SERVICES

PURPOSE The Medical Services Branch of Health & Welfare Canada provides a full range of health care programs including both treatment and public health services in isolated communities in which status Indians reside. A public health program is provided on other reserves in rural areas.

ELIGIBILITY All treaty status Indian people living on-reserve in Manitoba.

TYPE OF ASSISTANCE Treatment and prevention programs in the areas of nutrition, dental, health education, environmental health, nursing and physician services as well as the National Native Alcohol and Drug Abuse Program.

CONTACT

Medical Services Branch
Health & Welfare Canada
500 - 303 Main Street
Winnipeg, Manitoba, R3C 0H4
Telephone: 983-4199

ALCOHOLISM FOUNDATION OF MANITOBA

PURPOSE The Alcoholism Foundation of Manitoba provides treatment programs intended for the rehabilitation of alcoholism and other chemical dependences. Prevention activities are aimed at specific populations within the province.

TYPE OF ASSISTANCE

- Direct treatment services: assessment and referral service, non-residential, out patient and aftercare programs;
- Prevention Program; provides assistance for occupational, native, community and school programs; education and training programs for care givers.

CONTACT
Alcoholism Foundation of Manitoba
1031 Portage Avenue
Winnipeg, Manitoba, R3G 0R8
Telephone: 944-6200

Alcoholism Foundation of Manitoba
Willard Monson House
P.O. Box 490
St. Rose du Lac, Manitoba, R0L 1S0
Telephone: 477-2929

Alcoholism Foundation of Manitoba
Dauphin Regional Office
32 - 1st Avenue N.W.
Dauphin, Manitoba, R7N 1G7
Telephone: 638-9230

Alcoholism Foundation of Manitoba
c/o Swan River Hospital
111-9th Avenue S.
Swan River, Manitoba, R0L 1Z0
Telephone: 734-2030

Alcoholism Foundation of Manitoba
Provincial Building
P.O. Box 360
Flin Flon, Manitoba, R8A 1N2
Telephone: 687-8218

Alcoholism Foundation of Manitoba
P.O. Box 715
Gillam, Manitoba, R0B 0L0
Telephone: 652-2288

Alcoholism Foundation of Manitoba
Polaris Place
23 Nickel Road
Thompson, Manitoba, R8N 0Y4
Telephone: 677-4541

Alcoholism Foundation of Manitoba
c/o Johnson Memorial Hospital
Gimli, Manitoba, R0C 1B5
Telephone: 642-5162

Alcoholism Foundation of Manitoba
P.O. Box 2039
The Pas, Manitoba, R9A 1R7
Telephone: 623-5489

Alcoholism Foundation of Manitoba
P.O. Box 228
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-8122

Alcoholism Foundation of Manitoba
Provincial Bldg., 1st Street
Beausejour, Manitoba, R0E 0C0
Telephone: 268-1411

Alcoholism Foundation of Manitoba
P.O. Box 40
Minnedosa, Manitoba, R0J 1E0
Telephone: 867-3849

Alcoholism Foundation of Manitoba
25 Tupper Street North
Portage La Prairie, Manitoba, R1N 3K1
Telephone: 857-9711

Alcoholism Foundation of Manitoba
Box 399
Rossburn, Manitoba, R0J 1V0
Telephone 859-2375

Alcoholism Foundation of Manitoba
3rd Fl., 343 Main Street
Selkirk, Manitoba, R1A 1T3
Telephone: 785-2354

ROSAIRE HOUSE REHABILITATION CENTRE

PURPOSE Rosaire House provides a rehabilitation program for those dependent on alcohol or drugs.

ELIGIBILITY
- individuals affected by chemical dependency
- by referral or self-referral

TYPE OF ASSISTANCE
- three-week residential treatment program
- out-patient treatment program
- after care services and counselling
- 24-hour crisis and counselling line

CONTACT
Rosaire House Rehabilitation Centre
144 Ross Avenue
The Pas, Manitoba, R9A 1K4
Telephone: 623-6425 (24 hours)

THE SALVATION ARMY

PURPOSE The Salvation Army provides emergency assistance including food, accommodation, transportation and family counselling for single persons and families. Referral agencies for alcoholics, single parents, etc. Spiritual guidance and practical assistance. Access to home for unwed mothers, Harbour Light for men and women, help for alcohol/drug addiction, etc.

CONTACT The Salvation Army
301-400 Colony Street
(Divisional Headquarters)
Winnipeg, Manitoba, R3B 2P4
Telephone: 774-1993

Salvation Army Citadel
Box 604
Dauphin, Manitoba, R7N 2V4
Telephone: 638-3764

The Salvation Army
Family Services
324 Logan Avenue
Winnipeg, Manitoba, R3A 0L5
Telephone: 943-2129

The Salvation Army Harbour Light
324 Logan Avenue
Winnipeg, Manitoba, R3A 0L5
Telephone: 943-5683

The Salvation Army
Box 362
Flin Flon, Manitoba, R8A 1N1
Telephone: 687-7812

The Salvation Army
Box 22
Thompson, Manitoba, R8N 1M9
Telephone: 677-3658

The Salvation Army
Box 514
The Pas, Manitoba, R9A 1K6
Telephone: 623-2811

The Salvation Army
Lindenview Residence (unwed mothers)
250 Booth Drive
Winnipeg, Manitoba, R3J 3R5
Telephone: 889-8830

JOHN HOWARD SOCIETY

PURPOSE	Works for reform in the criminal justice system through: Direct services to offenders and ex-offenders and their families; includes counselling and advocacy in institutions and the community. Promotion of community awareness and involvement in the criminal justice system. Volunteer opportunities are available. The John Howard Society of Brandon administers the Fine Option Program for the Brandon region.
CONTACT	John Howard Society 165 Garry Street Winnipeg, Manitoba, R3C 1G7 Telephone: 942-2241

NATIVE ALCOHOLISM COUNCIL OF MANITOBA

PURPOSE	Native Alcoholism Council provides counselling assistance to Native persons affected by alcohol abuse. It provides individual, group, and family counselling, a rehabilitation program, out-patient program and community work. Pritchard House is a 20 bed facility that offers a rehabilitation program for Native people. Service is provided through following locations:
CONTACT	Pritchard House 160 Salter Avenue Winnipeg, Manitoba, R2W 4K1 Telephone: 586-8395 Brandon Friendship Centre 836 Lorne Avenue Brandon, Manitoba, R7A 0T8 Telephone: 727-1407/727-7197 Dauphin Friendship Centre 210-1st Avenue, N.E. Dauphin, Manitoba, R7N 1R9 Telephone: 638-5707/638-9026

PEGUIS AL-CARE TREATMENT CENTRE

PURPOSE

The Centre develops community awareness and solicits community assistance in combating alcoholism and other addictions by providing a comprehensive counselling, referral, treatment, follow-up and rehabilitation program for alcohol and drug abusers. The Centre is primarily intended to operate as an in-patient facility working in conjunction with other programs.

ELIGIBILITY

- Dependent upon availability.
- Preference is given to clients referred through outreach programs.
- Clients will not be admitted if still under the influence of alcohol and/or drugs or during the process of withdrawal.

TYPE OF ASSISTANCE

Essential treatment components include:

- one-to-one counselling
- information about addictions
- group counselling
- relaxation
- recreation
- Indian culture
- spiritual guidance
- Alcoholics Anonymous

CONTACT

Jean Prince, Executive Director
Peguis Al-Care Treatment Centre
Box 269
Hodgson, Manitoba, R0C 1M0
Telephone: 1-204-645-2666

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THE SOCIAL ALLOWANCES PROGRAM

PURPOSE

The Social Allowances Program is a program of last resort designed to provide financial assistance to meet the cost of basic necessities of certain categories of people who are unable to support themselves.

ELIGIBILITY

Social Allowances are payable to residents of Manitoba who are eligible for assistance under the Social Allowances Act and are in financial need.

Persons eligible for assistance:

- persons who are aged and are unable to support themselves or their dependents;
- persons with a mental or physical illness or disability likely to last more than 90 days;
- parents who have dependent children and who are either widowed, divorced, never been married, deserted or separated for more than 90 days or is the spouse of a person who has been sentenced to prison for 90 days or more;
- persons with one or more dependents who need special care in a residential institution, a day nursery or a foster home, or who require care by a nurse or a housekeeper;
- children whose parents are dead or are unable to contribute to his/her maintenance and are wholly dependent on another person for basic necessities;
- persons who are taking undergraduate academic or technical vocational training;
- persons who reside in the unorganized territories of Manitoba, where a municipal level of government does not exist;
- persons requiring the protection of and residing in a Crisis Intervention Facility.

TYPE OF ASSISTANCE

Financial Need

Financial need is determined on the basis of a needs test and an income and asset test. Where the cost of the applicant's basic necessities is in excess of the financial resources of the applicant he/she may be eligible to receive social allowances benefits.

Social Allowances Benefits include:

- a basic allowance rate to cover food, clothing, personal needs and household supplies;
- shelter costs, utilities and fuel;
- health needs such as dental services, optical

services, prescription drugs, hearing aid, medical equipment, home care services, medical transportation, ambulance service, physiotheraphy and occupational therapy, therapeutic diet allowance, telephone cost, respite care and physical fees may be provided where individual circumstances warrent consideration;

- special need benefits may be provided;
- home repairs;
- educational assistance;
- funeral costs

NOTE: The Social Allowances Program has an appeal process for recipients.

CONTACT

Social Security Services
Manitoba Employment Services & Economic Security
301 - 267 Edmonton Street
Winnipeg, Manitoba, R3C 1S2
Telephone: 945-2177 or 945-5586

Income Security Offices in your area:

202 Main Street South
Dauphin, Manitoba, R7N 1K6
Telephone: 638-8220

201 - 143 Main Street
Flin Flon, Manitoba, R8A 1K2
Telephone: 687-8235

101 - 446 Main Street
Selkirk, Manitoba, R1A 1V7
Telephone: 482-4511

201 - Fourth Avenue S.
Box 997
Swan River, Manitoba, R0L 1Z0
Telephone: 734-3491

Box 2550
Ross & 3rd Avenue
The Pas, Manitoba, R9A 1M4
Telephone: 623-6411

Box 22
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411

VITAL STATISICS

PURPOSE Register all births, stillbirths, marriages and deaths that occur in Manitoba. Issue birth, marriage, death and change of name certificates and marriage licences. Process delayed registrations corrections, changes of name and disinterments.

CONTACT Vital Statistics
Manitoba Community Services
254 Portage Avenue
Winnipeg, Manitoba, R3C 0B6
Telephone: 945-3701
TOLL FREE: 1-800-282-8069

MANITOBA HUMAN RIGHTS COMMISSION

PURPOSE

For all persons in Manitoba. Administers the Manitoba Human Rights Code. Receives, investigates and attempts to resolve complaints of discrimination because of ancestry, including colour and perceived race, nationality, ethnic background or origin, religion or creed, age, sex, pregnancy, gender-determined characteristics, sexual orientation, marital or family status, source of income, political belief, physical or mental disability. The Code protects individuals from discrimination in a number of areas including employment, housing, signs and notices, services, contracts and purchase of property. Commission may request appointment of a board of adjudication to hear and decide a complaint or may recommend prosecution.

TYPE OF ASSISTANCE

Provides binding advisory opinions for the purpose of determining whether an act or omission to which the legislation applies is a contravention of the Code. Commissioners and staff members available for speaking engagements. Explanatory literature available.

CONTACT

Manitoba Human Rights Commission
301 - 259 Portage Avenue
Winnipeg, Manitoba, R3B 2A9
Telephone: 945-3007
TOLL FREE: 1-800-282-8069

Manitoba Human Rights Commission
Room 115
P.O. Box 2550
Provincial Government Building
The Pas, Manitoba, R9A 1M4
Telephone: 623-6411 extension 270 Call Collect

Manitoba Human Rights Commission
340 - 9th Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6261
TOLL FREE: 1-800-572-1040

CANADIAN HUMAN RIGHTS COMMISSION

PURPOSE	For persons who feel they have been refused a job, public services, goods or accommodation due to race, color, national/ethnic origin, sex, marital status, family status, age, religion, disability, and conviction for which a pardon has been granted. Provide information on Canadian **Human Rights Act,** investigate complaints falling within federal jurisdiction and refer to other agencies where appropriate.
CONTACT	Canadian Human Rights Commission Prairie Regional Office 718-275 Portage Avenue Winnipeg, Manitoba, R3B 2B3 Telephone: 983-2189

BETTER BUSINESS BUREAU

PURPOSE Encourages ethical business practices in the retail market for goods and services through inquiry services, complaint handling and public information services.

ELIGIBLITY For Membership — any firm with a satisfactory performance for one year;
For Service — any firm or individual.

TYPE OF ASSISTANCE Consumer Inquiry Service of Complaint Handling.

Maintains reports on reliability/integrity of business firms, services, based on customer experience, processes complaints related to unethical advertising or selling practices, failure to honor guarantees, and contractual commitments, etc.; maintains reports of some Mail Order and Correspondence Schools; educates consumers on business practices; advises communications media regarding accuracy of advertising.

CONTACT
Better Business Bureau
204-365 Hargrave Street
Winnipeg, Manitoba, R3B 2K3
Telephone: 943-1486

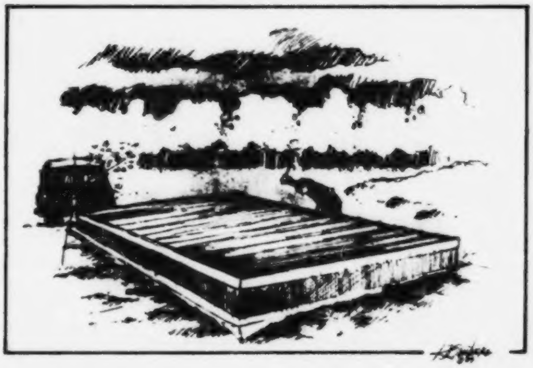
MANITOBA OFFICE OF THE OMBUDSMAN

PURPOSE	Independent, non-partisan officer of legislature; investigates complaints against departments, agencies and officials of Provincial government relating to administration. Reports on investigations and makes recommendations. Letters from persons in custody, inmates of mental or correctional institutions must be forwarded unopened to Ombudsman immediately. Has power to investigate, recommend redress of grievance, and publicize but not reverse administrative action. Issues annual report.
CONTACT	Manitoba Office of the Ombudsman Room 750-500 Portage Avenue Winnipeg, Manitoba, R3C 3X1 Telephone: 786-6483 TOLL FREE: 1-800-782-0394

THE MANITOBA TEACHERS' SOCIETY

PURPOSE Professional body of teachers; promotes economic welfare, professional development, personnel services and communications.

CONTACT The Manitoba Teachers' Society
191 Harcourt Street
Winnipeg, Manitoba, R3J 3H2
Telephone: 888-7961



MANITOBA SCHOOL COUNSELLORS ASSOCIATION

PURPOSE	The Association serves school counsellors with programs to improve counselling service, community awareness; provides communication links between counsellors, community and other counsellors. Publishes quarterly journal, 'Manitoba Journal of Counselling'. Sponsors Careers Symposium for students annually, both in Winnipeg and Brandon.
CONTACT	Mrs. Doris Burns Manitoba School Counsellors Association 191 Harcourt Street Winnipeg, Manitoba, R3J 3H2 Telephone: 888-7961 Extension 228

PUBLIC LIBRARY SERVICES

PURPOSE Lends books by mail to individual rural Manitobans without access to an established public library service. Provides travelling library book blocks of 500 books to Manitoba communities undertaking the first step toward the establishment of a joint municipal and provincially funded public library service. Service is free of charge, postage and shipping charges are paid both ways by the province.

CONTACT Public Library Services
Extension Services
139 Hamelin Street
Winnipeg, Manitoba, R3T 4H4
Telephone: 945-6460

WORKERS' COMPENSATION

PURPOSE This program is designed to provide financial, medical and rehabilitative assistance to workers injured on the job or for those suffering from a job related industrial disease.

CONTACT Workers' Compensation Board
333 Maryland Street
Winnipeg, Manitoba, R3G 1M2
Telephone: 786-5471
TOLL FREE 1-800-362-3340

EMPLOYMENT STANDARDS DIVISION

PURPOSE This division administers legislation to assure minimum standards re hours of work, vacations and holidays, wages and other employment conditions. It investigates complaints and suspected violations regarding unpaid wages, overtime and vacation pay. It conducts routine inspections of businesses and construction industry and educates workers and employees regarding responsibilities and rights under Labour Legislation.

CONTACT Employment Standards Branch
Manitoba Labour
604-401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-3352
TOLL FREE 1-800-282-8069

Employment Standards Branch
Manitoba Labour
Provincial Building
59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411 extension 294

Employment Standards Branch
Manitoba Labour
Provincial Building
340-9th Street
Brandon, Manitoba, R7A 6C2
Telephone: 728-7000 extension 180 & 181

MANITOBA FEDERATION OF LABOUR (M.F.L.)

PURPOSE M.F.L. coordinates efforts of organized labour in political area, collective bargaining, etc. Provides education and advocacy on workplace safety and health; pensions, labour relations, workers' compensation, mines, etc. The first mandate of the Manitoba Federation of Labour is to deal with legislative matters provincially. Advocates rights of all disadvantaged union members and provides information on human rights and social services. Takes a joint and coordinated approach to employment problems. Conducts a biennial convention alternating between Winnipeg and Brandon.

CONTACT Manitoba Federation of Labour
104-570 Portage Avenue
Winnipeg, Manitoba, R3C 0G4
Telephone: 786-2721
Fax: 786-2735

WINNIPEG LABOUR COUNCIL

PURPOSE The Winnipeg Labour Council is chartered by the Canadian Labour Congress. Conducts an Annual Policy Conference. Education seminars: guidance with Workers' Compensation and Unemployment Insurance cases; guidance on Municipal legislative matters; referral to agencies providing community services and counselling on issues concerning health and safety in the workplace. For union members and anyone in workforce.

CONTACT Winnipeg Labour Council
106-570 Portage Avenue
Winnipeg, Manitoba, R3C 0G4
Telephone: 783-5299

MANITOBA LABOUR BOARD

PURPOSE

The Manitoba Labour Board is a quasi-judical body that adjudicates employer-employee disputes referred under provincial laws such as **The Labour Relations Act, The Workplace Safety and Health Act, The Pay Equity Act** and various employment standards statutes.

TYPE OF ASSISTANCE

Where possible, the Board encourages parties to settle disputes in an informal manner. The Board can appoint one of its officers to assist the parties in resolving issues or complaints. If the matter is not resolved, a formal hearing will be held and the Board will decide on the case.

CONTACT

Manitoba Labour Board
Room 404
428 Portage Avenue
Winnipeg, Manitoba, R3C 0E2
Telephone: 945-3783

WORKPLACE SAFETY & HEALTH DIVISION

PURPOSE Advises on prevention of occupational disease and injuries. Carries out inspections of workplaces for visible or suspected hazards.

CONTACT Workplace Safety & Health Division
Manitoba Environment and Workplace Safety & Health
1000 - 330 St. Mary Avenue
Winnipeg, Manitoba, R3C 3Z5
Telephone: 945-3446

Provincial Building
340 - 9th Street
Brandon, Manitoba, R7A 6C2
Telephone: 726-6376

Provincial Building
P.O. Box 2550
The Pas, Manitoba, R9A 1H6
Telephone: 623-6411

202 - 143 Main Street
Flin Flon, Manitoba, R8A 1S2
Telephone: 687-3778

Box 59
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-2781

Box 520
Snow Lake, Manitoba, R0B 1M0
Telephone: 358-2392

Provincial Building
59 Elizabeth Drive
Thompson, Manitoba, R3N 1X4
Telephone: 778-4411

MFL OCCUPATIONAL HEALTH CENTRE INC.

PURPOSE	Specialty Medical Clinic in occupational medicine-open to any Manitoban who believes that their illness or injury is job related. Patient advocacy provided where necessary; educational programs in occupational health and safety; resource centre; information requests answered; no referral necessary.
CONTACT	MFL OCCUPATIONAL HEALTH CENTRE INC. 98 Sherbrook Street Winnipeg, Manitoba, R3C 2B3 Telephone: 786-5881

COMMUNITY UNEMPLOYED HELP CENTRE (CUHC)

PURPOSE The CUHC is a community based non-profit organization, designed to assist and give advice to anyone having problems with unemployment insurance and other areas related to unemployment. CUHC also offers quasi-legal services, free of charge, in appealing U.I. penalties and in acting as a middle-man between U.I. and the claimant.

TYPE OF ASSISTANCE

- provides information on U.I.C., how it works and how people can obtain all benefits they are entitled to;
- provides help for people making applications for benefits, filling out forms and any other paper work;
- represents claimants interests to U.I.C., assist workers whose claims are denied;
- assist workers who receive penalties;
- staff at centre can assist in claimants in making out appeals;
- all Centre services are provided free of charge.

CONTACT
Neil Cohen, Executive Director
Community Unemployed Help Centre
606-213 Notre Dame Avenue
Winnipeg, Manitoba, R3B 1N3
Telephone: 942-6556

EMERGENCY MEASURES ORGANIZATION (E.M.O.)

PURPOSE The function of E.M.O. is to advise and assist Provincial departments such as Northern Affairs and local government and private sector in developing emergency plans and respond capabilities and in planning and evaluating emergency exercises.

ELIGIBLITY Any community council or committee is eligible for assistance for planning, training and testing of plans. In disaster situations local governments as well as individuals may be eligible for disaster assistance.

CRITERIA

- For planning and training purposes the only criteria is the recognition of the need to plan and train and the willingness to commit time and effort.
- Disaster assistance is available on the basis of specific claims and dollar amounts according to the policies of the Manitoba Disaster Assistance Board.

TYPE OF ASSISTANCE

- Assistance in preparing plans.
- Training personnel in carrying out plans.
- Simulated or mock exercises to test plans.
- Coordination of resources in emergency situations.
- Manitoba Disaster Assistance Board possible cost-sharing for repairs, damages, etc.

CONTACT

Inez Miller
Selkirk Regional Director
339 A Main Street
Selkirk, Manitoba, R1A 1T3
Telephone: 482-7535

Senior Coordinator
Box 2560
The Pas, Manitoba, R9A 1M3
Telephone: 623-7481

Manitoba Northern Affairs
Oliver Boulette
Thompson Regional Director
Box 27-59 Elizabeth Drive
Thompson, Manitoba, R8N 1X4
Telephone: 778-4411 ext. 235

Jim Perchaluk
Dauphin Regional Director
27 - 2nd Avenue, S.W.
Dauphin, Manitoba, R7N 3E5
Telephone: 638-9111

Henry Eckert, Coordinator
Emergency Measures Organization
15th Floor - 405 Broadway
Winnipeg, Manitoba
Telephone: 945-4789

Larry Gwiazda
Training Officer
Emergency Measures Organization
15th Floor — 405 Broadway
Winnipeg, Manitoba
Telephone: 945-4792

BECHTEL FOUNDATION OF CANADA

10 Gateway Blvd.
Suite 200
Don Mills, Ontario, M3C 3N8

PURPOSE To provide donations to selected registered charities and post-secondary engineering bursaries.

INTEREST: Post-secondary Educational Planning; Bursaries; Health Agencies; Northern Development

GRANT LIMITATIONS The foundation does not award funds for capital purposes or specific religious denominations.

APPLICATION DEADLINE By June for the following year's grants.

Send correspondence to V.J. Jones, Secretary

BIRKS FAMILY FOUNDATION

1240, carre Phillips
Montreal, P.Q. H3B 3H4

INTERESTS Education; Ballet; Hospitals; Health, Museums; Building Funds; Capital Campaigns; Bursaries

GRANT LIMITATIONS Funds are not granted for local community projects or to provide regular operating funds except in limited circumstances such as well established national organizations

GRANT INFORMATION Donations include support for capital campaigns, university bursary funds, health, the arts and life sciences.

Grant Range: $100 to $70,000

FINANCIAL DATA

Receipted Gifts 1987 — $40,000
Total Assets 1987 — $12,776,812
Total Grants 1987 — $549,480
Number of Grants 1987 — 318

APPLICATION PROCEDURE An application should include a description of the project, a recent financial statement with auditor's report, a project budget, anticipated sources of funds, a list of directors and officers and a tax registration number.

Send correspondence to O.R. Macklem, Secretary

BRONFMAN FAMILY FOUNDATION: THE SAMUEL AND SAIDYE

1430 Peel Street
Montreal, Quebec, H3A 1S9

PURPOSE The Foundation is committed to a pro-active program and has pre-selected a number of special projects in the ares of: the Elderly, Learning Disabilities; Heritage; and Arts Management Training as well as the Saidye Bronfman Award for Excellence in the Crafts and the Samuel Rosner Program of Computer Assisted Learning of Farm Financial Management. The Foundation encourages innovative projects in any field in any community in Canada, providing once-only seed money for new ideas. It is particularly interested in supporting projects showing potential to be of lasting benefit. The Foundation's granting practice reflects its philosophy of investing in "people" rather than "bricks and mortar".

INTERESTS Aged, Learning Disabled, Arts Management Training, Crafts, Historic Preservation, Farm Management Development, Jewish Social Services.

GRANT LIMITATIONS Grants are confined to organizations with a federal charitable registration number. Grants are not available for capital campaigns, equipment purchases, operating budgets or deficits.

GRANT INFORMATION Grants for the Special Initiatives Program are for innovative projects of potential lasting value. The Foundation usually contributes on a matching basis, not to exceed $5,000. Grants in the Foundation's pre-selected program areas may be higher, and may continue for several years.

APPLICATION PROCEDURE Applications for the Special Initiatives Program will be received at anytime by submitting a brief (not more than 3 pages) letter describing the project, indicating the full budget and the amount being requested, other potential funding sources being approached, and their current status. Each request should include letters of support, an audited financial statement, a list of individuals responsible for the project, and the group's federal charitable registration number.

Send correspondence to Mr. John Hobday, Executive Director

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DONNER CANADIAN FOUNDATION

P.O. Box 122
Toronto-Dominion Centre
Toronto, Ontario, M5K 1H1

PURPOSE The activities of the foundation are confined to the following four fields: 1. law reform and corrections in Canada; 2. International Affairs; 3. Oceans and Inland Waters; 4. Canada's North.

INTEREST Public Law; Health Law; Crime and Delinquency; Correctional Services; Social Psychology of Law; Law Reform; Law Research; Native Peoples in the North, Vocational Education in the North; Native Education in the North; Native Correctional Services in the North; Northern Development; Northern Resources; Northern Food Resources; Native Claims in the North; Northern Population Research; Northern Political Research; Water Resource Management; Canadian Foreign Policy; Defense Politics; Strategic Studies; International Relations; Third World Economic Aid Policies.

GRANT LIMITATIONS No support can be given for capital projects, ongoing operating expenses, budget deficits, general fund drives, annual charitable appeals, scholarships, sabbatical years for professors, the holding of conferences or seminars. Requests relating exclusively to publication costs, equipment purchases and travel costs cannot be considered. No permanent commitments are made to support any type of project. Individuals applying for grants must do so under the auspices of organizations which are qualified donees under the Income Tax Act. No grants are made to projects which would result in financial gain to an individual or organization. Geographic scope: Canada

GRANT INFORMATION There are two major priorities concerning the assessment of applications: 1. innovativeness of the project (preference is given to projects of an original and pioneering nature); 2. likely extent of impact (preference is given to projects with wide geographical impact). Prime consideration is given to applications which do not fall under the terms of reference of other agencies active in the field and to experimental ventures for which seed money is not always readily available.

Grant range: $28,000 to $280,000 in 1987.

FINANCIAL DATA:

Total Assets 1987 — $65,000,000
Total Grants 1987 — $3,320,000
Number of Grants 1987 — 25

APPLICATION PROCEDURE

Prospective applicants should forward an initial letter of inquiry to the foundation. If the project falls within the foundations current priority areas, a detailed application will be invited. The final decision on grant applications is made by the Board of Governors which meets three times a year. Prospective applicants should forward an initial letter including a brief description of the project, a registration number, name, title, address and telephone number of the person in charge of the project and its relation to the Foundation's current priority area.

APPLICATION DEADLINE:

Two months in advance of meetings.

Send correspondence to Donald S. Rickerd, President

EATON FOUNDATION; THE

1 Dundas St. West
20th Floor
Toronto, Ontario, M5B 1C8

PURPOSE

The Foundation's efforts concentrate in the following fields of interest: the arts, education, environment, health and social development. The Foundation is a private Canadian Foundation with a primary purpose of providing special project funding in communities across Canada. Universities and schools are the recipients of fellowships. Support is given to major performing and visual arts companies.

GRANT LIMITATIONS

Grants are not given for deficit financing, memorial funds, conferences and seminars or to private individuals. The Foundation is phasing out of annual appeals for operating expenses. Graduate scholarships at selected major universities are administered by the respective universities and are awarded to students for academic achievement, not by application. Form letters or mass mailing types of appeals are not accepted or acknowledged. Geographic scope: Grants are limited to organizations within Canada in principle cities and heavily populated areas.

GRANT INFORMATION

Grants are made in Canada only to well established organizations which show proof of community support for at least two years. National and local organizations serving a useful purpose in the community and not duplicating the service of another organization are eligible. Organizations must have a valid registration number. Limited funds are available for new projects. Grants for capital funds are restricted to one campaign only, in a ten year period. Capital donations of **$10,000.** or more are made on a formula basis, conditional on the campaign reaching its financial objective. Grants are made to capital building campaigns for academic purposes by major universities, not to federated or affiliated colleges. Capital funding is made only for Government approved major hospital buildings, (restricted to areas for patient care). Amateur sports competitions at the national and international level are supported. Championships of individual sports are not included.

FINANCIAL DATA: Total Assets 1987 — $13,290,200
Total Grants 1987 — $958,575
Number of Grants 1987 — 223

APPLICATION PROCEDURE Application forms are available on request to qualifying organizations. Information that will be required: annual report, audited financial statement, names of board members, number of salaried staff, number of volunteers, Government Grants (confirmed amounts, Federal, Provincial, Municipal), operating budget, financial goal from corporate and private sector.

Send correspondence to Mr. P.J. Wilson, Chairman.

GORDON CHARITABLE FOUNDATION; WALTER AND DUNCAN

Box 66
150 King Street West
Toronto, Ontario, M5H 1J9

PURPOSE The purpose of the Foundation is to promote ideas and projects which strengthen Canada and enhance the well being of all Canadians.

INTERESTS Education, Peace and Disarmament, Northern Development.

GRANT INFORMATION Policy is to concentrate efforts in a very few particular areas.

FINANCIAL DATA

Receipted Gifts 1987	$ 392,010
Total Assets 1987	$6,410,577

Send correspondence to: Mrs. Kyra Montagu, Chair.

IVEY FUND; THE RICHARD AND JEAN

Suite 2200
380 Wellington Street
London, Ontario, N6A 5B5

PURPOSE The foundation's primary interests lie in the following areas; health, education, community development, the environment, arts and culture.

INTERESTS Northern Affairs, Community Development, Arts and Culture, Community Services, Hospitals, Health Agencies, Medicine, Environment, Universities, Education Institutions, Conservation, Volunteers.

GRANT LIMITATIONS Ordinarily grants are not made towards: annual campaigns, scholarships or student aid, seminars or workshops, conferences or tours, the publication of studies, research etc., operating expenditures, exempt temporarily for new undertakings, deficits, general endowment or sustaining funds, new building and building renovation funds. Grants are not made to individuals. Geographic scope: Generally grants are given to organizations in London and Southwestern Ontario, however, the foundation does consider projects which are of significance to Canada.

FINANCIAL DATA
Receipted Gifts 1985 — $0
Total Assets 1985 — $11,872,462
Total Grants 1985 — $813,500
Number of Grants 1985 — 21

APPLICATION PROCEDURE There is no formal application form. It is suggested that a written proposal be submitted which includes a brief description of the organization's objectives and activities, the membership of the Board of Directors and the names of the operating officers, and a description in some detail of the purpose for which assistance is requested, and a statement of how results will be measured or assessed. The proposal should be accompanied (1) a copy of the organization's latest audited financial statements; (2) an appropriate budget which identifies its sources of income and expenditures; and (3) the organization's National Revenue registration number confirming its status as a registered charitable organization.

APPLICATION DEADLINE No specific deadline.

Send correspondence to K.L. Sumner, Secretary-Treasurer

MACDONALD STEWART FOUNDATION: THE

	CP 12000 Succursale A Montreal, Quebec, H3C 3P3
PURPOSE	To promote education, medicine, humanities, museums, purchase of museum objects, and to strengthen historical knowledge and understanding.
INTERESTS	Humanities; History; Education; Medicine; Museums; Seed Money; Historical Artifacts; Heritage.
GRANT LIMITATIONS	Project must be Canadian or have Canadian content. Applicants must be registered charitable organizations and have a current registration number. Geographic scope: Canada-wide basis.
GRANT INFORMATION	Assistance is given in the form of seed money or grants for specific projects resulting in benefits of a permanent nature and in fields where governmental or public support is not readily available.
FINANCIAL DATA	Total Assets 1985 $52,406,221 Total Grants 1985 $4,834,154
APPLICATION PROCEDURE	Applications must be detailed in writing. There are no special grant application forms. Send correspondence to James P. Carroll, Executive Director.

McLEAN FOUNDATION: THE

30 St. Clair Avenue, W.
Toronto, Ontario, M4V 3A2

PURPOSE	Grants are made for socially desirable purposes, following a flexible policy and with particular emphasis on projects showing promise of general social benefit but which may initially lack broad public appeal.
INTERESTS	Education; Arts; Social Services; Health; Sciences; Environment.
GRANT LIMITATIONS	Geographic scope: Funding is limited to Canada.
GRANT INFORMATION	Grants restricted to charitable organizations registered by Revenue Canada. Contributions are made to recognized institutions in any Province of Canada.
GRANT RANGE	In the great majority of cases, grants paid by the foundation have been less than $5,000. Larger grants are made on rare occasions.
FINANCIAL DATA	Receipted Gifts 1985 $0 Total Assets 1985 $17,480,554 Total grants 1985 $782,537 Number of Grants 1985 — 204
APPLICATION PROCEDURE	Descriptive letter with supporting documents including: 1) brief description of organization; 2) proposal; 3) financing of the project; 4) duration of project; 5) independent persons who may be consulted; 6) previous contacts with McLean Foundation; and 7) copies of audited financial statements and annual reports.
APPLICATION DEADLINE	Quarterly

Send correspondence to (Mrs.) F.M. Barber, Secretary.

MOLSON FAMILY FOUNDATION

Box 340, Station C
Montreal, Quebec, H2L 4K3

PURPOSE The foundation's policies were established to reflect the interests and wishes of the founders. Of primary interest are innovative projects in the fields of health and welfare, education, social development and the humanities.

INTERESTS: Seed Money; Educational Institutions; Hospitals; Innovative Programs; Social Welfare; Education; Social Development; National Development; Humanities; Health; Building Funds; Equipment.

GRANT LIMITATIONS Only charitable organizations registered with the Department of National Revenue are eligible. The following are not funded: annual maintenance or general campaigns; endowment campaigns or deficits; conferences, seminars, workshops; scholarships, bursaries, student aid; publication of books, magazines, films, tapes or other media of communication; travel or touring expenses. Geographic scope: Funding is limited to Canada.

GRANT INFORMATION The foundation is primarily interested in providing "seed" money, and generally makes one-payment grants. In certain circumstances, however, it will make commitments for grants payable over a period of up to five years.

Grant Range: $5,000 to $100,000 in 1986.

FINANCIAL DATA
Receipted Gifts 1986 $46,000
Total Assets 1986 $28,000,000
Total Grants 1986 $1,500,000
Number of Grant 1986 — 30

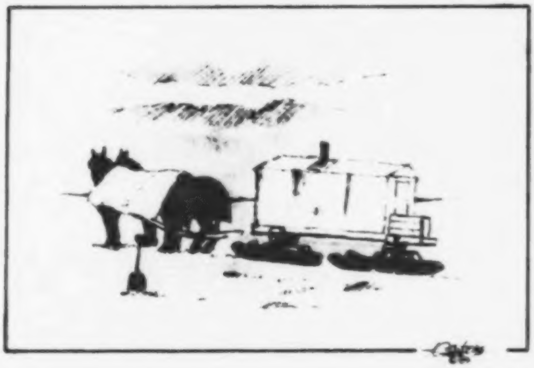
APPLICATION PROCEDURE Applications for grants are assessed and the final decision rests with the Board of Directors. No reasons normally are given for refusals.

Written applications for grants should be as concise as possible, encompassing the following information: the name of the project and/or the organization administering it, and its registration number a brief history of the organization; its most recent audited financial statement; objectives of the project and its impact on the community; budgets, including plans for meeting funding requirements and results to-date; long term financing plans. Applications must be in writing, and should be forwarded to the address above. Guidelines are available upon request.

APPLICATION DEADLINE

Applications are processed as received.

Send correspondence to Stephen T. Molson, Secretary.



MUTTART FOUNDATION; THE GLADYS AND MERRILL

530, 9919 - 105 Street
Suite 530
Edmonton, Alberta, T5K 1B1

PURPOSE The Gladys and Merrill Muttart Foundation's primary interests lie in projects designed to help alleviate human problems in Canada.

The Foundation is especially interested in projects which will take place in, or assist in the development of those who live in Alberta or Canada's North. Projects which involve or assist women and native peoples are of particular interest to the Foundation, as are projects which train people to assist and train others.

In considering applications for grants, preference is given to self-help projects, particularly those where some portion of the funds required for the project have been raised by the applicant.

INTERESTS Native People, Child Welfare, Race Relations, Physically Disabled, Mentally Disabled, Women.

GEOGRAPHICAL SCOPE Canada-wide. Grants are given to Canadian organizations only.

GRANT LIMITATIONS Grants are not made for research projects, operating funds, building funds, emergency funds, conferences, seminars, deficit financing, equipment funds or regular staff salaries. No grants can be made to projects which would result in profit to an individual or organization. Money is not usually awarded to projects funded by public subscription.

GRANT INFORMATION Operating funds are provided through grants only if they are an integral part of a specific project. Funds are not given for conferences or seminars unless they are related to a specific project which particularly fits into the philosophy of the Foundation. Although all requests are reviewed with care, greater, consideration is given to those requests that are practical in nature, and with national potential for good. The Foundation seeks to provide seed money to start projects which will be complete in themselves or which, when launched, will attract funds for continuing support from other sources. The Foundation does not usually provide continuing support for projects it has funded initially. Requests for matching funds will be considered.

FINANCIAL DATA

Receipted Gifts, 1987	$25,000
Total Assets, 1987	$9,240,101
Total Grants, 1987	$594,149
Number of Grants	26
Grant Range, $1,000 to $250,000	

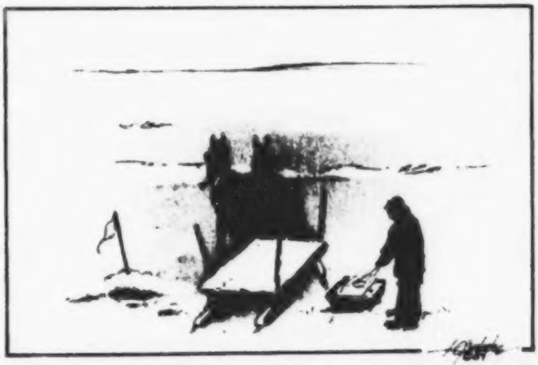
APPLICATION PROCEDURE

Grant seekers should send a written proposal signed by a senior member of the organization for which funds are requested. It should include: 1) The applicant's Registered Charitable Organization Number; 2) An outline of the objectives of the project, its probable life, and whether and how it will continue beyond original funding; 3) A complete project budget; 4) A statement of funding available from other soruces; 5) The specific amount requested by the Foundation; 6) The credentials of those persons directly involved in the project for which funds are sought. To save time for an applicant unfamiliar with the work of the Foundation, a short exploratory letter or a telephone call (403) 425-9616 to the Executive Director may let him suggest whether or not a full application might receive consideration.

APPLICATION DEADLINE

Periodic.

Send correspondence to: The Executive Director.



HOW TO PREPARE A BUDGET

Before preparing a budget, a group should attempt to clearly define its long-term objectives for perhaps the next five years or the duration of a major project, and, in this context, define its objectives for the budget period, which usually is twelve months. It is unwise to solicit funds to operate for a few months when a group has as its objective one major project that will require several years. The exception of course, is the community or neighbourhood group in the development stages which is attempting to solicit membership, arouse interest in one or a variety of community concerns and initiate action projects to solve some common problems.

Long range planning helps a group build fund-raising activities into its program, spread major expenditures over a number of fiscal years, and set more realistic goals.

An Annual budget should reflect the costs of operating your program over the next fiscal year while maintaining the objectives you have already established. At the end of the fiscal year, it is then possible to assess how realistic your program goals were, and how accurate your estimates of the costs involved. With each successive year, your group's ability to budget well should improve. A realistic, well-planned budget is extremely helpful in soliciting funds.

When preparing an annual budget, we recommend that you keep the following factors in mind:

1. **Budget amounts should be realistic.** The best means of accurately estimating costs is usually to examine your expenditures for the previous year. Groups preparing a first budget are advised to consult with a worker in an established agency or government department who can assist them with estimating costs and perhaps suggest means of cutting costs.

2. Amounts should be separated and itemized accordingly to the purposes for which they will be used. It is a favourite pastime of some groups to pad items to ensure some additional funds to cover unexpected costs eg. staff salaries when volunteers have already agreed to staff the project. For small groups who do not require employed staff, such items are obviously dishonest. It is preferable to indicate unexpected costs under a contingency fund item which represents a percentage of the total budget.

This does not mean that funds cannot be used for purposes other than those originally intended. Even the budget experts miscalculate costs. However, an honest budget helps to speed up the processing of requests for funds or seeking funds from other sources.

3. All funds committed to your project should be listed. Where free office space or staff resources are supplied, they should be assigned a dollar value and included in both income and expenditures. In the event that such resources are no longer made available to you, your previous budgets clearly indicate and justify the need for increased funds.

Example

The central action group established themselves to improve the quality of their centre town neighbourhood by redeveloping a sense of community among residents in the area and working together to solve common problems such as delinquency, vandalism, the lack of recreational facilities for both children and adults, the lack of adequate day care facilities for working mothers and unsatisfactory housing conditions.

In their first year of operation the group was able to acquire a swimming pool and playground equipment on a large vacant lot by request to the city. The request was based on an objective evaluation of their needs, a reasonable argument for more civic monies being devoted to their area since a much smaller portion of their tax dollars over the previous years had been reinvested in services to their own area than in newer suburban developments, where residents enjoyed a substantially higher income.

In their second year of operation, the group hoped to tackle problems relating to housing and day care.

HOW TO APPLY FOR FUNDS

Apply for Funds

Before submitting a formal application for funds, it is usually advisable to consult with a staff member of the department of government, private foundation or other agency in question to determine whether or not your organization is eligible for support, whether application forms are available from them and the number of copies of the application required.

Government grants, exclusive of those made to municipalities or to agencies with funds voted as a specific item in Department estimates in the Legislature or by order in council, are generally for shorter periods of time. Few exceed one fiscal year and, those which do, usually involve only a commitment to further years based on the progress of the project and a government audit. On the other hand, foundations may provide long-term grants but rarely fund groups which are not registered charitable institutions and, as such, tax exempt.

Community development grants from government to relatively unstructured citizens groups in the developmental stages for the most part represent small sums of money and are non-recurring. Such grants are rarely subject to formal audit as staff members follow up the activities of the groups funded.

Where no special application form is provided, unstructured citizen or neighbourhood groups requiring small sums for developmental purposes might include the following information in their request for assistance:

1. The name of the group.
2. The date of founding the group. The number of founding members, the current executive, current membership and membership requirements.
3. Statement of why and how the group was organized, its aims and objectives.
4. Projects and activities attempted to date and what has been achieved.
5. Sources of funds to date, current operating budget, projected expenditures, projected revenues, if any, and amount requested.
6. Current programs and activities and those planned for the future.
7. Relationship with other similar groups, churches, social agencies, government representatives.
8. Other sources which have been investigated for financial aid.
9. Copies of your constitution, reports the group may have prepared, articles in the press about the group, etc.

However, for agencies or established community groups requesting funds to cover operating expenses, or the cost of some special project, further information may be required. The following might be included:

1. The names and history of your organization, its aims and objectives, current board and staff, budget and program.

2. Copies of incorporation papers, etc.

3. Your Federal Income Tax Exemption number as a registered charitable institution.

4. A copy of the organization's latest annual report or if none, an audited statement of income and expenditures for the past year.

5. A statement documenting the need for the service proposed and its priority in the community you serve.

6. Some details on who will benefit from the project i.e. what geographical area and what identifiable groups will be served?

7. A statement of the aims and objectives of the proposed project, the approach or method to be used and the duration of the project.

8. The total cost of the project, the amount requested and the date required; all other funds committed to the project; under what conditions and from what source; from whom support has been requested where the reply is pending or has been negative; a project budget and some indication of the method of ongoing financing should the project prove successful.

9. The names of informed persons independent of the organization and its leadership who might be consulted on this project.

HOW TO INCORPORATE A COMMUNITY GROUP

Incorporation is usually advantageous to a community group which has a stable, committed membership concerned about the long-term well-being of their community for the following reasons:

1. The cost of incorporation and the necessity of filling annual returns seems to indicate the stability and credibility of the group to potential contributors of financial, material or staff resources.

   In fact, many government departments, municipal corporations and foundations do not provide assistance to unincorporated groups.

2. It limits the personal liability of the group's executive for financial responsibilities incurred in carrying out its program.

3. It may assist a group seeking to become a participating agency in a United Appeal Campaign and a registered charitable institution under the Canadian Income Tax Act.

A community group may be incorporated as a non-profit company either federally or provincially. Federal incorporation is required for groups operating in more than one province. For the majority of small community groups in Manitoba a provincial charter is sufficient. This involves a filing charge plus legal fees. However, many groups are able to obtain the volunteer services of a lawyer in the neighbourhood.

Federal incorporation involves a filing charge plus legal fees. It is important to realize that an incorporated charitable organization is not automatically a registered charitable organization.

To obtain an application for incorporation, write to:

Corporations Branch
1010 Woodsworth Building
405 Broadway Avenue
Winnipeg, Manitoba, R3C 3L6
Telephone: 945-2500

A Community Development Corportation:

A Community Development Corporation (C.D.C.) is a locally based and controlled organization formed by local residents for the purpose of developing the full socio-economic potential of the community by their own efforts. It is managed by a locally elected Board of Directors who are given the responsibility of planning and managing the activities of the corporation.

C.D.C.'s are becoming popular in Northern Affairs communities because they provide a legal base from which the residents can pursue development objectives. Lasting long-term development usually requires the negotiation of long-term contracts as well as ongoing management capability. A C.D.C. can provide these essential elements of development.

Many C.D.C.'s are "non-profit" corporations. Profits which are generated by enterprises which the corporation undertakes stay in the corporation for reinvestment in new enterprises. In addition, as the C.D.C. is a non-profit organization, the corporation qualifies for financial assistance from many government funding programs.

HOW TO INCORPORATE A SMALL BUSINESS

A lot of thought must be given when preparing to establish a business as a corporation. Because you are creating a legal identity that can own assets, make contracts and conduct business transactions in its own capacity, you will wish to be sure that your creation does not become a Frankenstein — a work that ruins its originator.

Object clause, organization, share structures, including restrictions, by-laws and resolutions, appointments of directors and officers, and similar will all have a long-term effect on the operation of a business. It is important, therefore, to be sure that you have a clear picture of what you want your corporate business to be and understand the options available to you. We list a number of areas to consider when incorporating and highlight certain points that you must examine closely.

Organization

- Make a pre-incorporation agreement.
  - Such an agreement establishes provisions for aspects such as control and management. This is particularly necessary when a group is incorporating.
- Determine the corporate accounting system.
  - Will your corporation be using cash, accrual or other accounting methods?
  - Will your corporation be operating on the basis of a fiscal or calendar year?
- Determine salaries and directors.
- Determine the banking connections.
- Obtain the necessary insurance.
- Determine fringe benefits for employees.

Legal Requirements

- Determine corporate name. There are legal requirements that apply to a corporate name in both provincial and federal incorporations.
- Determine whether you will incorporate federally or provincially. Choice should be made on the location and nature of the business.
- Determine whether the share capital will be limited and whether it will be issued with or without par value or with both in accordance with the applicable Corporations Act.

- Decide on the privileges, rights, voting and non-voting status of the shares.
- Install directors. Organizational meetings and a meeting at which incorporators elect permanent directors are required.
- By-laws for the corporation must be drafted and approved by the board of directors.
- Corporate outfit consisting of a seal, stock register and minute book to include, by-laws, resolutions, etc. is needed.
- Required legal papers such as articles of incorporation must be filed.
- Determine if special licenses are needed.

Personal Requirements

A person contemplating incorporation should obtain expert advice from a lawyer and an accountant. Areas to be thoroughly discussed with these experts include:

— The creation of a "separate legal entity".

— Share structure - growth, participation and rights.

— Possible tax consequences.

— Costs of incorporation.

The foregoing is for informational purposes only and is intended to give a potential incorporator some information about some of the issues they may face. Do not rely solely on the information provided in this document. Seek expert advice.

HOW TO FORM A COOPERATIVE

Cooperatives are organized and operated by people who have a common need for certain goods or services and are willing to work together to provide themselves with these goods or services.

They are unique in that the owners of the business are also the customers, or, in the case of employment cooperatives, its employees.

Cooperatives operate on the basis of 6 principles:

1. Membership in the cooperative is open and voluntary.
2. Democratic control (one member one vote).
3. Return on investment in the cooperatives is limited.
4. The profits are returned to the members on the basis of patronage and not on the basis of capital invested.
5. Continuous cooperative education for members must be part of the cooperative's activities.
6. Cooperation among cooperatives for mutual protection and advancement.

To proceed with the formation of a cooperative a number of people in the community must be identified as having a common need for certain goods and/or services, and be willing and committed to work together to provide themselves with those goods or services on a cooperative basis.

Once a group is identified, they should study and discuss the idea of establishing a cooperative enterprise. If the members of the group feel that the project is feasible as a cooperative, the group then proceeds to formally start their co-op.

To give the cooperative a legal identity, the group must incorporate under The Cooperatives Act of Manitoba. This is achieved by filing Articles of Incorporation and Charter By-laws with the Registrar of Cooperatives, who will issue a Certificate of Incorporation. The cooperative then has the power to own property, make contracts, conduct business for its members and provide protection for its directors and officers.

The organizing group should also be considering the development of a business plan, which would consider such items as objectives, market surveys, projection of sales, expenses, cash flows, purchases of assets and sources of funding.

Manitoba Cooperative Development will assist the steering committee through the incorporation process, train the directors on their role and responsibility and act as resource to the cooperative to enable it to become self-sufficient.

For furthur information please contact:

Manitoba Cooperative, Consumer & Corporate Affairs
Cooperative Development Branch
800 - 215 Garry Street
Winnipeg, Manitoba, R3C 3Y7
Telephone: 945-3682, or
TOLL FREE: 1-800-282-8069 Ext. 3682

REGISTERING A GROUP AS A CHARITABLE ORGANIZATION UNDER THE CANADA INCOME TAX ACT

Groups whose activities are exclusively of a charitable nature and who have some degree of formal organization may apply for registration as a charitable organization under the Canada Income Tax Act.

Registration allows those donating funds to deduct their contributions from their personal or corporate income for tax purposes by including a receipt for their donation with their tax return. As with incorporation, registration is essential if groups hope to receive funds from foundations, corporate enterprises or even from individuals who might make a large personal contribution.

Organizations need not be incorporated to apply unless they are collecting funds for distribution to other groups.

It is important to understand that registration does not necessarily indicate the financial stability of a group but rather implies that funds collected will be used for solely charitable purposes. Groups wishing to convey financial stability should also be incorporated. However, those organized around a single issue or problem which will hopefully be dealt with in the short term are advised to seek the sponsorship of an established agency such as a Social Planning Council which can collect funds on their behalf and earmark them for your project.

Those wishing to be registered as a charitable organization under the Canada Income Tax Act may obtain a pamphlet called "Registering Your Charity" and an application form (T2050) from the nearest District Taxation Office. Upon completion, it should be mailed to:

Charitable & Non Profit Organization Section
Department of National Revenue Taxation
400 Cumberland Street
Ottawa, Ontario, K1A 0X5
Telephone: 945-0410
TOLL FREE: 1-800-267-2384

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NORTHERN MEMBERS OF THE LEGISLATIVE ASSEMBLY

TOLL FREE NUMBER — No Charge — Dial:	1-800-282-8069
Progressive Conservative Party Caucus:	Winnipeg 945-3709
Liberal Party Caucus:	Winnipeg 945-1793
New Democratic Party Caucus:	Winnipeg 945-3710

CONSTITUENCY	MEMBER	PARTY	TELEPHONE
Churchill	Jay Cowan	NDP	945-4918 Winnipeg
Dauphin	John Plohman	NDP	945-0540 Winnipeg 638-7501 Dauphin
Flin Flon	Jerry Storie	NDP	945-1464 Winnipeg 687-5115 Flin Flon
Gimli	Ed Helwer	PC	945-1790 Winnipeg 642-7578 Gimli
Interlake	Bill Uruski	NDP	945-4966 Winnipeg
Rupersland	Elijah Harper	NDP	945-0069 Winnipeg
Ste. Rose	Hon. Glen Cummings	PC	945-3788 Winnipeg
Selkirk	Gwen Charles	LIB	945-5652 Winnipeg 482-5382 Selkirk
Swan River	Parker Burrell	PC	945-4256 Winnipeg 734-4849 Swan River
The Pas	Harry Harapiak	NDP	945-3965 Winnipeg 623-3358 The Pas
Thompson	Steve Ashton	NDP	945-4067 Winnipeg 778-8601 Thompson

NORTHERN MEMBERS OF PARLIAMENT

Churchill - NDP
Rod Murphy
Box 700
Thompson, Manitoba, R8N 1N5
Telephone: 677-4588
Toll Free: 1-800-442-0457

Dauphin-Swan River - PC
Brian White
303 Main Street N.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-9633
Toll Free: 1-800-442-0455

Portage-Interlake - PC
Felix Holtmann
P.O. Box 1370
Stonewall, Manitoba, R0C 2Z0
Telephone: 467-2816
Toll Free: 1-800-442-0404

Provencher - PC
Jake Epp
P.O. Box 2800
313 Main Street
Steinbach, Manitoba, R0A 2A0
Telephone: 326-3920

Selkirk - PC
David Bjornson
2215 Henderson Highway
Winnipeg, Manitoba, R2E 0B8
Telephone: 983-0956

Ministers Regional Office
Main Floor - 500 Portage Avenue
Winnipeg, Manitoba, R3C 3X1
Telephone: 983-7096

04/89

MANITOBA OUTREACH PROJECTS

WINNIPEG AREA:

K. Garrity
Joanne Hunt
Youth Employment Service
305 - 310 Donald Street
Winnipeg, Manitoba, R3B 2H4
Telephone: 942-7391

Win Gardner
Women's Employment Counselling
Service
503 - 352 Donald Street
Winnipeg, Manitoba, R3B 2H8
Telephone: 943-0473

Ernie Penner
E-Quality Employment
Bay 7 - 794 Sargent Avenue
Winnipeg, Manitoba, R3E 0B7
Telephone: 772-9551

Rose Scibberas
Senior Citizen's Job Bureau
300 - 323 Portage Avenue
Winnipeg, Manitoba, R3B 2C1
Telephone: 943-8875

Mickey Ferguson
Career Opportunities II
1510 - 330 Portage Avenue
Winnipeg, Manitoba, R3V 0C4
Telephone: 942-2197

Christel Kraft
Reaching Out
608 - 294 Portage Avenue
Winnipeg, Manitoba, R3C 0B9
Telephone: 947-1609

Marileen McCormick
Native Employment Service
210 - 388 Donald Street
Winnipeg, Manitoba, R3B 2J4
Telephone: 943-0401

WINNIPEG AREA: (cont'd)

Rob Bray
Immigrant Employment
Assistance Centre
2nd Floor - 406 Edmonton Street
Winnipeg, Manitoba, R3B 0C3
Telephone: 943-9158

Fatima Costa-Soares
Immigrant Women's Employment
503 - 352 Donald Street
Winnipeg, Manitoba, R3H 2H8
Telephone: 957-1138

Robin Abrams
Heidi Speidel
Employment Within Reach
1080 Portage Avenue
Winnipeg, Manitoba, R3G 3M3
Telephone: 774-5421

BRANDON AREA:

Herb Rutar
Community Employment Service
Box 69
Russell, Manitoba, R0J 1W0
Telephone: 773-3353

Jerry Bell
Anookeedag-wah-a-chum-ta
702 Douglas Street
P.O. Box 1148
Brandon, Manitoba, R7A 4V6
Telephone: 725-3560

Judy Taylor
Youth Employment Centre
Box 1292
Brandon, Manitoba, R7A 4J2
Telephone: 727-8510

SELKIRK AREA:

James Longbottom
Selkirk Outreach
Selkirk Town Plaza
366 Main St.
Selkirk, Manitoba, R1A 2J7
Telephone: 482-8006

PORTAGE AREA:

Gloria Beaulieu
Sandy Bay Outreach
Marius P.O.
Marius, Manitoba, R0H 0T0
Telephone: 843-2462

Jan Vivier
Portage Friendship Centre
Portage Outreach
Box 1118 - 21 Royal Road S.
Portage la Prairie, Manitoba,
R1N 3C5
Telephone: 239-6333

THOMPSON AREA:

Philip Monias
St. Theresa Point Outreach
c/o General Delivery
St. Theresa Point, Manitoba, R0B 1J0
Telephone: 462-2287

Hardy Wood
Garden Hill Outreach
c/o General Delivery
Garden Hill/Island Lake, Manitoba
R0B 0T0
Telephone: 456-2025

James Mason
Oxford House Outreach
c/o General Delivery
Oxford House, Manitoba, R0B 1C0
Telephone: 538-2158

Sarah Wavey
Split Lake Outreach
c/o General Delivery
Split Lake, Manitoba, R0B 1P0
Telephone: 342-2018

Howard Hunter
Nelson House Outreach
c/o General Delivery
Nelson House, Manitoba, R0B 1A0
Telephone: 484-2332

THOMPSON AREA: (cont'd.)

Jackson Osborne
Cross Lake Outreach
c/o General Delivery
Cross Lake, Manitoba, R0B 0J0
Telephone: 676-2218

Dave Arnold
Wabowden Outreach
Box 73
Wabowden, Manitoba, R0B 1S0
Telephone: 689-2201

Debbie Spence
Gillam Outreach
P.O. Box 189
Gillam, Manitoba, R0B 0L0
Telephone: 652-2208

Victoria Moose
South Indian Lake Outreach
c/o General Delivery
South Indian Lake, Manitoba,
R0B 1N0
Telephone: 374-2005

Jackie Redhead
Churchill Outreach
P.O. Box 957
Churchill, Manitoba, R0B 0E0
Telephone: 675-2715

Ken Albert
Norway House Employment
Service
P.O. Box 280
Norway House, Manitoba, R0B
1B0
Telephone: 359-6565

Eleanor Chubb
God's Narrows Outreach
c/o General Delivery
God's Lake Narrows, Manitoba,
R0B 0M0
Telephone: 335-2130

THOMPSON AREA: (cont'd.)

Dennis McKay
God's River Indian Band
God's River Outreach
c/o General Delivery
God's River, Manitoba,
R0B 0N0
Telephone: 335-2011

FLIN FLON AREA:

Cathy Wheaton
Flin Flon Outreach
Box 188
Flin Flon, Manitoba, R8A 1M7
Telephone: 687-3230

Peter Sinclair Sr.
Pukatawagan Outreach
Mathias Colomb Band
Missinnippi River
Pukatawagan, Manitoba,
R0B 1G0
Telephone: 553-2089

Pam Wiwcharuk
Hope Kitzler
Snow Lake Outreach
Box 23
Snow Lake, Manitoba, R0B 1M0
Telephone: 358-7108

THE PAS AREA:

Alex Worsfold
The Pas Outreach
Box 660
The Pas, Manitoba, R9A 1K7
Telephone: 623-7071

DAUPHIN AREA:

Joan Campbell
Parkland Pathfinders
210 First Avenue, N.E.
Dauphin, Manitoba, R7N 1A7
Telephone: 638-5707

(Outreach Program - E7)

HEALTH CENTRE/NURSING STATION

Berens River Nursing Station
Berens River, Manitoba, R0B 0A0
Telephone: 382-2265

Bloodvein Nursing Station
Bloodvein, Manitoba, R0C 0J0
Telephone: 276-2161

Crane River Health Station
Crane River, Manitoba, R0L 0M0
Telephone: 732-2490

Cross Lake Nursing Station
Cross Lake, Manitoba, R0B 0J0
Telephone: 676-2011

Dauphin Health Centre
205-317 Main N.
Dauphin, Manitoba, R7N 1K8
Telephone: 638-4729

Ebb & Flow Health Station
Ebb & Flow, Manitoba, R0L 0R0
Telephone: 448-2113

Fairford Health Centre
Fairford, Manitoba, R0C 0X0
Telephone: 659-5786

Fisher River Health Centre
Koostatak, Manitoba, R0C 1S0
Telephone: 645-2689

Garden Hill Nursing Station
Island Lake, Manitoba, R0B 0T0
Telephone:

General Inquiries	456-2343
Nurse in Charge	456-2454
Referral Clerk	456-2615
Public Health	456-2649
Community Health Rep.	456-2688

God's Lake Narrows Nursing Station
God's Lake, Manitoba, R0B 0M0
Telephone: 335-2557

Hodgson Health Centre
Hodgson, Manitoba, R0C 1N0
Telephone: 645-2215

Hollow Water Health Station
Wanipigow, Manitoba, R0E 2E0
Telephone: 363-7364

Jackhead Health Station
Dallas, Manitoba, R0C 0S0
Telephone: 645-2215

Little Grand Rapids Nursing Station
Building No. 95
Little Grand Rapids, Manitoba,
R0B 0V0
Telephone: 397-2115

Lynn Lake Referral Centre
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-2759

Nelson House Nursing Station
Nelson House, Manitoba, R0B 1A0
Telephone: 484-2031

North Zone Office
207-83 Churchill Drive
Thompson, Manitoba, R8N 0L5
Telephone: 778-7391

Oxford House Nursing Station
Oxford House, Manitoba, R0B 1C0
Telephone: 538-2347
538-2555

Peguis Dental Trailer
Hodgson, Manitoba, R0C 1N0
Telephone: 645-2530

Peguis Health Centre
Hogdson, Manitoba, R0C 1N0
Telephone: 645-2169

Pine Falls Health Centre
Pine Falls, Manitoba, R0E 1M0
Telephone: 367-8426

God's River Nursing Station
God's River, Manitoba, R0B 0N0
Telephone: 335-2355

Pukatawagan Nursing Station
Pukatawagan, Manitoba, R0B 1G0
Telephone: 553-2271

Red Sucker Lake Nursing Station
Red Sucker Lake, Manitoba, R0B 1H0
Telephone: 469-5351

South Indian Lake Nursing Station
South Indian Lake, Manitoba,
R0B 1N0
Telephone: 374-2013

Wasagamach Nursing Station
Wasagamach, Manitoba, R0B 1Z0
Telephone:

General Enquiries	457-2189
Nurse in Charge	457-2024

Poplar River Nursing Station
Negginan, Manitoba, R0B 0Z0
Telephone: 244-2102

St. Theresa Point Nursing Station
St. Theresa Point, Manitoba, R0B 1J0
Telephone:

General Enquiries	462-2264
Nurse in Charge	462-2264
Doctor's Residence	462-2593
Community Health Rep.	462-2213
Dentist	462-2202

The Pas Otineka Health Centre
161 Fischer
The Pas, Manitoba, R9A 0K2
Telephone: 623-5474

HOSPITALS

Lakeshore District Health System
Lakeshore General Hospital
Box 110
Ashern, Manitoba, R0C 0E0
Telephone: 768-2461

Churchill Health Centre
Churchill, Manitoba, R0B 0E0
Telephone: 675-8881

Dauphin General Hospital
625 Third Street, S.W.
Dauphin, Manitoba, R7N 1R7
Telephone: 638-3010

Lakeshore District Health System
E.M. Crowe Memorial Hospital
Box 130
Eriksdale, Manitoba, R0C 0W0
Telephone: 739-2611

Fisher Medical Facilities Inc.
Box 370
Fisher Branch, Manitoba, R0C 0Z0
Telephone: 372-6258

Flin Flon General Hospital
P.O. Box 340
Flin Flon, Manitoba, R8A 1N2
Telephone: 687-7591

Gilbert Plains District Hospital
412 Main Street, N.
Gilbert Plains, Manitoba, R0L 0L0
Telephone: 548-2161

Gillam Hospital Snow Lake Hospital
Box 130
Gillam, Manitoba, R0B 0L0
Telephone: 652-2600

Johnson Memorial Hospital
Box 250
Gimli, Manitoba, R0C 1B0
Telephone: 642-5116

Leaf Rapids District Hospital
Box 370
Leaf Rapids, Manitoba, R0B 1W0
Telephone: 473-2441

Lynn Lake District Hospital
Box 2030
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-2474

Norway House Hospital
Norway House, Manitoba, R0B 1B0
Telephone: 359-6731
359-6735

Pine Falls General Hospital
Box 2000
Pine Falls, Manitoba, R0E 1M0
Telephone: 367-2400
367-2230

Ste. Rose General Hospital
Box 60
Ste. Rose du Lac, Manitoba, R0L 1S0
Telephone: 447-2131

Selkirk General Hospital
100 General Hospital Drive
Box 5000
Selkirk, Manitoba, R1A 2M2
Telephone: 482-5800

Shoal Lake-Strathclair Health Centre
Box 158
Shoal Lake, Manitoba, R0G 1Z0
Telephone: 759-2336

Snow Lake Hospital
Lakeshore Drive
Snow Lake, Manitoba, R0B 1M0
Telephone: 358-2300

Swan River Valley Hospital
Box 1450
Swan River, Manitoba, R0L 1Z0
Telephone: 734-3441

Percy Moore Hospital
Box 190
Hodgson, Manitoba, R0C 1N0
Telephone: 645-2144

Thompson General Hospital
Thompson Drive, S.
Thompson, Manitoba, R8N 0C8
Telephone: 677-2381

The Pas Health Complex Inc.
Box 240
The Pas, Manitoba, R9A 1K4
Telephone: 623-6431

Winnipegosis General Hospital
Box 280
Winnipegosis, Manitoba, R0L 2G0
Telephone: 656-4431

CANADA EMPLOYMENT CENTRES

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba, R7N 1C5
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P.O. Box 730
Flin Flon, Manitoba, R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P.O. Box 909
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-8300

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba, R9A 1K7
Telephone: 623-3453

Canada Employment Centre
North Centre Mall
118 - #3 Station Road
Thompson, Manitoba, R8N 0N3
Telephone: 778-4471

Canada Employment Centre
Room 203 - 5th Avenue, N.
Federal Building
Swan River, Manitoba, R0L 1Z0
Telephone: 734-3483

Canada Employment Centre
80 - 6th Avenue
P.O. Box 1770
Gimli, Manitoba, R0C 1B0
Telephone: 642-5193

Canada Employment Centre
Room 12 - 366 Main Street
Selkirk Town Plaza
Selkirk, Manitoba, R1A 1T6
Telephone: 482-3323

MANITOBA ASSOCIATION OF FRIENDSHIP CENTRES INC.

Head Office
605 - 213 Notre Dame Avenue
Winnipeg, Manitoba, R3B 1N3
Telephone: 943-8082

Dauphin Friendship Centre Inc.
210 - 1st Avenue, N.E.
Dauphin, Manitoba, R7N 1A7
Telephone: 638-5707

Portage Friendship Centre Inc.
21 Royal Road S., Box 1118
Portage la Prairie, Manitoba
R1N 3C5
Telephone: 239-6333

Swan River Indian & Metis
  Friendship Centre Inc.
723 Main, E., Box 1448
Swan River, Manitoba, R0L 1Z0
Telephone: 734-9301

Lynn Lake Friendship Centre Inc.
625 Gordon Avenue, Box 460
Lynn Lake, Manitoba, R0B 0W0
Telephone: 356-2445

Indian & Metis Friendship Centre
  of Winnipeg Inc.
239 Magnus Avenue
Winnipeg, Manitoba, R2W 2B6
Telephone: 586-8441

Ka-Wawiyak Friendship Centre Inc.
Box 74,
Powerview, Manitoba, R0E 1P0
Telephone: 367-2892

Brandon Friendship Centre Inc.
836 Lorne Street
Brandon, Manitoba, R7A 0T8
Telephone: 727-1407

Flin Flon Indian Metis
  Friendship Assoc. Inc.
57 Church Street, Box 188
Flin Flon, Manitoba, R8A 1M7
Telephone: 687-3900

Selkirk Friendship Centre Inc.
425 Eveline Street
Selkirk, Manitoba
R1A 2J5
Telephone: 482-7525

The Pas Friendship Centre Inc.
81 Edwards Avenue, Box 2638
The Pas, Manitoba, R9A 1M3
Telephone: 623-6459

Ma-Mow-We-Tak
  Friendship Centre Inc.
122 Hemlock Crescent
Thompson, Manitoba, R8N 0R6
Telephone: 778-7337

Riverton & District
  Friendship Centre Inc.
Box 359
Riverton, Manitoba, R0C 2R0
Telephone: 378-2927

Winnipegosis
  Friendship Centre Inc.
Box 278
Winnipegosis, Manitoba, R0L 2G0
Telephone: 656-4334

R.C.M.P. DETACHMENTS WITHIN "D" DIVISION

Community	Detachment	Telephone
Anama Bay	Gypsumville	659-2682
Barrows, incl. National Mills Red Deer Lake Westgate	Swan River	734-3454
Berens River	Lac du Bonnet	345-8685
Big Black River	Lac du Bonnet	345-8685
Bissett	Powerview	367-2222
Brochet	Lynn Lake	356-2494
Camperville	Winnipegosis	656-4421
Cormorant	The Pas	623-6441
Crane River	St. Rose du Lac	447-2513
Cross Lake	Cross Lake	676-2345
Duck Bay	Winnipegosis	656-4421
Easterville	Grand Rapids	639-2222
Garden Hill	Island Lake	456-2626
God's Lake Narrows	God's Lake Narrows	335-2464
Granville Lake	Lynn Lake	356-2494
Hart will, incl. Dallas/Red Rose Fisher Bay	Fisher Branch	372-6240
Herb Lake	Snow Lake	358-7722
Homebrook	Gypsumville	659-2682
Ilford	Gillam	652-2200
Island Lake	Island Lake	456-2626
Little Grand Rapids	Lac du Bonnet	345-8685
Loon Straits	Lac du Bonnet	345-8685

Mallard	Winnipegosis	656-4421
Manigotogan	Powerview	367-2222
Matheson Island	Arborg	376-2324
Meadow Portage	Winnipegosis	656-4421
Moose Lake	The Pas	623-6441
Nelson House	Thompson	677-2344
Norway House	Norway House	359-6715
Pelican Rapids	Swan River	734-3454
Pine Dock	Arborg	376-2324
Pikwitonei	Thompson	677-2344
Princess Harbour	Lac du Bonnet	345-8685
Red Sucker Lake	Island Lake	456-2626
Salt Point	Shoal Lake	759-2344
Seymourville	Powerview	367-2222
Sherridon	Cranberry Portage	472-3611
South Indian Lake	Lynn Lake	356-2494
St. Theresa Point	Island Lake	456-2626
Thicket Portage	Thompson	677-2344
Wabowden	Wabowden	689-2152
Warrens Landing	Norway House	359-6715
Waterhen	Winnipegosis	656-4421

04/89

CITIZENS INQUIRY SERVICE

The Citizen's Inquiry Service is a central telephone information service designed to make federal and provincial government information available without charge in both official languages.

The service offers a toll free number for rural Manitoba and a Telecommunications Device for the Deaf.

Citizens' Inquiry Service
Manitoba Culture, Heritage & Recreation
511 - 401 York Avenue
Winnipeg, Manitoba, R3C 0P8
Telephone: 945-3744
TOLL FREE: 1-800-282-8060
TDD: 945-4796